

## **United States**

### **Summary**

DRUG DEATHS

**^100%** 

from 4.2 to 8.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

EARLY DEATHS

from 1,765 to 2,072 deaths per 100,000 adults ages 65-74 between 2019 and 2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 16.1% to 13.4% of adults ages 65+ between 2012 and 2020

OBESITY

from 25.3% to 29.3% of adults ages 65+ between 2011 and 2020

SUICIDE

from 15.0 to 16.9 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

HIGH HEALTH STATUS

from 38.4% to 43.5% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

from 60.6% to 67.3% of adults ages 65+ between 2011 and 2020

DEPRESSION

from 13.0% to 14.2% of adults ages 65+ between 2011 and 2020

Measure		U.S Valu
SOCIAL & ECO	NOMIC FACTORS	
Community and Family Safety	Violent Crime (offenses per 100,000 population)	399
Economic	Food Insecurity (% of adults ages 60+)	12.69
Resources	Poverty (% of adults ages 65+)	9.4%
	Poverty Racial Disparity (ratio)*	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	81.C
Social Support	Community Support Expenditures (dollars per adult ages 60+)	\$57
and	High-speed Internet (% of households with adults ages 65+)	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)	31.69
PHYSICAL ENV		
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	8.3
Quality	Drinking Water Violations (% of community water systems)	0.89
Housing	Severe Housing Problems (% of small households with	32.7
	an adult ages 62+)	
CLINICAL CAR		4.00
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	31.1 57.7
	Home Health Care Workers (workers per 1,000 adults ages 65+)	37.7
Preventive	Cancer Screenings (% of adults ages 65-75)	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	93.5° 50.7°
	Hospital Readmissions (risk-standardized readmission rate	16
	per 100 admissions)	10
	Nursing Home Quality (% of beds rated four or five stars)	41.29
	Preventable Hospitalizations (discharges per 100,000	1,58
	Medicare beneficiaries ages 65-74)	
BEHAVIORS	5 (0) ( 1 1 1 2 05 )	00.10
Nutrition and	Exercise (% of adults ages 65+)	23.19
Physical Activity	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or	30.6
ACTIVITY	better health)	30.0
Sleep Health	Insufficient Sleep (% of adults ages 65+)	26.0
Tobacco Use	Smoking (% of adults ages 65+)	8.9%
HEALTH OUTC		
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*	8.4
Health	Excessive Drinking (% of adults ages 65+)	7.4%
	Frequent Mental Distress (% of adults ages 65+)	8.1%
Mortality	Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡	2,07 1.6
Physical Health	Falls (% of adults ages 65+)	27.19
, 0.00. 1 100.01	Frequent Physical Distress (% of adults ages 65+)	14.59
	High Health Status (% of adults ages 65+)‡	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries	46%
	ages 65-74)	
	Obesity (% of adults ages 65+)	29.39
	Tooth Extractions (% of adults agos 65+)	13 //9

Teeth Extractions (% of adults ages 65+)

13.4%

Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **Alabama**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- High level of community support expenditures
- Low prevalence of severe housing problems

### **Challenges:**

- High prevalence of multiple chronic conditions
- · High prevalence of insufficient sleep
- High prevalence of physical inactivity

### **Highlights:**

GERIATRIC PROVIDERS

30%

from 24.7 to 32.0 per 100,000 adults ages 65+ between September 2018 and September 2021

OBESITY

from 27.1% to 34.9% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

from 2,377 to 2,767 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measure	s .	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECC	DNOMIC FACTORS*	+	43	-0.507	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	37	454	399
Economic	Food Insecurity (% of adults ages 60+)	++	39	14.8%	12.69
Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	29	62.7	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	7	\$94	\$5
and	High-speed Internet (% of households with adults ages 65+)	+	44	71.7%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	+++	26	15.5%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	45	80	_
	Volunteerism (% of adults ages 65+)	++	31	30.4%	31.6
PHYSICAL EN	VIRONMENT*	++++	15	0.617	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	33	7.8	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8
Housing	Severe Housing Problems (% of small households with	+++++	9	25.3%	32.7
	an adult ages 62+)				
CLINICAL CAP	RE*	++	36	-0.253	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.2
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	17	32.0	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	47	23.2	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	12	79.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++	36	65.4%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+	44	66.3%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	25	93.8%	93.5
uality of Care	Hospice Care (% of Medicare decedents)	+++	28	49.2%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	14	50.3%	41.2
	Preventable Hospitalizations (discharges per 100,000	+	48	2,332	1,58
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		+	48	-1.278	_
Nutrition and	Exercise (% of adults ages 65+)	+	46	15.1%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	46	4.8%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	46	38.2%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	48	30.3%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++	31	9.9%	8.9
HEALTH OUTC	OMES*	+	46	-0.778	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡	·	_	4.9	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	2	3.6%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	+++	30	18.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	48	2,767	2,07
•	Early Death Racial Disparity (ratio)*		_	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	+++	22	28.0%	27.19
,	Frequent Physical Distress (% of adults ages 65+)	+	41	15.9%	14.5
	High Health Status (% of adults ages 65+)*	+	50	32.5%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries	+	50	58%	469
	ages 65-74)		50	5576	
	Obesity (% of adults ages 65+)	+	47	34.9%	29.3
	T+- F. ++ (0/ -f  + (CF))		1.1	10.70/	13.4
	Teeth Extractions (% of adults ages 65+)	+	44	18.7%	10.4

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



### Alaska

State Health Department Website: dhss.alaska.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of frequent mental distress
- · Low prevalence of multiple chronic conditions
- · High level of community support expenditures

### **Challenges:**

- High prevalence of excessive drinking
- · High prevalence of falls
- · Low flu vaccination rate

### **Highlights:**

SUICIDE

**70%** 

from 14.1 to 24.0 deaths per 100,000 adults ages 65+ between 2014-2016 and 2018-2020

