

I worked in a metro ER where admissions were denied due to lack of medical acuity or criteria to qualify for payment from the insurance company. Because you can actually be not “suicidal enough” that’s how we treat humans. You just don’t want to die enough today so you can go home. Someone’s suicidal attempt/gesture just wasn’t lethal enough. If they really wanted to kill themselves why didn’t they take the whole bottle and just half. Maybe if they would have needed stitches it could be considered a genuine threat. This goes on and on day after day.

I have been asked countless times do I or my loved have to actually attempt Suicide to get help? Aren’t you suppose to help? Don’t you want people to not want to lull themselves.

Many people are desperate for help and can’t access needed treatment because their insurance companies many only cover certain levels of outpatient treatment, certain providers, only certain treatment modalities.

These restrictions impact every aspect of the care and treatment I am able to provide.

As a provider the man hours that go into credentialing, verifying benefits, completing notes, treatment plans, audits, submitting claims, following up on claims that will be denied does not make it cost effective to accept insurance in most situations. Oh and that low reimbursement rate.

For most clients it is more cost effective to pay out of pocket than to use their insurance where the co-pay/co-insurance may or may not go to a deductible they may or may not ever meet. While still paying a monthly premium for insurance. Clients are also want to have the right to chose a provider that meets their needs, expectations and can accommodate their schedule. Privacy, privacy, privacy many clients prefer to self pay vs insurance to protect their mental health history and treatment from the insurance company being exploited. Knowing your most intimate life Moments maybe reviewed by a team of people to decide if you are “bad enough” to deserve treatment. It’s voyeuristic, stigmatizing, victimizing and overall disgusting.

Sorry I don’t have time to share more. I have to go follow up on denied claims. I support that human brings all have a right to happiness, dignity, deserving of medical care and treatment as needed as directed by their treatment providers not an outside entity.

No one should ever be told your not suicidal enough come back if you have a plan.

I support bill 249!

Jamie Nellans

Sent from my iPhone