

KDADS Behavioral Health Services Overview

**Presentation to
The Senate Public Health & Welfare Committee
January 10, 2023**

Overview of BHS Commission

Department for Aging and Disability Services

Andy Brown, Commissioner

Behavioral Health Services Commission

Commissioner – Andy Brown

Assistant Commissioner – Drew Adkins

Director of Adult Services – Charles Bartlett

Director of Children's Services – Gary Henault

Director of Crisis Services – Laura Brake

Director of CARE/PASSRR – Sarah Hussain

9 Program Managers

34 Program Staff Positions

The Role of Behavioral Health Services

What we do

The Behavioral Health Services Commission manages behavioral health services in Kansas, working with the 26 Community Mental Health Centers (CMHC) which are transitioning to Certified Community Behavioral Health Clinics (CCBHC) across the state. In addition to mental health services, it oversees substance use disorder treatment and prevention programs, problem gambling services, community integration, suicide prevention and crisis services for the State of Kansas, including targeted workforce development initiatives. The commission also works in close collaboration with the Governor's Behavioral Health Services Planning Council.

Our work is supported by the Substance Abuse and Mental Health Services Administration (SAMHSA) at the Federal level, and KDHE as part of the KanCare Medicaid program. KDADS is responsible by statute and holds the authority and responsibility to coordinate and provide substance abuse and mental health services in Kansas. We promote effective public policy, develop and evaluate programs and provide quality assurance and technical assistance resources for behavioral health prevention, treatment and recovery services.

Adult Services Division

SUD Team
Problem Gambling Team
Mental Health Team
Housing & Benefits Team

This division's teams work on projects and programs that impact adult services within the continuum of care. Each team is led by a program manager. Teams manage federal grants as well as contracts and agreements with providers and grantees across Kansas.

Children's Services Division

Children's Program Team Prevention Team

This division's teams work on projects and programs that impact children's services within the continuum of care. Each team is led by a program manager. Teams manage federal grants as well as contracts and agreements with providers and grantees across Kansas. KDADS led programs include the Youth Leadership in Kansas (Y-Link) and the Kansas Prevention Collaborative.

Crisis Services Division

The Crisis Services Division is currently made up of a single team that administers the following programs:

- Mobile Crisis Response Programs
- Assisted Outpatient Treatment (AOT)
- Crisis Intervention Teams (CIT)
- Service Members, Veterans, & their Families (SMVF)
- 988 Suicide & Crisis Lifeline
- Kansas Stepping Up Technical Assistance Center
- Mental Health Awareness Training

This division's staff work on projects and programs that prevent and respond to behavioral health crisis. They manage federal grants as well as contracts and agreements with providers and grantees across Kansas. Crisis Services is the newest and smallest division in BHS. They are tasked with building out our state crisis services.

CARE/PASRR Division

CARE Team
Informed Choice Team
NFMH Settlement Administrator
Adult Inpatient Coordinator

This division's teams work on projects and programs that help adults access nursing facility and community-based services in order to promote community integration within the continuum of care. Each team is led by a program manager. The Client Assessment, Referral, and Evaluation (CARE) Program was created in the mid-1990's by the Kansas Legislature as the Kansas response to the federal mandate to assess all individuals entering a Medicaid-certified nursing facility known as the Pre-Admission Screening and Resident Review (PASRR) program.

Quality Assurance Team

The Quality Assurance Team of the BHS Commission currently oversees the implementation of two of our required Evidence Based Practices (EBP) for CCBHCs and the NFMH community integration practice improvements:

Individual Placement and Support (IPS)
Assertive Community Treatment (ACT)

This team is tasked with providing quality assurance and technical assistance to the CCBHCs in Kansas, including training opportunities for those interested in learning more or building their teams. As well as conducting fidelity reviews for the EBPs.

CCBHC Team

- KDADS has certified 9 Certified Community Behavioral Health Clinics (CCBHC) to date:
 - Wyandot Behavioral Health Network
 - Four County Mental Health Center
 - Southeast Kansas Mental Health Center
 - Central Kansas Mental Health Center
 - COMCARE
 - Horizons Mental Health Center
 - Johnson County Mental Health Center
 - Bert Nash Mental Health Center
 - High Plains Mental Health
- KDADS continues towards onboarding and readiness for the next schedule of 9 more CMHCs to become CCBHCs by July 1, 2023.
- The CCBHC team members manage aspects of the CCBHC Medicaid program that include policy writing, rate setting, technical assistance, and certification.

2018-2022 Significant Achievements

- During the previous four years KDADS has worked closely with the Governor's Office and the Legislature on developing and implementing system improvements across the behavioral health continuum of services. This work began with the Mental Health Task Force and was continued with the Special Committee on Mental Health Modernization and Reform.
- The 2020 & 2021 MHMR reports include a crosswalk of previous reports from the Child Welfare Systems Task Force, Governor's Behavioral Health Services Planning Council, Governor's Substance Use Disorders Task Force, Mental Health Task Force, and the Crossover Youth Working Group. The MHMR work also created a Strategic Framework for Modernizing the Kansas Behavioral Health System, which included a high-priority topics list which recommend immediate action.
- Kansas as a result of this work has been able to make significant progress on modernizing our Behavioral Health System.

2018-2022 Significant Achievements

- Of the 36 high priority recommendations from the report Kansas has been able to fully implement 16 recommendations and make significant progress on 9 other recommendations.
- Among significant achievements have been the development of a regional model of State Institution Alternatives, that allow private psychiatric hospitals to treat state hospital patients closer to home.
- The launch of CCBHCs and 988 in support of the expansion of crisis services across Kansas has been a major project.
- Adding Medicaid coverage for new services to families of children with behavioral health needs including mobile crisis, parent peer support and family therapy without the patient present is designed to improve outcomes for children.

2023-2027 Objectives

Continuing to make progress on the modernization and reform of behavioral health services in Kansas, the BHS Commission has the following 10 priority objectives for the next four years:

1. Increase access to services across the state, especially in rural and frontier counties.
2. Expand the provision of Medicine Assisted Treatment, Harm Reduction, and Contingency Management among SUD treatment programs.
3. Invest further in Social Determinants of Health, especially housing and employment programs.
4. Improve integration of behavioral health services with other forms of health care.
5. Work on addressing frontline workforce shortages to increase capacity within the provider network.
6. Invest in ways to create additional specialty court programs across the state.
7. Expand Problem Gambling Prevention and Treatment programs across the state.
8. Continue to build out mobile crisis and crisis stabilization services for statewide coverage 24/7.
9. Continue to build Suicide Prevention infrastructure, to reduce suicide death rates.
10. Continue to expand OUD treatment and prevention, to reduce overdose death rates.