HIGH HEALTH STATUS

from 40.2% to 50.0% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

from 80.2 to 67.6 aides per 1,000 adults ages 65+ between 2016 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECC	DNOMIC FACTORS*	++++	12	0.424	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	50	838	399
Economic	Food Insecurity (% of adults ages 60+)	++	32	13.6%	12.69
Resources	Poverty (% of adults ages 65+)	+++++	4	6.9%	9.49
	Poverty Racial Disparity (ratio)*		_	1.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	16	88.2	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	3	\$156	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	9	82.5%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)		_	_	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	22	47	_
	Volunteerism (% of adults ages 65+)	+++	28	30.9%	31.6
PHYSICAL EN	VIRONMENT*	+	43	-0.117	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	6.8	8.3
Quality	Drinking Water Violations (% of community water systems)	+	47	4.8%	0.89
Housing	Severe Housing Problems (% of small households with	+++	26	29.7%	32.7
. rouding	an adult ages 62+)		20	20.770	02.7
CLINICAL CAP	RE*	+	42	-0.384	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	44	5.3%	4.2
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++	38	21.9	31.
	Home Health Care Workers (workers per 1,000 adults	+++++	9	67.6	57.
	ages 65+)	******			
Preventive	Cancer Screenings (% of adults ages 65-75)	++	40	74.0%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+	50	56.1%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+	45	64.9%	70.3
	Dedicated Health Care Provider (% of adults ages 65+)	+	50	85.4%	93.5
	Hospice Care (% of Medicare decedents)	+	50	22.8%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	1	85.5%	41.2
	Preventable Hospitalizations (discharges per 100,000	+++++	6	974	1,58
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		++++	15	0.440	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	4	29.0%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	9	8.7%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	17	28.6%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	40	28.3%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++++	15	8.1%	8.9
HEALTH OUTC	OMES*	+++	30	-0.008	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	_	8.4
Health	Excessive Drinking (% of adults ages 65+)	+	49	10.5%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+++++	4	6.1%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	+	42	24.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	14	1,768	2,07
	Early Death Racial Disparity (ratio)‡		_	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	+	50	36.5%	27.19
, 0.0011100101	Frequent Physical Distress (% of adults ages 65+)	+++	21	13.2%	14.5
	High Health Status (% of adults ages 65+)‡	+++++	9	50.0%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries		1		469
	ages 65-74)	+++++		28%	
	Obesity (% of adults ages 65+)	+	42	32.7%	29.3
	Teeth Extractions (% of adults ages 65+)	+++	22	12.5%	13.4
OVERALL		+++	24	0.131	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

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## Arizona

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of obesity
- · High hospice care use
- · Low preventable hospitalization rate

### **Challenges:**

- · High suicide rate
- · Low volunteerism rate
- · Low flu vaccination rate

### **Highlights:**

AVOIDED CARE DUE TO COST

from 6.4% to 3.8% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

from 1,591 to 1,962 deaths per 100,000 adults ages 65-74 between 2019 and 2020

PHYSICAL INACTIVITY

20%

from 24.4% to 29.2% of adults ages 65+ in fair or better health between 2015 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	++	32	-0.044	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	42	485	399
Economic	Food Insecurity (% of adults ages 60+)	++	37	14.5%	12.6%
Resources	Poverty (% of adults ages 65+)	++	32	9.0%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	30	61.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	35	\$29	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	4	83.0%	78.09
Ingagement	Low-care Nursing Home Residents (% of residents)	++++	16	11.9%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	+++++	9	35	_
	Volunteerism (% of adults ages 65+)	+	45	26.1%	31.6%
PHYSICAL EN	VIRONMENT*	++	38	0.023	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	46	9.1	8.3
Quality	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	29	30.3%	32.7%
CLINICAL CAR	RE*	+++	30	-0.027	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	17	3.8%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++	36	23.4	31.1
	Home Health Care Workers (workers per 1,000 adults	++++	16	50.3	57.7
	ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65-75)	+	43	72.6%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+	43	63.9%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	27	71.8%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	43	91.6%	93.59
	Hospice Care (% of Medicare decedents)	+++++	3	58.8%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	32	42.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	9	1,075	1,582
BEHAVIORS*		+++++	9	0.598	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	9	27.3%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	6	9.5%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	20	29.2%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	20	24.1%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++	21	8.7%	8.9%
HEALTH OUTC	OMES*	+++	27	0.125	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡	_	_	9.9	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++	26	7.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	21	7.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	44	24.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	23	1,962	2,072
	Early Death Racial Disparity (ratio)*		_	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	++++	17	27.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	26	14.1%	14.5%
	High Health Status (% of adults ages 65+)‡	+++	24	46.4%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	22	43%	46%
	Obesity (% of adults ages 65+)	+++++	7	25.8%	29.39
	Teeth Extractions (% of adults ages 65+)	+++	28	13.3%	13.49
OVERALL	· · · · · · · · · · · · · · · · · · ·	+++	23	0.133	_

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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## Arkansas

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- · High geriatric provider rate
- · Low prevalence of severe housing problems

### **Challenges:**

- High prevalence of frequent physical distress
- High prevalence of full-mouth teeth extractions
- High prevalence of physical inactivity

### **Highlights:**

FLU VACCINATION

from 57.3% to 67.9% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

from 45.6 to 37.6 aides per 1,000 adults ages 65+ between 2016 and 2020

EARLY DEATHS

from 2,329 to 2,664 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measure	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	NOMIC FACTORS*	+	47	-0.899	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	47	672	399
Economic	Food Insecurity (% of adults ages 60+)	++	38	14.6%	12.6
Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	49	37.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	17	\$51	\$5
and	High-speed Internet (% of households with adults ages 65+)	+	48	70.4%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	++	39	18.0%	15.2
0.0	Risk of Social Isolation (index 1-100, adults ages 65+)	+	43	76	_
	Volunteerism (% of adults ages 65+)	++	39	28.2%	31.6
PHYSICAL EN	VIRONMENT*	+++++	7	0.833	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8
Housing	Severe Housing Problems (% of small households with	+++++	4	24.0%	32.7
lousing	an adult ages 62+)		4	24.076	02.7
CLINICAL CAR	RE*	++	34	-0.181	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	48	5.7%	4.2
Access to Gare	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	7	42.3	31
	Home Health Care Workers (workers per 1,000 adults	+++	30	37.6	57.
	ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65-75)	+	44	72.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++	25	67.9%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++	31	71.5%	70.3
Services Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	25	93.8%	93.5
	Hospice Care (% of Medicare decedents)	++++	19	50.9%	50.
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	28	44.4%	41.2
	Preventable Hospitalizations (discharges per 100,000	++	38	1,830	1,58
	Medicare beneficiaries ages 65-74)		00	1,000	.,
BEHAVIORS*		+	41	-0.692	_
Nutrition and	Exercise (% of adults ages 65+)	++	38	19.8%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	29	6.9%	7.3
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	49	39.0%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	18	23.5%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	45	11.7%	8.9
HEALTH OUTC	OMES*	+	47	-0.851	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	5.0	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	7	5.3%	7.4
realui	ŭ ,				
	Frequent Mental Distress (% of adults ages 65+)	++	39	8.8%	8.19
Mautality:	Suicide (deaths per 100,000 adults ages 65+)	+++	29	18.6	16.
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	46	2,664	2,07
DI 1 111 12	Early Death Racial Disparity (ratio)‡			4.4	1.6
Physical Health	Falls (% of adults ages 65+)	+	47	32.9%	27.1
	Frequent Physical Distress (% of adults ages 65+)	+	48	20.9%	14.5
	High Health Status (% of adults ages 65+)‡	+	47	34.8%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)	++	35	49%	46
	Obesity (% of adults ages 65+)	+++	28	30.5%	29.3
	Teeth Extractions (% of adults ages 65+)	+	48	21.5%	13.4

