# Final Report of the Special Committee on Mental Health Beds to the 2023 Kansas Legislature

CHAIRPERSON: Senator Carolyn McGinn

VICE-CHAIRPERSON: Representative Brenda Landwehr

**OTHER MEMBERS:** Senators Rick Billinger, J.R. Claeys, Tom Hawk, and Richard Hilderbrand; and Representatives Will Carpenter, Henry Helgerson, Kyle Hoffman, Troy Waymaster, and Kathy Wolfe Moore

## STUDY TOPIC

The Committee is directed to:

- Review the need for inpatient psychiatric hospital beds and develop a long-term plan to address mental health needs;
- Review the regional bed expansion plan and how the beds would be constructed;
- Review best practice for providing the operation and oversight of the expanded beds;
- Review the long-term fiscal impact of the additional beds; and
- Study and develop a plan for providing a 50-bed facility with acute inpatient psychiatric beds and adult forensic beds in the Sedgwick County regional area. [*Note:* Provisions in 2022 HB 2510 [Section 8(b)] directed the Legislature to create an interim study committee on Sedgwick County regional mental health bed expansion and prescribed committee membership requirements.]

January 2023

This page intentionally left blank.

# **Special Committee on Mental Health Beds**

## FINAL REPORT

(*Note:* This report is supplemental to the initial and updated reports submitted to the State Finance Council in October and December 2022.)

#### **Conclusions and Recommendations**

The Special Committee on Mental Health Beds (Committee) recognizes the need for additional beds and services for individuals who require inpatient care to treat mental illness. The Committee recognizes that there is a current shortage of appropriate services for this population, which places stress on the staff and budgets of other community institutions, such as hospitals, jails, and community mental health systems. In addition to addressing the need for more inpatient beds, the Committee recognizes the need to consistently staff these beds.

The Committee recommends:

- The State Finance Council release the \$15.0 million appropriated to the Kansas Department for Aging and Disability Services (KDADS) for the purpose of opening a new state hospital. The funds should be utilized to develop a specific plan for the construction and operation of a new state hospital, including the issuance of a request for proposal.
- KDADS work with Sedgwick County to open a facility in the Sedgwick County regional area with a capacity of up to 50 state institution beds. The facility should be located in an area with room for expansion to ensure additional beds can be added if needed. The project should begin within calendar year 2023. In addition, KDADS and Sedgwick County should consider whether the facility should be publicly or privately operated.
- The State Finance Council allocate \$40.0 million from federal American Rescue Plan Act funds to open the 50-bed facility, as requested by Sedgwick County through the Strengthening People and Revitalizing (SPARK) Kansas Task Force.
- The Committee meet with the Board of Nursing, Behavioral Sciences Regulatory Board, State Board of Regents, universities, community and technical colleges, state agencies, private colleges, and other stakeholders to discuss the following topics:
  - Increasing the accessibility and transferability of certifications such as the Licensed Mental Health Technician, Mental Health Developmental Disability Technician, and other mental health certificates applicable to workers in state hospital settings;
  - Creating outreach and incentive programs to expand the mental health workforce pipeline, such as the creation of scholarships and public-private partnerships;
  - Reducing barriers that prevent workers from rejoining the workforce once they have retired;

- Developing a method to track the use of programs designed to promote the mental health workforce and continually evaluate their effectiveness; and
- Addressing wage disparities among mental health providers and other similar jobs.
- The Legislature appropriate up to \$5.0 million to KDADS for each fiscal year to begin a two-year pilot program to reimburse hospitals for the supervision and transfer of individuals who are waiting for a state hospital bed. KDADS should then provide the Legislature with an annual report on how the funds are being used.
- The Legislature, KDADS, and the Kansas Department of Health and Environment investigate available waiver and reimbursement options that can be used to pull down additional federal funds to reimburse providers of mental health services.
- The Legislature and KDADS research how technology, such as apps, can be used to reach those facing mental health challenges and investigate current practices being used to reach individuals in crisis via technology.

