

# KDADS Presentation on I/DD Waiver Rates

## **PRESENTATION TO THE SPECIAL COMMITTEE ON INTELLECTUAL AND DEVELOPMENTAL DISABILITY WAIVER**

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# What Is A Waiver?

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A home and community-based services (HCBS) waiver is an authorization from Medicaid that allows a beneficiary to receive treatment at home or in a community setting, rather than being required to enter an institution. The HCBS waiver service was initiated in the 1980s. Individual states administer their own waiver programs and have specific information on how to apply for their programs. Social workers and counselors can assist people with the process.

Historically, Medicaid only provided funding to institutions like nursing homes. People eligible for Medicaid who needed skilled nursing services, personal care, and related services were forced to enter institutions in order to access benefits.

# HCBS Waiver Requirements

State HCBS Waiver Programs must:

- Demonstrate that providing waiver services won't cost more than providing these services in an institution.
- Ensure the protection of people's health and welfare.
- Provide adequate and reasonable provider standards to meet the needs of the target population.
- Ensure the services follow an individualized and personal-centered service plan.

# Medicaid HCBS Waiver Programs

Kansas currently operates seven Home and Community Based Waiver Programs:

- Autism (AU)
- Frail Elderly (FE)
- Intellectual and Developmental Disability (IDD)
- Physical Disability (PD)
- Serious Emotional Disturbance (SED)
- Technology Assisted (TA)
- Brain Injury (BI)

# Intellectual and Developmental Disability Waiver Overview

The Intellectual and Developmental Disability (IDD) Waiver was established in 1991 and delivers community-based services to individuals aged five and older who have a developmental disability, meet the definition of intellectual disability and who are eligible for care in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID). Services are designed to help individuals with IDD maintain their physical and mental health in their home and community.

To be eligible for the IDD Waiver program, an individual must meet the following criteria:

- Must be 5 years of age or older;
- Have a diagnosis of intellectual disability made by a licensed healthcare professional before the age of 18;
- Have a diagnosis of developmental disability made by a licensed healthcare professional before the age of 22 years;
- Must be determined program eligible by the Community Developmental Disability Organization (CDDO);
- Meet the Medicaid long-term care threshold;
- Be financially eligible for Medicaid.

# Intellectual and Developmental Disability Waiver Overview

There is a single point of entry for the HCBS I/DD waiver program in Kansas. The CDDO determines eligibility and will work with the participant and/or their family to access services from a variety of Community Service Providers in their area.

The services offered on the IDD Waiver allow participants to live in the community as independently as possible in single-residence or group-home settings. Examples of services available include:

- Personal Care Assistance: help with bathing, toileting, laundry, light housekeeping and health-related care.
- Other services include day programs, medical-alert device rental, financial management services, sleep support, supportive employment and wellness monitoring.

# I/DD Waiver Rates

## What is an I/DD waiver rate?

Rates refer to the payment amount set by the state that is paid to providers for delivering specific types of care to individuals with I/DD in their homes or communities.

Labor is often a significant portion of – but not the only - cost to the provider.

Each service has a specific rate associated with it. These rates vary depending on the type and intensity of the service, the qualifications of the provider, and other factors.

# Medicaid Reimbursement Process

## Medicaid Managed Care

In Kansas, Medicaid services are delivered through a Managed Care health care delivery system called KanCare.

- KDHE as the single state Medicaid Agency contracts with three Managed Care Organizations(MCOs)
  - Aetna Better Health of Kansas
  - Sunflower Health Plan
  - United Health Care.
- The State pays the MCOs a per member per month (capitation) payment.
- MCOs contract with service providers and pay directly for utilization of services.



# Medicaid Reimbursement Process

## Medicaid Managed Care

In Managed Care, the State establishes a rate schedule that identifies the floor rate.

- The Medicaid floor rates are the minimum that is required of the MCOs to pay each service provider.

Kansas Medicaid also offers flexibilities for MCOs regarding other payment models which include the following:

- Value-Based Payment Agreements
- Single Case Agreements
- In-Lieu-of Services

# I/DD Waiver Rates

How are the rates billed?

1. After a provider has contracted with a beneficiary's MCO, the MCO care coordinator develops a Plan of Care (POC) or Person-Centered Service Plan (PCSP) identifying the services the beneficiary is authorized to receive from the provider.
2. Once services are rendered, the provider will submit a claim directly to the MCO.
3. The claim includes the specific code for the service, the time spent providing the service and/or any other information that may be required.
4. MCOs review the claims and pay the provider based on the agreed upon rate per the contract between the MCO and the provider.