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **California**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of full-mouth teeth extractions
- · High home health care worker
- · Low prevalence of smoking

### **Challenges:**

- · High prevalence of excessive drinking
- · Low volunteerism rate
- · Low prevalence of cancer screenings

### **Highlights:**

DRUG DEATHS

**470%** 

from 6.4 to 10.9 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

EARLY DEATHS

from 1,452 to 1,743 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

from 57.2% to 68.8% of adults ages 65+ between 2011 and 2020

Measure	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	DNOMIC FACTORS*	++	36	-0.251	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	35	442	399
Economic	Food Insecurity (% of adults ages 60+)	+++	23	12.1%	12.6
Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	37	54.5	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	33	\$30	\$57
ınd	High-speed Internet (% of households with adults ages 65+)	+++++	6	82.8%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++++	17	12.1%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	38	63	-
	Volunteerism (% of adults ages 65+)	+	44	26.4%	31.6
PHYSICAL EN	VIRONMENT*	+	49	-1.110	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	50	13.3	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	49	42.2%	32.7
CLINICAL CAI	RE*	+++	25	0.076	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	2	2.8%	4.29
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++	34	23.7	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	3	100.0	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+	49	65.5%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++++	20	68.8%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+	42	68.7%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5
	Hospice Care (% of Medicare decedents)	++	36	46.1%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	24	46.5%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	15	1,259	1,58
BEHAVIORS*		++++	11	0.554	_
Nutrition and	Exercise (% of adults ages 65+)	++	31	21.3%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	15	8.3%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	9	25.5%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	34	26.7%	26.0
obacco Use	Smoking (% of adults ages 65+)	+++++	2	5.4%	8.99
HEALTH OUT	OMES*	++++	19	0.258	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	10.9	8.4
-lealth	Excessive Drinking (% of adults ages 65+)	+	46	9.4%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+	42	9.1%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	++++	16	16.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	11	1,743	2,07
-	Early Death Racial Disparity (ratio) <sup>‡</sup>		_	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++++	15	26.5%	27.1
	Frequent Physical Distress (% of adults ages 65+)	+++	30	14.8%	14.5
	High Health Status (% of adults ages 65+)‡	+	42	39.0%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	16	40%	469
	Obesity (% of adults ages 65+)	+++++	9	26.1%	29.3
	Teeth Extractions (% of adults ages 65+)	+++++	3	9.0%	13.4
OVERALL		+++	26	0.060	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



### **Colorado**

Overall Rank:

### **Summary**

### **Strengths:**

- Low prevalence of multiple chronic conditions
- · High volunteerism rate
- · Low prevalence of physical inactivity

### **Challenges:**

- · High suicide rate
- · High prevalence of falls
- High percentage of low-care nursing home residents

### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 13.7% to 25.0% of residents between 2019 and 2020

DRUG DEATHS

from 7.7 to 10.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FLU VACCINATION