Proposed Legislation: None

#### BACKGROUND

The Special Committee on Mental Health Beds (Committee) was established by provisions in 2022 HB 2510, the omnibus appropriations bill, in Section 8(b). The Legislative Coordinating Council (LCC) later affirmed its establishment and granted the Committee five meeting days. The stated purpose of the Committee is to develop a plan for providing a facility with acute inpatient psychiatric adult beds and adult forensic beds in the Sedgwick County regional area and report any recommendations regarding such facility to the State Finance Council.

## **COMMITTEE ACTIVITY**

The Committee met on August 23, September 29, October 27, November 28, and December 21, 2022, to hear information on mental health topics, summarized in this report. The Committee meeting on September 29, 2022, was held at Wichita State University. The December 21, 2022, meeting was held virtually.

#### **Overview of Authorizing Legislation**

An Assistant Revisor from the Office of Revisor of Statutes provided an overview of the legislation that authorizes the Committee. A proviso in 2022 HB 2510 Section 8(b) created an interim study committee on Sedgwick County regional mental health bed expansion to develop a plan for providing a facility with acute inpatient psychiatric adult beds and adult forensic beds in the Sedgwick County regional area. The legislation directs the Committee to report any recommendations to the State Finance Council by October 1, 2022. In addition, 2022 HB 2510 Section 28(c) appropriates \$15.0 million to the Kansas Department for Aging and Disability Services (KDADS) for the purpose of expanding mental health bed access in the Sedgwick County regional area.

The expenditure of these funds is subject to the approval of the State Finance Council. Following the 2022 Legislative Session, the LCC further directed the Committee to assess mental health bed capacity statewide.

## **History of Mental Health Services**

Analysts from the Kansas Legislative Research Department (KLRD) reviewed several research documents relevant to mental health services in Kansas, including a history of mental health hospitals and services in Kansas, a document outlining pertinent recommendations made by past legislative committees and task forces, and an overview of inpatient bed numbers and funding in surrounding states. In addition, an analyst from KLRD reviewed a funding chart with information on state mental health funding from FY 2013 to FY 2022 and a chart of bed capacity and admissions at Osawatomie State Hospital (OSH) and Larned State Hospital (LSH) over the past ten years.

The Secretary for Aging and Disability Services provided the Committee with historical information on behavioral health reform initiatives beginning with the Kansas Mental Health Reform Act of 1991 and continuing through the 2017 Mental Health Modernization and Reform Committee. The Secretary outlined a continuum of adult behavioral health care that includes state psychiatric hospitals, community inpatient care, structured care environments, community clinical services, and services dealing with prevention, assessment, and early intervention. The Secretary offered key modernization elements for the Committee's consideration. including the expansion of crisis stabilization services, State Institution Alternative (SIA) beds, and mobile competency services.

A representative of the Kansas Mental Health Coalition (KMHC) provided an overview of the 2018 and 2019 Mental Health Task Force reports and recommendations. The representative of KMHC noted that KDADS has convened many workgroups over the years to address the Kansas mental health inpatient capacity crisis, which was compounded by the June 2015 moratorium on admissions at OSH. The representative outlined some of the legislative actions that have come out of the task force reports, including the creation and funding of health homes, juvenile crisis centers, and the K-12 Mental Health Pilot Program.

#### **State Institution Alternative Beds**

The Deputy Secretary of Hospitals and Facilities, KDADS, provided an overview of SIAs, which were created in response to the moratorium at OSH. SIAs expand the number of regional psychiatric hospital beds available to serve individuals who would be eligible for admission to a state hospital. The representative of KDADS noted that the 8 regional SIA facilities authorized in the past year have served 479 adults and 699 children, and the agency continues to search for other facilities that might qualify to provide SIA services.

### National Trends in Psychiatric Bed Capacity

The Senior Director of Government and Commercial Research for the National Association of State Mental Health Program Directors Research Institute (NRI), and the Executive Director, National Association of State Mental Health Program Directors, presented information regarding trends in psychiatric bed capacity. The representative of NRI summarized findings that, between 2010 and 2018, there was a 17.2 percent increase in the number of mental health beds due to the expansion of private psychiatric hospital beds and specialty-unit hospital beds. At this same time, the number of state psychiatric hospital patients decreased by 18.5 percent.

