

HOUSE HEALTH AND HUMAN SERVICES COMMITTEE

Testimony of Jason Brittian

1618 N. McComas, Wichita

316-516-5130

House Bill 2204

February 7, 2005

Mr. Chairman and members of the committee, my name is Jason Brittian. I don't own a health club but use one regularly. Thank you for allowing me a few minutes to tell you how important exercise is in my life.

Exercise has been a part of my regular routine for as long as I can remember. I exercise because I enjoy it, but also because I know it makes me healthier. The hardest part about exercise is getting people started. There are many excuses. Time is one, but the cost is another. Once people start they experience the enjoyment and feel much better. Making it more affordable will help get them started.

When I heard there was a Bill in the Kansas Legislature that would make fitness more available to more people I wanted to come and help it get passed. Our state needs to do everything it can to encourage health, and exercise is a very important part of this. I would like you to support House Bill 2204. This will make it easier for more people to afford access to a Health Club.