# I/DD Waiver Rates

How and when are new rates determined? How are they increased?

HCBS Rates can be determined based on several different factors including:

- Cost/Rate Studies
- Stakeholder engagement and feedback
- Provider Network Adequacy

Ultimately, any new rates or rate increases are subject to legislative appropriation.

# Current I/DD Service Rates FY24

Community Based Services	Current Rate	Unit Definition
Overnight Respite	\$113.97	up to 24 hrs
Personal Care Services - Self Directed	\$4.14	15 min
Sleep Cycle Support/Enhanced Care Service	\$113.97	up to 12 hrs / min 8 hrs
Specialized Medical Care (RN)	\$11.75	15 min
Specialized Medical Care (LPN)	\$11.75	15 min
Personal Care Services - Agency Directed	\$4.70	15 min
Supported Employment	\$4.47	15 min
Medical Alert Rental	\$21.83	1 month
Financial Management Services	\$170.74	1 month
Wellness Monitoring	\$50.95	1 visit

# Current I/DD Service Rates FY24 cont.

Residential Services	Current Rate	Unit Definition
Residential - Regular Tier 1	\$233.20	1 day
Residential - Regular Tier 2	\$191.01	
Residential - Regular Tier 3	\$138.08	
Residential - Regular Tier 4	\$89.17	
Residential - Regular Tier 5	\$64.44	
Residential - Super Tier 1	\$279.54	
Residential - Super Tier 2	\$249.43	
Residential - Super Tier 3	\$222.07	
Residential - Super Tier 4	\$194.67	
Residential - Super Tier 5	\$166.74	

Day Services	Current Rate	Unit Definition
Day Services - Regular Tier 1	\$7.25	15 minutes
Day Services - Regular Tier 2	\$5.36	
Day Services - Regular Tier 3	\$4.31	
Day Services - Regular Tier 4	\$3.18	
Day Services - Regular Tier 5	\$2.73	
Day Services - Super Tier 1	\$8.79	
Day Services - Super Tier 2	\$8.10	
Day Services - Super Tier 3	\$7.45	
Day Services - Super Tier 4	\$6.80	
Day Services - Super Tier 5	\$6.22	

Tiers: Day and Residential services have a rate based on a Tier with is related to different levels of care.

# I/DD Rates History

Services	FY2017	FY2018	FY2019	FY2020	FY2021 Rate (7/1/20 to 3/31/21)	FY2021 Rate (4/1/21 to 6/30/21)	FY2022	FY2023	Unit Defintion
Overnight Respite	\$78.30	\$80.65	\$83.88	\$85.13	\$85.13	\$89.39	\$91.18	\$113.97	up to 24 hrs
Personal Care Services - Self Directed	\$2.64	\$2.72	\$2.83	\$2.87	\$2.87	\$3.01	\$3.08	\$4.14	15 min
Sleep Cycle Support/Enchanced Care Service	\$78.30	\$80.65	\$83.88	\$85.13	\$85.13	\$89.39	\$91.18	\$113.97	up to 12 hrs / min 8 hrs
Specialized Medical Care (RN)	\$7.50	\$7.73	\$8.04	\$8.16	\$8.16	\$8.57	\$8.74	\$11.75	15 min
Specialized Medical Care (LPN)	\$7.00	\$7.21	\$7.50	\$7.61	\$7.61	\$7.99	\$8.15	\$11.75	15 min
Personal Care Services - Agency Directed	\$3.06	\$3.16	\$3.29	\$3.34	\$3.34	\$3.50	\$3.57	\$4.70	15 min
Supported Employment	\$3.06	\$3.16	\$3.29	\$3.34	\$3.34	\$3.50	\$3.57	\$4.47	15 min
Medical Alert Rental	\$15.00	\$15.45	\$16.07	\$16.31	\$16.31	\$17.12	\$17.47	\$21.83	1 month
Financial Management Services	\$115.00	\$118.45	\$123.19	\$125.04	\$125.04	\$131.29	\$133.91	\$170.74	1 month
Wellness Monitoring	\$35.00	\$36.05	\$37.49	\$38.05	\$38.05	\$39.96	\$40.76	\$50.95	1 visit