The representative of NRI noted that state policies addressing bed limits have shifted from a focus on reopening closed state hospitals to expanding services in community-based programs. This resulted in state hospitals primarily being used to treat severe psychiatric issues other than organic brain disease, intellectual disabilities, and substance abuse. Both representatives also noted that tracking of mental health beds is often incomplete because no single source tracks all psychiatric bed capacity.

## **Stakeholder Perspectives**

## Hospitals

The President of Ascension Via Christi St. Joseph (Via Christi) reviewed the need for mental health beds in south-central Kansas. The representative of Via Christi commented that the Via Christi emergency department cares for approximately 600 behavioral health patients each month and said that, when Via Christi's inpatient behavioral health beds are full, patients often must stay two days before they can be moved to a facility with the appropriate level of care. The representative noted the increasing pressure to find beds to accommodate inmates needing mental health evaluations and individuals needing treatment at OSH who are instead directed to Via Christi due to a lack of bed availability at OSH. The representative of Via Christi offered recommendations for adding mental health bed capacity, including adding inpatient behavioralhealth beds at OSH and addressing workforce shortages.

The Vice President for Government Relations, Kansas Hospital Association (KHA), discussed the fiscal pressures faced by hospitals when they are required to provide accommodations for individuals in need of inpatient mental health treatment when an inpatient bed is not available. The representative of KHA noted that hospitals must often provide one-on-one observation and transportation of individuals who are waiting for a bed to become available at an inpatient facility, and hospitals do not receive reimbursement for these services.

The President and Chief Executive Officer (CEO) of NMC Health and the CEO of Kingman Healthcare Center also noted the challenges that hospitals face in providing observation and transportation services that are not reimbursed. The representatives noted that the time many of the patients wait for an inpatient bed is days, rather than hours.

The Associate Director of the Association of Community Mental Health Centers (CMHCs) said that CMHCs face similar challenges in requiring staff to address mental health needs of individuals as they await the availability of an inpatient bed. The representative offered recommendations to the Committee, including increasing state hospital capacity and building career pathways to enhance workforce development.

#### Kansas Counties

A representative of the Kansas Association of Counties (KAC) and a County Commissioner for Finney County testified that long wait times for beds in inpatient facilities impact the budgets of counties by increasing the funding needs for law enforcement and community mental health facilities. The KAC representative noted that this is particularly problematic for smaller communities.

#### Sedgwick County

Several individuals provided testimony specific to the needs of Sedgwick County, including the Chairman of the Sedgwick County Board of County Commissioners, the Sedgwick County District Attorney, and the County Manager and Deputy County Manager for Sedgwick County. All individuals spoke to the ways their respective agencies are impacted by the current shortage of beds. The representative of the Board of County Commissioners noted that the county has been working on a plan to address mental health needs for several years; he stated the current proposed project is to build a Health Science Center in downtown Wichita that will house COMCARE and the community's crisis center and offer professional training for health care providers.

#### Law Enforcement

A representative speaking on behalf of the Kansas Association of Chiefs of Police, Kansas Peace Officers Association, and Kansas Sheriffs Association and a representative of the Sedgwick County Sheriff's Department also noted the costs in staff time and in non-reimbursed services that are provided to individuals who are waiting for an assessment or inpatient mental health bed. The representative of the Kansas Association of Chiefs of Police recommended establishing a fund to reimburse agencies (such as law enforcement, hospitals, and community health centers) for costs incurred providing for observation and transportation for individuals who are waiting for inpatient beds.