from 55.9% to 70.2% of adults ages 65+ between 2018 and 2020

Samily Safety   Scoombic   Food Insecurity (% of adults ages 60+)	Measure	S	Rating	State Rank	State Value	U.S. Value
Camply Safety   Conomic   Food Insecurity (% of adults ages 60+)	SOCIAL & ECC	NOMIC FACTORS*	++++	20	0.292	_
Poverty (% of adults ages 65+)	Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	31	423	399
Poverty Racial Disparity (ratio)*	Economic		++			12.6%
SNAP Reach (participants per 100 adults ages 60+   +++   23   76.7   81.0	Resources	, .	+++++	7		9.4%
In poverty   Community Support Expenditures (dollars per adult ages 60+)		, , , , , , , , , , , , , , , , , , , ,		_		
Community Support Expenditures (dollars per adult ages 60+)			+++	23	/0./	01.0
Compagement   Compagement   Compagement   Compagement   Risk of Social Isolation (Index 1-100), adults ages 65+)   ++++++   7   33   33   33   33   33	Social Support		+++	26	\$37	\$57
Risk of Social Isolation (index 1-100, adults ages 65+)	and	High-speed Internet (% of households with adults ages 65+)	+++++	3	83.7%	78.0%
Volunteerism (% of adults ages 65+)	Engagement		+	46	25.0%	15.2%
Air and Water			+++++			
Air and Water   Air Pollution (micrograms of fine particles per cubic meter)		Volunteerism (% of adults ages 65+)	+++++	7	39.6%	31.6%
Diraking   Drinking Water Violations (% of community water systems)   ++++	PHYSICAL EN	VIRONMENT*	+++	23	0.423	_
CLINICAL CARE*	Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	18	6.9	8.3
Access to Care	Quality					0.8%
Access to Care	Housing	·	++	34	32.3%	32.7%
Access to Care		an adult ages 62+)				
Geriatric Providers (providers per 100,000 adults ages 65+) +++++ 10 37.7 31.1     Home Health Care Workers (workers per 1,000 adults	CLINICAL CAP	RE*	+++++	7	0.581	_
Home Health Care Workers (workers per 1,000 adults	Access to Care					4.2%
Ages 65+)						
Flu Vaccination (% of adults ages 65+)			+++	22	41.8	5/./
Preventable   Provider   Provider   Preventable   Preven	Preventive	9 (	+++			75.9%
Dedicated Health Care Provider (% of adults ages 65+)						67.3%
Hospice Care (% of Medicare decedents)						
Hospital Readmissions (risk-standardized readmission rate per 100 admissions)   Nursing Home Quality (% of beds rated four or five stars)						
Nursing Home Quality (% of beds rated four or five stars)		Hospital Readmissions (risk-standardized readmission rate				
Medicare beneficiaries ages 65-74    BEHAVIORS*		,	++++	12	52.3%	41.2%
Nutrition and   Exercise (% of adults ages 65+)   ++++++   2   29.9%   23.1%			+++++	3	817	1,582
Physical   Fruit and Vegetable Consumption (% of adults ages 65+)   +++++   20   7.8%   7.3%   30.6%   Activity   Physical Inactivity (% of adults ages 65+ in fair or   +++++   1   21.3%   30.6%   30.6%   21.3%   30.6%	BEHAVIORS*		+++++	1	1.224	_
Physical Inactivity	Nutrition and	Exercise (% of adults ages 65+)	+++++	2	29.9%	23.1%
Detter health   Insufficient Sleep (% of adults ages 65+)	Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	20	7.8%	7.3%
HEALTH OUTCOMES*	Activity	better health)	+++++	1	21.3%	30.6%
#### 5 0.564 —  Behavioral Drug Deaths (deaths per 100,000 adults ages 65+)‡ — 10.4 8.4  Health Excessive Drinking (% of adults ages 65+) + 4 37 8.1% 7.4%  Frequent Mental Distress (% of adults ages 65+) + + 43 24.1 16.9  Wortality Early Death (deaths per 100,000 adults ages 65-74) + + 4 1,661 2.072  Early Death (adaths per 100,000 adults ages 65-74) + + 4 1,661 2.072  Early Death Racial Disparity (ratio)‡ — 1.8 1.6  Physical Health Falls (% of adults ages 65+) + + 36 29.8% 27.1%  Frequent Physical Distress (% of adults ages 65+) + + 17 12.9% 14.5%  High Health Status (% of adults ages 65+)‡ + + + 2 53.5% 43.5%  Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)  Obesity (% of adults ages 65+) + ++++ 3 23.9% 29.39						26.0%
Behavioral         Drug Deaths (deaths per 100,000 adults ages 65+)*         —         10.4         8.4           Health         Excessive Drinking (% of adults ages 65+)         ++         37         8.1%         7.4%           Frequent Mental Distress (% of adults ages 65+)         ++++++         8         6.4%         8.1%           Suicide (deaths per 100,000 adults ages 65+)         +         43         24.1         16.9           Mortality         Early Death (deaths per 100,000 adults ages 65-74)         +++++         4         1,661         2,072           Early Death Racial Disparity (ratio)*         -         1.8         1.6           Physical Health         Falls (% of adults ages 65+)         +++         36         29.8%         27.1%           Prequent Physical Distress (% of adults ages 65+)         ++++         36         29.8%         27.1%           High Health Status (% of adults ages 65+)*         ++++         2         53.5%         43.5%           Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)         ++++         3         23.9%         29.3%           Obesity (% of adults ages 65+)         +++++         3         23.9%         29.3%	lobacco Use	Smoking (% of adults ages 65+)	+++++	10	7.3%	8.9%
Excessive Drinking (% of adults ages 65+)	HEALTH OUTC	OMES*	+++++	5	0.564	_
Frequent Mental Distress (% of adults ages 65+) +++++ 8 6.4% 8.1% Suicide (deaths per 100,000 adults ages 65+) + 43 24.1 16.9  Mortality Early Death (deaths per 100,000 adults ages 65-74) +++++ 4 1,661 2,072	Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	10.4	8.4
Suicide (deaths per 100,000 adults ages 65+)	Health		++	37		7.4%
Early Death (deaths per 100,000 adults ages 65-74)		· · · · · · · · · · · · · · · · · · ·				8.1%
Early Death Racial Disparity (ratio)   -   1.8   1.6						16.9
Physical Health Falls (% of adults ages 65+) ++ 36 29.8% 27.1%   Frequent Physical Distress (% of adults ages 65+) ++++ 17 12.9% 14.5%   High Health Status (% of adults ages 65+) +++++ 2 53.5% 43.5%   Multiple Chronic Conditions (% of Medicare beneficiaries +++++ 5 33% 46% ages 65-74)   Obesity (% of adults ages 65+) +++++ 3 23.9% 29.3%	wortality		+++++			
Frequent Physical Distress (% of adults ages 65+) ++++ 17 12.9% 14.5% High Health Status (% of adults ages 65+)‡ +++++ 2 53.5% 43.5% Multiple Chronic Conditions (% of Medicare beneficiaries +++++ 5 33% 46% ages 65-74) Obesity (% of adults ages 65+) +++++ 3 23.9% 29.3%	Physical Health		++			
High Health Status (% of adults ages 65+)* +++++ 2 53.5% 43.5% Multiple Chronic Conditions (% of Medicare beneficiaries +++++ 5 33% 46% ages 65-74) Obesity (% of adults ages 65+) +++++ 3 23.9% 29.3%	117 SIOUI I IGAILII					14.5%
Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)       +++++ 5 33%       46%         Obesity (% of adults ages 65+)       +++++ 3 23.9%       29.3%						43.5%
Obesity (% of adults ages 65+) +++++ 3 23.9% 29.3%		Multiple Chronic Conditions (% of Medicare beneficiaries				46%
Teeth Extractions (% of adults ages 65+) +++++ 6 9.6% 13.4%			+++++	3	23.9%	29.3%
		Teeth Extractions (% of adults ages 65+)	+++++	6	9.6%	13.4%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **Connecticut**

#### Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of frequent physical distress
- Low percentage of older adults who avoided care due to cost
- · Low prevalence of smoking

### **Challenges:**

- · High prevalence of excessive drinking
- High percentage of low-care nursing home residents
- · High prevalence of severe housing problems

### **Highlights:**

SUICIDE

from 9.5 to 13.4 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

PHYSICAL INACTIVITY

**~20%** 

from 31.2% to 25.1% of adults ages 65+ in fair or better health between 2011 and 2020