# I/DD Rates History

Services	FY2017	FY2018	FY2019	FY2020	FY2021 Rate (7/1/20 to 3/31/21)	FY2021 Rate (4/1/21 to 6/30/21)	FY2022	FY2023	Unit Defintion
Residential - Regular Tier 1	\$160.21	\$165.02	\$171.62	\$174.20	\$174.20	\$182.90	\$186.56	\$233.20	1 day
Residential - Regular Tier 2	\$131.22	\$135.16	\$140.57	\$142.67	\$142.67	\$149.81	\$152.80	\$191.01	
Residential - Regular Tier 3	\$94.86	\$97.71	\$101.62	\$103.14	\$103.14	\$108.30	\$110.47	\$138.08	
Residential - Regular Tier 4	\$61.26	\$63.10	\$65.62	\$66.61	\$66.61	\$69.94	\$71.34	\$89.17	
Residential - Regular Tier 5	\$44.27	\$45.60	\$47.42	\$48.14	\$48.14	\$50.54	\$51.55	\$64.44	
Residential - Super Tier 1	\$192.05	\$197.81	\$205.72	\$208.81	\$208.81	\$219.25	\$223.63	\$279.54	
Residential - Super Tier 2	\$171.36	\$176.50	\$183.56	\$186.31	\$186.31	\$195.63	\$199.54	\$249.43	
Residential - Super Tier 3	\$152.56	\$157.14	\$163.43	\$165.88	\$165.88	\$174.17	\$177.65	\$222.07	
Residential - Super Tier 4	\$133.74	\$137.75	\$143.26	\$145.41	\$145.41	\$152.68	\$155.73	\$194.67	
Residential - Super Tier 5	\$114.55	\$117.99	\$122.71	\$124.55	\$124.55	\$130.78	\$133.39	\$166.74	

# I/DD Rates History

Services	FY2017	FY2018	FY2019	FY2020	FY2021 Rate (7/1/20 to 3/31/21)	FY2021 Rate (4/1/21 to 6/30/21)	FY2022	FY2023	Unit Defintion
Day Services - Regular Tier 1	\$4.98	\$5.13	\$5.34	\$5.42	\$5.42	\$5.69	\$5.80	\$7.25	15 minutes
Day Services - Regular Tier 2	\$3.68	\$3.79	\$3.94	\$4.00	\$4.00	\$4.20	\$4.28	\$5.36	
Day Services - Regular Tier 3	\$2.96	\$3.05	\$3.17	\$3.22	\$3.22	\$3.38	\$3.45	\$4.31	
Day Services - Regular Tier 4	\$2.18	\$2.25	\$2.34	\$2.38	\$2.38	\$2.49	\$2.54	\$3.18	
Day Services - Regular Tier 5	\$1.87	\$1.93	\$2.01	\$2.04	\$2.04	\$2.14	\$2.18	\$2.73	
Day Services - Super Tier 1	\$6.04	\$6.22	\$6.47	\$6.57	\$6.57	\$6.89	\$7.03	\$8.79	
Day Services - Super Tier 2	\$5.56	\$5.73	\$5.96	\$6.05	\$6.05	\$6.35	\$6.48	\$8.10	
Day Services - Super Tier 3	\$5.12	\$5.27	\$5.48	\$5.56	\$5.56	\$5.84	\$5.96	\$7.45	
Day Services - Super Tier 4	\$4.67	\$4.81	\$5.00	\$5.08	\$5.08	\$5.33	\$5.44	\$6.80	
Day Services - Super Tier 5	\$4.27	\$4.40	\$4.58	\$4.64	\$4.64	\$4.88	\$4.97	\$6.22	



# Biennial Rate Study

KSA 39-1806a(3)

KDADS is required to complete a biennial rate study as put forth by the Developmental Disability Reform Act.

KDADS is preparing to complete the next Biennial Rate Study.

The last rate study was not done due to Covid-19.

The last completed rate study was completed in 2016.

# Proviso to Study I/DD Waiver Rates

2023 CCR HB 2184 contained the following proviso:

*...expenditures shall be made by the above agency from such moneys during fiscal year 2024 for the purpose of reviewing the overall costs of providing services within the intellectual and developmental disability service system and making recommendations to the legislature for a method to make regular rate adjustments for such services based on inflationary indexes.*

# KDADS Rate Study

## I/DD Rate Study

KDADS plans to contract with a consultant to provide the State and Legislature a biennial rate study.

The contractor will also be asked to review the overall costs of providing services within the intellectual and developmental disability service system with recommendations for future inflationary adjustments for consideration.