#### Workforce Challenges

#### Sedgwick County

The Workforce Development Committee Chair for the Sedgwick County Mental Health and Substance Abuse Coalition (Coalition) presented the recommendations the Coalition has made to reduce barriers in recruiting and retaining staff. shared include allowing Recommendations reciprocity for out-of-state licensing, attracting students through professional workshops, offering incentives to bring retired professionals back to the workforce, granting emergency licenses for certain services, and increasing the use of representative paraprofessionals. The also addressed the mental and emotional toll that direct service work can have on individuals and noted that staff supports such as counseling services may help increase retention by preventing staff from becoming burned out.

#### State Hospitals

The Superintendent of LSH and the Acting Superintendent of OSH presented information

about the efforts OSH and LSH are taking to address the current workforce shortage. Efforts discussed included working with the University of Kansas and other state universities to provide practicum courses for master's level students and psychiatric rotations for nursing students. The representative from LSH also noted that the hospital maintains a relationship with the Fort Hays State University (FHSU) counseling program, offers paid practicums for students seeking applicable degrees, and helps foster relationships between students and workers to promote retention. The representative from LSH noted that the main challenge LSH faces is the distance between the LSH campus and the universities and housing availability near the LSH campus.

The Deputy Secretary of Hospitals and Facilities, KDADS, provided an overview of the direct-care staff at the two state hospitals, including vacancy rates, starting pay, and the use of contract companies to fill vacant positions. The representative noted that the cost to the hospital to fill a vacant position with contract staff can be three times the listed salary for the position.

The Commissioner of State Hospitals, KDADS, provided information on the training that is provided to staff at LSH and OSH. The Commissioner outlined the positions that receive specialized training and noted that training for the mental health developmental disability technician (MHDDT) position, an entry-level position at LSH and OSH, is provided by the state hospitals. It was noted there is no certificate for completion of the MHDDT trainings that can be transferred outside the state hospitals.

#### Community Mental Health Centers

Representatives from three CMHCs shared the challenges they have in staffing their centers. The Committee heard from representatives of Pawnee Mental Health Services, The Center for Counseling and Consultation (The Center), and High Plains Mental Health Center. Each of the representatives reported that staffing challenges have intensified recently, especially due to attrition as staff leave for private practices. The representatives noted that the transition of CMHCs to certified community behavioral health clinics (CCBHCs) may help them pay higher wages and attract staff but also noted that the increased funding has not kept up with inflation. The representative from The Center reported that a lack of housing and day care in their community contribute to workforce shortages at both The Center and LSH.

The CMHC representatives shared recruitment methods they have tried, such as offering fellowship programs, attending job fairs, and talking with high school students about career options in mental health. When asked for ways to improve workforce challenges being faced by CMHCs, the representative from High Plains Mental Health Center recommended creating a scholarship pool for students pursuing degrees above the level of a bachelor's degree and creating an expedited licensing and credentialing process to accelerate recruitment.

#### Mental Health Workforce Pipeline

#### Universities

A representative of the State Board of Regents outlined the role universities play in the health care workforce. He noted that enrollment in social work and health professional programs is declining overall; however, enrollment in psychology programs is increasing. The representative referenced some of the financial incentives that encourage students to pursue careers in health care, such as federal Perkins funds and the Nursing Initiative, which provides competitive grants to public and private nursing programs. The representative also offered suggestions for the Legislature, such as reviewing the appropriation to the Nursing Initiative and comparing salary information for health care professionals in other states.

The Executive Dean of the University of Kansas (KU) School of Medicine (Dean) reviewed the medical school pathway for an individual to become a psychiatrist, which includes a four-year medical program, a four-year psychiatry residency, and a one-to-two-year post-residency specialty fellowship. The number of psychiatric residents has continued to climb nationally, but rural areas are having difficulty in attracting students to apply for residencies in their areas. The Dean recommended expanding the Rural Scholars program and starting a child-adolescent psychiatry program in Wichita to facilitate more psychiatry students and doctors practicing in rural areas.

#### **Community Colleges**

The Executive Director of the Kansas Association of Community College Trustees (Director) reviewed the programs offered by community colleges that contribute to the mental health workforce. The Director referenced the Kansas Promise Scholarship as a channel for increasing the health care workforce, noting that 51 percent of the scholarship funds are awarded to individuals pursuing health care careers. The Director outlined a list of areas for exploration (*e.g.*, allowing KDADS employees to receive college credit for their mental health training) and changes to avoid (*e.g.*, decreasing the per-credithour reimbursement rate for health care programs).