EARLY DEATHS

from 1,469 to 1,742 deaths per 100,000 adults ages 65-74 between 2019 and 2020

	Violent Crime (offenses per 100,000 population)  Food Insecurity (% of adults ages 60+) Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)† SNAP Reach (participants per 100 adults ages 60+ in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1–100, adults ages 65+) Volunteerism (% of adults ages 65+)  //RONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems)	****  ****  ****  ****  ****  ***  ***  ***  ***  ***  ***  **	17 4 29 9 - 1 30 17 31 23	0.348 182 13.0% 7.3% 7.3 100.0 \$34 79.8% 16.5%	399 12.6% 9.4% 2.7 81.0 \$57 78.0% 15.2%
Family Safety Economic Resources Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing	Food Insecurity (% of adults ages 60+) Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)* SNAP Reach (participants per 100 adults ages 60+             in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  VIRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++ +++++ +++++ +++ +++ +++ +++	29 9 - 1 30 17 31 23	13.0% 7.3% 7.3 100.0 \$34 79.8% 16.5%	12.6% 9.4% 2.7 81.0 \$57 78.0%
Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing	Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)† SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  //RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++++ ++++ +++ +++ +++	9 - 1 30 17 31 23	7.3% 7.3 100.0 \$34 79.8% 16.5%	9.4% 2.7 81.0 \$57 78.0%
Social Support and Engagement PHYSICAL ENV Air and Water Quality Housing	Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  //IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++++ +++ +++ +++	30 17 31 23	7.3 100.0 \$34 79.8% 16.5%	2.7 81.0 \$57 78.0%
and Engagement  PHYSICAL ENV Air and Water Quality Housing	SNAP Reach (participants per 100 adults ages 60+ in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)	+++ ++++ ++ +++	30 17 31 23	\$34 79.8% 16.5%	\$1.0 \$57 78.09
end Engagement PHYSICAL ENV Air and Water Quality Housing	in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  //IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++ ++++ ++ +++	30 17 31 23	\$34 79.8% 16.5%	\$57 78.09
and Engagement  PHYSICAL ENV Air and Water Quality Housing	High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  //IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	++++ ++ +++ +++	17 31 23	79.8% 16.5%	78.09
Engagement  PHYSICAL ENV  Air and Water  Quality  Housing	Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  //RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	++ +++ +++	31 23	16.5%	
PHYSICAL ENV Air and Water Quality Housing	Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  /IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++	23		15.29
Air and Water Quality Housing	Volunteerism (% of adults ages 65+)  VIRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)	+++			1
Air and Water Quality Housing	/IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)			48	_
Air and Water Quality Housing	Air Pollution (micrograms of fine particles per cubic meter)	+	25	32.8%	31.69
Quality Housing			42	-0.080	_
Housing	Drinking Water Violations (% of community water systems)	+++	27	7.3	8.3
, and the second		++++	14	0.1%	0.8%
CLINICAL CAR	Severe Housing Problems (% of small households with an adult ages 62+)	+	46	39.4%	32.79
	E*	+++++	6	0.599	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	1	2.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	4	49.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	14	52.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	16	78.8%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	3	74.0%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	++	31	71.5%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	6	95.9%	93.59
	Hospice Care (% of Medicare decedents) Hospital Readmissions (risk-standardized readmission rate	+++	30 42	48.6% 17	50.79
	per 100 admissions)		20	40.70/	41.00
	Nursing Home Quality (% of beds rated four or five stars) Preventable Hospitalizations (discharges per 100,000	+++	30 21	43.7% 1,352	41.29 1,582
	Medicare beneficiaries ages 65-74)	***	21	1,002	1,502
BEHAVIORS*		+++++	3	1.044	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	9	27.3%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	2	11.7%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	6	25.1%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	26	25.4%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++++	5	7.0%	8.9%
HEALTH OUTC	OMES*	+++++	2	0.822	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	10.4	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	7	6.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	9	13.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	9	1,742	2,072
DI 1 111 11	Early Death Racial Disparity (ratio)‡			1.6	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	2	21.3%	27.19
	Frequent Physical Distress (% of adults ages 65+)	+++++	1	10.0%	14.59
	High Health Status (% of adults ages 65+) <sup>‡</sup>	+++++	6	51.4%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	26	45%	46%
	Obesity (% of adults ages 65+) Teeth Extractions (% of adults ages 65+)	++++	16	27.6%	29.39
		+++++	5	9.5%	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## Delaware

Overall Rank:

### **Summary**

### **Strengths:**

- · Low suicide rate
- · High volunteerism rate
- High percentage of four- or five-star nursing home beds

### **Challenges:**

- High prevalence of multiple chronic conditions
- High prevalence of obesity
- High preventable hospitalization rate

### **Highlights:**

OBESITY

from 28.9% to 37.6% of adults ages 65+ between 2011 and 2020

**EARLY DEATHS** 

from 1,591 to 1,915 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

16%

from 58.3% to 67.8% of adults ages 65+ between 2018 and 2020

Measure	S	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECO	DNOMIC FACTORS*	+++++	4	0.704	_
Community and	Violent Crime (offenses per 100,000 population)	++	34	432	399
conomic	Food Insecurity (% of adults ages 60+)	++++	15	10.2%	12.69
Resources	Poverty (% of adults ages 65+)	+++++	9	7.3%	9.4%
	Poverty Racial Disparity (ratio)‡		_	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	22	77.4	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	19	\$50	\$57
ınd	High-speed Internet (% of households with adults ages 65+)	+++++	8	82.6%	78.09
ngagement	Low-care Nursing Home Residents (% of residents)	+++	22	13.6%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	3	20	-
	Volunteerism (% of adults ages 65+)	+++++	6	39.7%	31.69
PHYSICAL EN	VIRONMENT*	+++	24	0.393	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	39	8.2	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	22	28.4%	32.79
CLINICAL CAI	RE*	+++	21	0.205	_
ccess to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	32	4.3%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	31	25.3	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	24	40.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	25	77.5%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++	26	67.8%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	30	71.6%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	13	94.8%	93.5
	Hospice Care (% of Medicare decedents)	+++++	2	59.4%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	5	59.6%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	37	1,826	1,58
BEHAVIORS*		++	32	-0.122	_
lutrition and	Exercise (% of adults ages 65+)	++++	18	24.9%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	17	8.2%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	36	32.8%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	39	28.0%	26.0
obacco Use	Smoking (% of adults ages 65+)	+++	29	9.8%	8.9%
HEALTH OUT	COMES*	++	31	-0.016	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	8.1	8.4
-lealth	Excessive Drinking (% of adults ages 65+)	+++	24	7.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	4	10.2	16.9
			10	1,915	2,07
Mortality		++++	19	1,010	1
Mortality	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡	++++	- 19	1.6	1.6
•	Early Death (deaths per 100,000 adults ages 65-74)	++++	19 — 10		
•	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡ Falls (% of adults ages 65+)		_	1.6	27.19
	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡	+++++	_ 10	1.6 25.6%	27.19 14.59
	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+++++	10 30	1.6 25.6% 14.8%	27.19 14.59 43.5
•	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)* Multiple Chronic Conditions (% of Medicare beneficiaries	+++++	10 30 30	1.6 25.6% 14.8% 44.8%	27.19 14.59 43.5 469
Mortality Physical Health	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)* Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	10 30 30 47	1.6 25.6% 14.8% 44.8% 54%	27.19 14.59 43.59 46% 29.39

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **Florida**

State Health Department Website: floridahealth.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of falls
- High level of community support expenditures
- High prevalence of cancer screenings

### **Challenges:**

- · High prevalence of multiple chronic conditions
- · Low flu vaccination rate
- · Low home health care worker rate