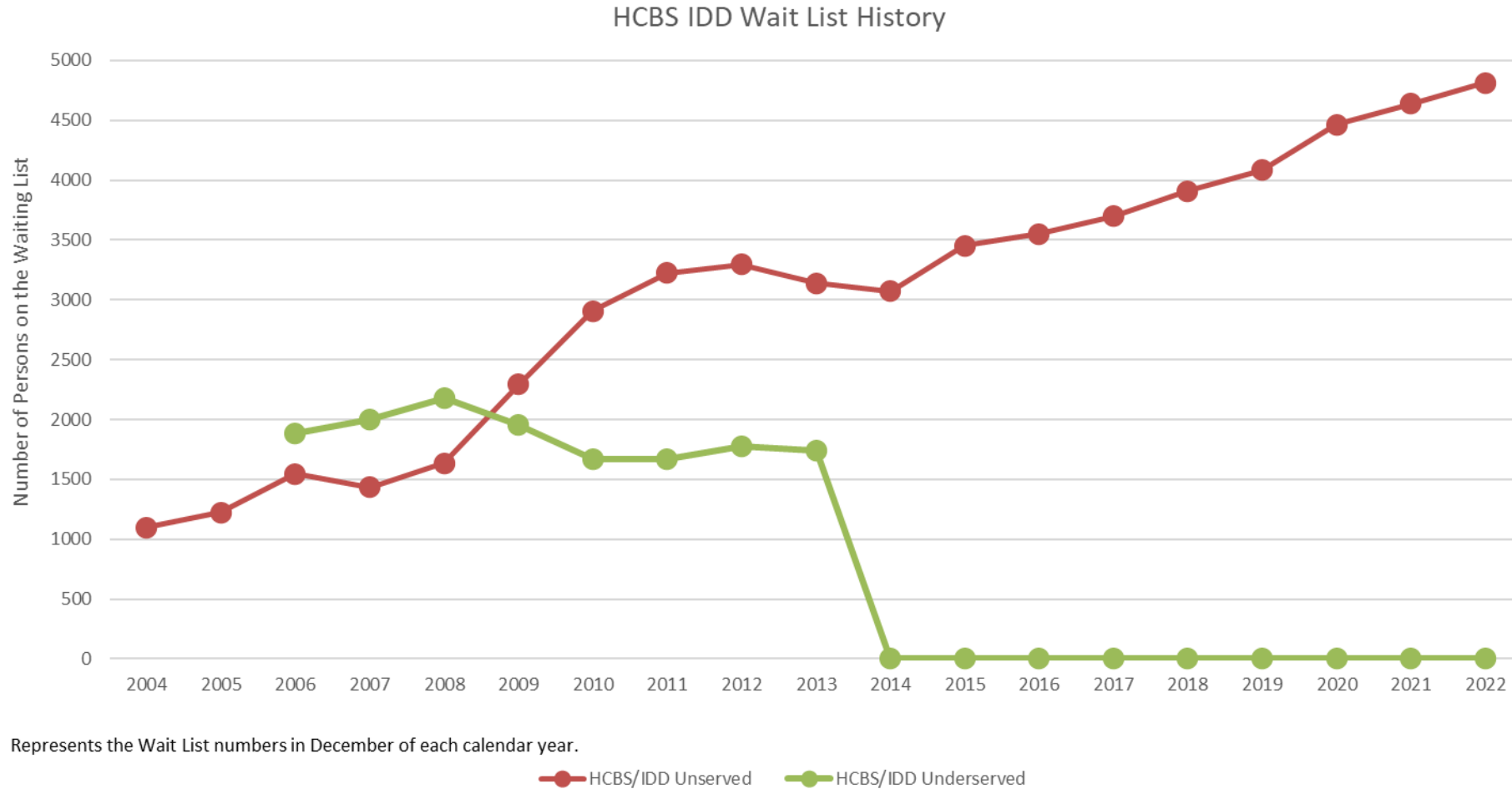
KDADS is preparing to solicit a contractor to assist with this study in the near future.

# I/DD Waiver Rates

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**QUESTIONS?**

# Intellectual and Developmental Disability Waiver Waiting List



# Waiting List Study

The Kansas University Center on Developmental Disabilities (KUCDD) is the contractor for this study.

## **Aim 1: Collection, Compilation, and Analysis of Existing Data.**

- **Data Gathering and Analysis-** to inform data-driven decision-making about planning to effectively and efficiently serve people on the waiting lists, leading to better outcomes for Kansans with IDD, and their communities.

## **Aim 2: Collection and Analysis of Current and Future Support Needs**

- **Data Analysis-** analyze the current and future service needs of individuals on the IDD waiting lists.
- **Methodology Development-** develop a methodology to identify individuals at risk for crises.
- **Track and Trend Data-** to inform decisions regarding system capacity building and reducing the waiting lists for services.
- **Report-** submit a detailed report including goals, outcomes, and recommendations regarding services.

## **Timeline**

- The project will run from September 2022 through approximately August 2024.

## **KUCDD UPDATE ON THE WAITING LIST STUDY**