#### **Technical Colleges**

A representative of the Kansas Association for Career and Technical Education noted that, although none of the technical colleges offer specific curricula related to mental health, seven of the Kansas technical colleges address a variety of basic health care services (*e.g.*, health care administration, registered nurses, home health) that can serve as entry into the mental health field. The representative also noted that over 80 percent of the students who graduate from these programs continue to live and work in Kansas upon completing their programs.

#### **Board of Nursing**

The Executive Administrator of the Board of Nursing provided an overview of the educational and training requirements for the various levels of nursing. The Executive Administrator noted that having several levels of nursing certifications allows individuals to obtain the level that works for them at that time, with the option to return and continue working toward a higher level. She recommended that faculty and clinical sites for nursing students be increased so instructors can effectively teach more students.

#### How Other States are Addressing Workforce Challenges

Representatives from the Center for Health and Research Transformation presented highlights

from their report titled The Behavioral Health Workforce in Rural America: Developing a National Recruitment Strategy. This study includes interviews with subject matter experts in 47 states with the intent to learn successful recruitment and retention strategies for the behavioral health workforce. The representatives reported on key findings, including which types of recruitment and retention programs are most effective. They also found that most experts agreed that an increase in Medicaid reimbursement rates and higher wages will have a positive impact on the workforce, and that an investment in programs such as loan repayment, scholarships, and increasing residency slots may help support recruitment in rural areas. Other topics they addressed included changing certification requirements to encourage earlier entry into practice and adjustments to improve work-life balance.

#### **Hospital Funding**

Two individuals provided information on the differences between publicly funded hospitals and privately funded hospitals. The first individual, a retired hospital administrator, noted that staff recruitment in rural areas is difficult and should be considered when deciding where to place a hospital. The Lobbyist/Coordinator for the Kansas Mental Health Coalition offered several recommendations to consider when planning for inpatient hospital treatment, including investing in hospitals, the current state accelerating certification for Crisis Intervention Centers, and pursuing a complex, balanced program that will bring a wide range of resources and viewpoints.

#### Insurance Reimbursement for Services Provided

# The Medicaid Institution for Mental Disease Exclusion

The Commissioner of Behavioral Health Services, KDADS, reviewed the Medicaid institution for mental disease (IMD) exclusion that prevents facilities that have more than 16 beds and are primarily serving individuals diagnosed with mental disease or substance use disorders (SUD) from receiving Medicaid reimbursement for their services for individuals between the ages of 21 and 65 years of age. KDADS and the Kansas Department of Health and Environment have successfully sought an exception for patients in SUD facilities but are still developing the implementation and evaluation plans needed to submit an application for a similar exemption for IMD patients.

#### **Reimbursement for Mental Health Services**

The President of Via Christi provided information on the reimbursement rates of Medicaid, Medicare, and private pay insurance companies for inpatient mental health services. The representative noted that reimbursement rates for Medicaid do not cover the costs for providing the services and, while private insurance companies often pay higher rates, they have not been increased for several years, even as the cost of care has risen. The representative requested the Committee consider a 10.0 percent increase in Medicaid reimbursement rates for inpatient and outpatient mental health services.

The Executive Director of COMCARE provided testimony on insurance reimbursement for outpatient mental health services. The representative noted the time-consuming nature of paperwork required for Medicare and Medicaid, as well as the challenge that Medicare reimburses only for services provided by the highest level of degree, such as a Ph.D. or M.D. COMCARE is now reimbursed under a new CCBHC encounter rate but still relies on Medicaid rates for services not included in the encounter rate. The COMCARE official noted that Medicaid has the lowest reimbursement rates for services among private and public plans.