### **Highlights:**

DRUG DEATHS

from 4.5 to 7.1 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FREQUENT PHYSICAL DISTRESS

**~24%** 

from 19.9% to 15.1% of adults ages 65+ between 2019 and 2020

GERIATRIC PROVIDERS

20%

from 25.7 to 30.9 per 100,000 adults ages 65+ between September 2018 and September 2021

Measure	s	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	DNOMIC FACTORS*	+++	21	0.263	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	26	384	399
conomic	Food Insecurity (% of adults ages 60+)	+++	29	13.0%	12.69
Resources	Poverty (% of adults ages 65+)	+	45	10.7%	9.49
icocuroco	Poverty Racial Disparity (ratio)‡		-	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+	+++++	1	100.0	81.0
	in poverty)			100.0	01.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	2	\$166	\$5
and	High-speed Internet (% of households with adults ages 65+)	+++++	10	82.3%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	++++	14	11.3%	15.2
ingagomone	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	10.2
	Volunteerism (% of adults ages 65+)	+	43	26.8%	31.6
D.I.V. 10.11 D.I.	<u> </u>				
PHYSICAL EN		++	35	0.083	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
Quality	Drinking Water Violations (% of community water systems)	++	40	1.3%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	36	33.9%	32.7
CLINICAL CAP	RE*	++	38	-0.307	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.2
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	19	30.9	31.
		+	50	15.7	57.
	Home Health Care Workers (workers per 1,000 adults ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+	48	61.6%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+	46	64.3%	70.3
Gervices Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5
	Hospice Care (% of Medicare decedents)	+++++	4	57.9%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	18	48.7%	41.2
	Preventable Hospitalizations (discharges per 100,000	++	32	1,698	1,58
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		+++	22	0.134	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	8	27.8%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	33	6.1%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	28	30.6%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	28	25.5%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++++	19	8.6%	8.9
HEALTH OUTC	OMES*	++	33	-0.076	_
	Drug Deaths (deaths per 100,000 adults ages 65+)*			7.1	0.4
Behavioral Health			- 20		8.4
neditii	Excessive Drinking (% of adults ages 65+)	+++	30	7.8%	7.49
	Frequent Mental Distress (% of adults ages 65+)	++	36	8.6%	8.19
Mantality	Suicide (deaths per 100,000 adults ages 65+)	++	37	20.4	16.
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	16	1,821	2,07
Name to a little of the	Early Death Racial Disparity (ratio)‡			1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	4	24.2%	27.1
	Frequent Physical Distress (% of adults ages 65+)	++	34	15.1%	14.5
	High Health Status (% of adults ages 65+)*	+++	25	45.9%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)	+	44	53%	469
	Obesity (% of adults ages 65+)	++++	15	27.4%	29.3
	Teeth Extractions (% of adults ages 65+)	++	31	13.9%	13.4

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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## Georgia

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- · Low percentage of low-care nursing home residents
- · High percentage of older adults with a dedicated health care provider

### **Challenges:**

- · High prevalence of full-mouth teeth extractions
- · Low home health care worker rate
- · High prevalence of physical inactivity

### **Highlights:**

DRUG DEATHS

from 4.4 to 7.1 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

OBESITY

from 25.4% to 32.6% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

from 55.2% to 65.8% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & EC	DNOMIC FACTORS*	++	39	-0.390	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	28	400	399
Economic	Food Insecurity (% of adults ages 60+)	+	42	15.3%	12.69
Resources	Poverty (% of adults ages 65+)	++	40	10.4%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	20	79.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	47	\$21	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	31	75.9%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+++	23	14.1%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	34	61	_
	Volunteerism (% of adults ages 65+)	++	34	29.5%	31.69
PHYSICAL EN	VIRONMENT*	+++	30	0.300	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	33	7.8	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with	++	32	30.9%	32.79
nousing	an adult ages 62+)	***	52	30.3%	32.77
CLINICAL CAI	RE*	+	41	-0.380	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	45	5.4%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	22	29.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	46	26.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	33	76.0%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	++	33	65.8%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	29	71.7%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	21	94.2%	93.59
	Hospice Care (% of Medicare decedents)	++++	18	51.0%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	47	28.8%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	43	1,908	1,582
BEHAVIORS*		++	39	-0.370	_
Nutrition and	Exercise (% of adults ages 65+)	+++	23	23.4%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	34	6.0%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	40	34.4%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	33	26.5%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.9%
HEALTH OUT	OMES*	++	37	-0.393	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	7.1	8.4
Health	Excessive Drinking (% of adults ages 65+)	++++	12	6.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	36	8.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	28	18.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	40	2,342	2,072
-	Early Death Racial Disparity (ratio)*		_	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	++++	18	27.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.59
	High Health Status (% of adults ages 65+)*	+	43	38.8%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	40	50%	46%
	Obesity (% of adults ages 65+)	++	39	32.6%	29.39
					1
	Teeth Extractions (% of adults ages 65+)	+	41	17.5%	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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## Hawaii

State Health Department Website: health.hawaii.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low early death rate
- · Low prevalence of falls
- · Low percentage of low-care nursing home residents

### **Challenges:**

- · Low volunteerism rate
- Low pneumonia vaccination rate
- · High prevalence of insufficient sleep

### **Highlights:**

DRUG DEATHS

from 4.9 to 11.2 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FREQUENT MENTAL DISTRESS

from 4.7% to 7.6% of adults ages 65+ between 2014 and 2020

HIGH HEALTH STATUS

**^26%** 

from 36.1% to 45.4% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	++++	11	0.533	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	10	254	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	9	9.3%	12.6%
Resources	Poverty (% of adults ages 65+)	+++	28	8.7%	9.4%
	Poverty Racial Disparity (ratio)‡		_	1.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	17	\$51	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	10	82.3%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	1	3.7%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	++++	16	43	_
	Volunteerism (% of adults ages 65+)	+	49	25.1%	31.6%
PHYSICAL EN	VIRONMENT*	++++	20	0.520	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	2	4.3	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	44	37.2%	32.7%
CLINICAL CAI	RE*	++++	14	0.353	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
ricecco to care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	8	42.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	40	32.8	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+	44	63.4%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+	50	61.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	9	95.2%	93.5%
	Hospice Care (% of Medicare decedents)	++	40	45.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	2	75.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	2	786	1,582
BEHAVIORS*		+++	23	0.090	_
Nutrition and	Exercise (% of adults ages 65+)	++++	15	25.8%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	25	7.6%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	10	25.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	50	38.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	12	7.6%	8.9%
HEALTH OUT	OMES*	+++++	1	1.099	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	11.2	8.4
Health	Excessive Drinking (% of adults ages 65+)	+	42	8.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	24	7.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	10	13.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	1	1,527	2,072
	Early Death Racial Disparity (ratio)‡			1.4	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	2	10.2%	14.5%
	High Health Status (% of adults ages 65+)‡	+++	28	45.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	19	41%	46%
	Obesity (% of adults ages 65+)	+++++	1	18.7%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	1	5.6%	13.4%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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## Idaho

