



Association of Community Mental Health Centers of Kansas, Inc.
534 S. Kansas Avenue, Suite 330
Topeka, KS 66603
785-234-4773
www.acmhck.org

House Children and Families Committee

Testimony on House Bill 2444

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Colin Thomasset, Policy and Research Analyst
Association of Community Mental Health Centers of Kansas, Inc.

(written only)

Mr. Chairman, and members of the Committee, my name is Colin Thomasset, and I am the Policy and Research Analyst for the Association of Community Mental Health Centers of Kansas, Inc. Thank you for the opportunity to present this written testimony today.

The Association represents the 27 licensed Community Mental Health Centers (CMHCs) in Kansas who provide home and community-based, as well as outpatient mental health services in all 105 counties in Kansas, 24-hours a day, seven days a week. In Kansas, CMHCs are the local Mental Health Authorities coordinating the delivery of publicly funded community-based mental health services. The CMHC system is state and county funded and locally administered. Consequently, service delivery decisions are made at the community level, closest to the residents that require mental health treatment. Each CMHC has a defined and discrete geographical service area. With a collective staff of over 4,500 professionals, the CMHCs provide services to Kansans of all ages with a diverse range of presenting problems.

Together, this system of 27 licensed CMHCs form an integral part of the total mental health system in Kansas. As part of licensing regulations, CMHCs are required to provide services to all Kansans needing them, regardless of their ability to pay. This makes the community mental health system the “safety net” for Kansans with mental health needs, collectively serving over 123,000 Kansans with mental illness.

The Association supports the adoption of House Bill 2444, which sets minimal standards and establishes accountability for all school districts in the State in Kansas around seclusion and restraint of children in the public education system.

There is a growing national consensus to implement limiting standards around the use of seclusion and restraint in schools, which standards should follow the President’s New Freedom Commission on Mental Health report and other established standards. The President’s New Freedom Initiative states “... Seclusion and restraint are safety interventions of last resort; they are not treatment interventions. In light of the potentially serious consequences, seclusion and restraint should be used only when an imminent risk of danger to the individual or others exists and no other safe, effective intervention is possible.”

The Association also agrees with the Child Health Act of 2000, which limits use of seclusion and restraint to “emergency” situations for young people up to age 21 in all public facilities and settings. The Association’s policy position states“seclusion and restraints, including ‘chemical restraints,’ are safety interventions of last resort and are not treatment interventions. Seclusion and restraint should never be used for the purposes of discipline, coercion, or staff convenience, or as a replacement for adequate levels of staff or active treatment.”

Thank you for your consideration of House Bill 2444 that takes into account these directives from Mental Health experts at the state and national level. Children with mental illness should not be subject to seclusion or restraint strategies in school, except as a last resort. Mental illness can be treated, and there are a host of interventions that educators may use instead of seclusion and restraint. The effort should be undertaken by our education system to learn what those interventions are. In many areas of the state, the CMHCs are already working with schools to train education staff to use those interventions, and identify contact persons at the CMHCs for training and assistance.

The CMHCs would like to be partners in the education of all Kansas children, including those who may have a mental illness or behavioral disorder. Please consider implementing regulations that give every child an opportunity to learn and succeed. If you would like any other information about community mental health in Kansas, please feel free to contact me at (785) 234-4773 to cthomasset@acmhck.org. Thank you, Mr. Chairman, for the opportunity to present today.