#### Committee Discussion on the Mental Health Workforce Pipeline

The Chairperson invited members to discuss the information provided by the conferees speaking about the workforce pipeline during the October 27 meeting. The Committee noted the different approaches needed when recruiting staff in rural areas versus urban areas, and a suggestion was made that the new 50-bed hospital be located in an urban area to help ensure staffing availability.

The importance of efforts to enhance the workforce pipeline was noted; however, the results of those efforts may be several years out, creating a need for additional resources to recruit and retain staff in the present and immediate future. It was noted that both current and newly created programs require oversight and should be consistently reviewed to ensure they are being utilized and are effective. Developing a model to evaluate programs would help determine the effectiveness of present programs as well as provide parameters for redesigning ones that are ineffective.

The Committee expressed interest in supporting workforce programs in the community where the new hospital will be located to recruit local community members to remain in the area to work. Programs such as scholarships and grants were mentioned as important to workforce development, as well as reaching students when they are in junior high and high school. It was also recommended that information be sought to learn what other states are doing to meet mental health workforce needs.

The Committee also referenced testimony on the increasing needs for mental health beds and questioned whether a 50-bed unit will be enough to meet the ongoing needs of the state. The Committee discussed the importance of choosing a location that leaves room for growth to ensure that the hospital can be expanded to hold more than 50 beds in the future.

#### Roundtable Discussion on the Behavioral Health Workforce Pipeline

The Committee held a roundtable discussion on December 21 to hear stakeholder perspectives on various aspects of the behavioral health workforce. Attendees included representatives from the Board of Nursing, Behavioral Sciences Regulatory Board (BSRB), KU School of Nursing, FHSU Department of Social Work, Association of Community Mental Health Centers, KDADS, State Board of Regents, and Kansas Association of Community College Trustees.

#### License Accessibility and Transferability

The Executive Administrator of the Board of Nursing and a representative from the KU School of Nursing both reported on feedback they have received from licensed mental health technicians (LMHTs). These participants described the LMHT position as holding a lot of responsibility, often requiring long hours, and requiring ongoing continuing education. However, the rate of pay does not reflect the increased responsibility of the LMHT position above other nursing levels or certifications with fewer responsibilities. The representative from the Board of Nursing did note that a new LMHT program is anticipated to open in Hays, associated with KVC Hospitals. The representative from the KU School of Nursing recommended creating a progression path from entry-level worker to LMHT certification, and making training more accessible for individuals who are currently working in behavioral health settings.

The Executive Director of the BSRB shared information on some of the changes the BSRB has made, as well as changes the BSRB anticipates making, to increase the accessibility of the licenses the BSRB oversees. Recent changes include decreasing the required number of hours of professional experience and supervision for clinical licensure and allowing individuals at the master's degree level to test for a lower level of addiction counseling licensure. In addition, the BSRB is exploring current reciprocity requirements between Kansas and other states and creating new levels of licensure for addiction counselors.

#### **Retired Workforce**

Roundtable participants identified several areas in which changes can be made to make it easier for retired professionals to re-enter the workforce, including offering continuing education and supervision focused on areas that may have changed since the retiree was last practicing (*e.g.*, telehealth and other technological updates), finding ways to reduce the cost of licensure for this population, and creating a temporary license that allows individuals to work while accruing necessary continuing education hours.

#### Incentive Programs

Roundtable participants noted that many incentive programs provide incentives after an individual's education is complete and discussed the importance of providing incentives earlier in the educational system. Participants recommended enhanced efforts to to provide high school students with information about career pathways in behavioral health. The representative from FHSU noted the importance of providing opportunities in the communities in which students live and noted a program at FHSU that allows students guaranteed admission if they are sponsored by a local agency and agree to work there for a certain period of time following graduation.

Additional ideas highlighted by participants included relocation bonuses, including additional bonuses for buying a home in a rural area; between CMHCs partnerships and local community colleges to build workforce in small communities; expanding certification programs currently housed in state hospitals (LMHT and MHDDT) to community and technical colleges; and finding ways for LMHT training to be used as college credit toward higher level degrees. The Behavioral Health Services Commissioner. representing KDADS, noted that the state hospitals have used bonuses as incentives for staff retention, particularly during the COVID-19 pandemic; however, current statutes limit the amount hospitals are able to provide.