State Health Department Website: <u>healthandwelfare.idaho.gov</u>

Overall Rank:

### Summary

### **Strengths:**

- Low prevalence of multiple chronic conditions
- · Low preventable hospitalization rate
- Low prevalence of insufficient sleep

### **Challenges:**

- · High suicide rate
- · Low flu vaccination rate
- · Low geriatric provider rate

### **Highlights:**

DRUG DEATHS

from 3.5 to 10.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FALLS

from 33.3% to 26.0% of adults ages 65+ between 2018 and 2020

**HOME HEALTH CARE WORKERS** 

from 51.0 to 57.3 aides per 1,000 adults ages 65+ between 2016 and 2020

Measure	s	Rating	State Rank	State Value	U.S Valu
SOCIAL & EC	DNOMIC FACTORS*	++++	14	0.394	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	9	243	399
Economic	Food Insecurity (% of adults ages 60+)	++++	13	9.7%	12.69
Resources	Poverty (% of adults ages 65+)	+++++	4	6.9%	9.49
	Poverty Racial Disparity (ratio)‡		_	3.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	38	54.4	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	42	\$24	\$57
ind	High-speed Internet (% of households with adults ages 65+)	++++	12	81.3%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++	37	17.4%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	4	21	-
	Volunteerism (% of adults ages 65+)	+++	27	31.0%	31.6
PHYSICAL EN	VIRONMENT*	++++	13	0.637	_
ir and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	9	6.1	8.3
Quality	Drinking Water Violations (% of community water systems)	+	42	1.8%	0.89
lousing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	17	27.1%	32.7
CLINICAL CA	RE*	++++	19	0.233	_
ccess to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	17	3.8%	4.29
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+	48	13.4	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	11	57.3	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	++	31	76.5%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+	45	62.5%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++	34	71.3%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	45	90.5%	93.5
	Hospice Care (% of Medicare decedents)	+++++	9	53.9%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	4	60.7%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	1	783	1,58
BEHAVIORS*		++++	14	0.484	_
Nutrition and	Exercise (% of adults ages 65+)	+	41	19.4%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	22	7.7%	7.39
Hysicai	Physical Inactivity (% of adults ages 65+ in fair or	++++	15	27.8%	30.6
Activity	, , , ,				
	better health)	++++	Δ	20.4%	26.0
leep Health	, , , ,	+++++	4 8	20.4% 7.2%	_
Sleep Health obacco Use	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)				_
Sleep Health Tobacco Use	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+++++	8	7.2% <b>0.195</b>	8.9
Sleep Health Tobacco Use HEALTH OUTO Behavioral	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)*	+++++	8 <b>20</b> –	7.2% <b>0.195</b> 10.4	8.99
Sleep Health Tobacco Use HEALTH OUTO Behavioral	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  SOMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)	+++++	8 <b>20</b> - 20	7.2% <b>0.195</b> 10.4 7.1%	8.9° 
Sleep Health Tobacco Use HEALTH OUTO Behavioral	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  SOMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	+++++ ++++	8 <b>20</b> - 20 33	7.2% <b>0.195</b> 10.4 7.1% 8.4%	8.99 
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)	++++ ++++ ++++ +	8 <b>20</b> — 20 33 46	7.2% <b>0.195</b> 10.4 7.1% 8.4% 27.2	8.99 
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)	+++++ ++++ ++	8 <b>20</b> - 20 33	7.2% <b>0.195</b> 10.4  7.1%  8.4%  27.2  1,748	8.9° 
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health Mortality	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)  **Total Company	+++++ ++++ ++++ +	8 20 - 20 33 46 12 -	7.2% <b>0.195</b> 10.4  7.1%  8.4%  27.2  1,748  1.5	8.9°  8.4° 7.4° 8.1° 16.9° 16.9° 1.60
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health Mortality	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)‡  Falls (% of adults ages 65+)	******  *****  *****  *****  *****  ****	8 20 - 20 33 46 12 - 12	7.2% <b>0.195</b> 10.4 7.1% 8.4% 27.2 1,748 1.5 26.0%	8.9°  8.4  7.49  8.19  16.9  2,07  1.60  27.11
Gleep Health Fobacco Use  HEALTH OUTO Behavioral Health Mortality	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+++++ ++++ ++++ ++++++++++++++++++++++	8 20 - 20 33 46 12 - 12 29	7.2%  0.195  10.4  7.1%  8.4%  27.2  1,748  1.5  26.0%  14.7%	8.9°  8.4  7.49  8.19  16.9  2,07  1.6  27.1°  14.5
Activity Sleep Health Tobacco Use  HEALTH OUT Sehavioral Health  Mortality  Physical Health	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)	*****  ****  ****  ****  ****  ****  ****	8 20 - 20 33 46 12 - 12 29 17	7.2%  0.195  10.4 7.1% 8.4% 27.2 1,748 1.5 26.0% 14.7% 47.9%	8.9°  8.4  7.4°  8.19  16.9  2,07  1.6  27.1°  14.5  43.5
Gleep Health Fobacco Use  HEALTH OUTO Behavioral Health Mortality	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	*****  ****  ****  ****  ****  ****  ****	8 20 20 33 46 12 12 29 17 7	7.2%  0.195  10.4  71%  8.4%  27.2  1,748  1.5  26.0%  14.7%  47.9%  35%	26.0 8.99 8.4 7.49 8.19 16.9 2,07 1.6 27.11 14.5 469
Gleep Health Fobacco Use  HEALTH OUTO Behavioral Health Mortality	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries	*****  ****  ****  ****  ****  ****  ****	8 20 - 20 33 46 12 - 12 29 17	7.2%  0.195  10.4 7.1% 8.4% 27.2 1,748 1.5 26.0% 14.7% 47.9%	8.99 8.4 7.49 8.19 16.9 2,07 1.6 27.11 14.5 43.5

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## Illinois

State Health Department Website: dph.illinois.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low suicide rate
- · Low prevalence of falls
- · Low prevalence of frequent mental distress

### **Challenges:**

- High percentage of older adults who avoided care due to cost
- Low percentage of four- or five-star nursing home beds
- · High prevalence of physical inactivity