#### Tracking and Evaluation of Incentive Programs

The President and CEO of the State Board of Regents noted that the Board can easily track student employment and whether students remain employed in Kansas, but it is more difficult to identify whether they are employed in the field they intended to enter. He also recommended that, when creating evaluation and tracking programs, a cost-benefit analysis be completed to ensure that the resources spent on tracking programs do not exceed the value of the actual program. The representative from the Kansas Association of Community College Trustees noted that current programs are housed under a variety of state recommended consolidating agencies and evaluation efforts under one agency or under the agency that oversees the particular license or degree being targeted by the incentive program.

#### Wage Disparities

The participants noted that efforts to raise wages in behavioral health must ensure that wages are competitive within the local community and within the behavioral health field, as well as within related industries in which the workforce would be qualified to work. It was recommended that a focus be placed on both recruitment and retention, ensuring that competitive wages are in place for entry-level positions as well as consistent pay increases to incentivize retention. The representative from the Kansas Association of Community College Trustees noted that some nurse training programs require an individual to have health insurance, making it important that wages be at a level that make this, and other similar requirements, feasible. She also noted the importance of competitive wages for those teaching and supervising students and those working toward clinical licensure.

In discussion following the conclusion of the roundtable discussion, the Committee called attention to the importance of closely following the progress of the crisis intervention centers as KDADS navigates the rules and regulations processes needed for them to open. It was also noted that a recording of the meeting, including the roundtable discussion, can be viewed on YouTube, at the following link: https://www.youtube.com/watch?v=VZ-PZM2GXog.

#### CONCLUSIONS AND RECOMMENDATIONS

Following discussion, the Committee recommended:

- The State Finance Council release the \$15.0 million appropriated to KDADS for the purpose of opening a new state hospital. The funds should be utilized to develop a specific plan for the construction and operation of a new state hospital, including the issuance of a request for proposal.
- KDADS work with Sedgwick County to open a facility in the Sedgwick County regional area with a capacity of up to 50 state institution beds. The facility should be located in an area with room for expansion to ensure additional beds can be added if needed. The project should begin within calendar year 2023. In addition, KDADS and Sedgwick County should consider whether the facility should be publicly or privately operated.
- The State Finance Council allocate \$40.0 million from federal American Rescue Plan Act funds to open the 50-bed facility, as requested by Sedgwick County through

the Strengthening People and Revitalizing Kansas (SPARK) Task Force.

- The Committee hold a meeting with the Board of Nursing, BSRB, State Board of Regents, universities, community and technical colleges, state agencies, private colleges, and other stakeholders to discuss the following topics:
  - Increasing the accessibility and transferability of certifications such as the LMHT, MHDDT, and other mental health certificates used in state hospital settings;
  - Creating outreach and incentive programs to expand the mental health workforce pipeline, such as the creation of scholarships and public-private partnerships;
  - Reducing barriers that prevent workers from rejoining the workforce once they've retired;
  - Developing a method to track the use of programs designed to promote the mental health workforce and continually evaluate their effectiveness; and
  - Addressing wage disparities between mental health providers and other similar jobs.
- The Legislature appropriate up to \$5.0 million to KDADS for each fiscal year to begin a two-year pilot program to reimburse hospitals for the supervision and transfer of individuals who are waiting for a state hospital bed. KDADS should then provide the Legislature with an annual report on how the funds are being used.
- The Legislature, KDADS, and the Kansas Department of Health and Environment investigate available waiver and reimbursement options that can be used to pull down additional federal funds to reimburse providers of mental health services.

• The Legislature and KDADS research how technology, such as apps, can be used to reach those facing mental health challenges and investigate current practices being used to reach individuals in crisis via technology.

## MINORITY REPORT

## 2022 Special Committee on Mental Health Beds

I do not agree with the recommendations formed by the Mental Health Beds Committee.

Representative Henry Helgerson