### **Highlights:**

from 31.6% to 20.0% of adults ages 65+ between 2016 and 2020

FLU VACCINATION

from 52.5% to 72.1% of adults ages 65+ between 2012 and 2020

**EARLY DEATHS** 

from 1,755 to 2,149 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	++	31	-0.039	_
•	Violent Crime (offenses per 100,000 population)	++	33	426	399
Family Safety					
Economic	Food Insecurity (% of adults ages 60+)	+++	27	12.9%	12.69
Resources	Poverty (% of adults ages 65+)	+++	26	8.6%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	13	98.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	33	75.1%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+++	24	14.8%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	39	65	_
	Volunteerism (% of adults ages 65+)	+++	24	33.0%	31.69
PHYSICAL EN	VIRONMENT*	+	45	-0.277	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	49	9.6	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with	++	38	34.6%	32.79
Tousing	an adult ages 62+)	TT	30	34.0%	32.77
CLINICAL CAI	RE*	+	50	-0.748	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	50	6.0%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	27	26.5	31.1
			21	43.6	57.7
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++			
Preventive	Cancer Screenings (% of adults ages 65–75)	+	48	67.2%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	7	72.1%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+	47	64.1%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	28	93.5%	93.59
	Hospice Care (% of Medicare decedents)	+++	23	50.3%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+	48	28.4%	41.29
	Preventable Hospitalizations (discharges per 100,000	++	39	1,836	1,582
	Medicare beneficiaries ages 65-74)		00	1,000	1,002
BEHAVIORS*		+++	29	-0.052	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	5	28.3%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	22	7.7%	7.3%
•			42	35.2%	
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	42	33.2%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++	28	9.6%	8.9%
HEALTH OUT	OMES*	+++++	8	0.523	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	7.9	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	7	5.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	8	6.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	7	12.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	33	2,149	2,072
vioi taiity	Early Death (death's per 100,000 addits ages 65-74)  Early Death Racial Disparity (ratio)‡	7.7	-		1.6
Dhyaiaal IIle!	, , , ,	11111		1.8	
Physical Health	Falls (% of adults ages 65+)	+++++	1	20.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	20	13.1%	14.59
	High Health Status (% of adults ages 65+)‡	++	31	43.9%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	23	44%	46%
	Obesity (% of adults ages 65+)	++	34	31.6%	29.39
					1
	Teeth Extractions (% of adults ages 65+)	++	33	14.9%	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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## **Indiana**

## Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- Low percentage of low-care nursing home residents
- · High volunteerism rate

### **Challenges:**

- · High early death rate
- · High prevalence of obesity
- · High prevalence of smoking

### **Highlights:**

DRUG DEATHS

from 3.5 to 7.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**GERIATRIC PROVIDERS** 

from 23.8 to 32.5 per 100,000 adults ages 65+ between September 2018 and September 2021

from 26.6% to 34.3% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	+++	24	0.144	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	24	358	399
Economic	Food Insecurity (% of adults ages 60+)	+++	26	12.7%	12.6%
Resources	Poverty (% of adults ages 65+)	++++	16	7.7%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	42	49.5	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	31	\$33	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	35	75.0%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	9	10.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	_
	Volunteerism (% of adults ages 65+)	+++++	10	38.0%	31.6%
PHYSICAL EN	VIRONMENT*	+++	27	0.360	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	45	8.7	8.3
Quality	Drinking Water Violations (% of community water systems)	++	33	0.4%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	13	26.2%	32.7%
CLINICAL CAR	RE*	+++	27	0.020	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	15	3.6%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	16	32.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	36	36.1	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	37	74.5%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++	24	68.0%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	17	73.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	19	94.3%	93.5%
Quality of Garc	Hospice Care (% of Medicare decedents)	++++	17	51.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	36	38.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	40	1,838	1,582
BEHAVIORS*		++	33	-0.150	
	F				00.10/
Nutrition and	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+)	+++	27 7	21.8% 8.8%	23.1% 7.3%
Physical Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	39	33.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	20	24.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	43	11.2%	8.9%
HEALTH OUTC	OMES*	+	41	-0.488	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	7.4	8.4
Health	Excessive Drinking (% of adults ages 65+)	++++	14	6.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	34	8.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	16	16.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	42	2,387	2,072
/	Early Death Racial Disparity (ratio)‡		_	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	++	40	30.2%	27.1%
,	Frequent Physical Distress (% of adults ages 65+)	++	39	15.5%	14.5%
	High Health Status (% of adults ages 65+)‡	++	39	39.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries	+++	29	48%	46%
			20	1070	.0,0
	ages 65-74) Obesity (% of adults ages 65+)	+	46	34 3%	29.3%
	ages 65-74)  Obesity (% of adults ages 65+)  Teeth Extractions (% of adults ages 65+)	+	46 42	34.3% 17.6%	29.3% 13.4%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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State Health Department Website: idph.iowa.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low risk of social isolation
- · Low percentage of older adults who avoided care due to cost
- · Low prevalence of severe housing problems

### **Challenges:**

- · High prevalence of falls
- · High percentage of low-care nursing home residents
- Low geriatric provider rate

### **Highlights:**

EXCESSIVE DRINKING

36%

from 5.3% to 7.2% of adults ages 65+ between 2011 and 2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 17.3% to 11.9% of adults ages 65+ between 2012 and 2020

HIGH HEALTH STATUS

from 42.0% to 46.7% of adults ages 65+ between 2011 and 2020

Measure	S	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	+++	30	-0.011	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	17	304	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	3	7.9%	12.6%
Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)*		_	_	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	44	47.7	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	24	\$40	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	42	72.3%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+	42	20.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	8	34	- 01.00/
	Volunteerism (% of adults ages 65+)	++	38	28.3%	31.6%
PHYSICAL EN		+++++	8	0.767	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.5	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	6	24.6%	32.7%
	•		10	0.400	
CLINICAL CAI		+++++	10	0.492	4.00/
Access to Care	Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	5 44	2.9% 18.0	4.2%
	Home Health Care Workers (workers per 1,000 adults	++++	26	38.7	57.7
	ages 65+)		20	00.7	07.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	21	78.2%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	++++	18	69.1%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	8	75.0%	70.3%
Services Quality of Care	Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++	12 7	94.9%	93.5%
	Hospital Readmissions (risk-standardized readmission rate	+++++	8	56.2% 15	16
	per 100 admissions)		0	10	10
	Nursing Home Quality (% of beds rated four or five stars)	+++	22	46.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	13	1,234	1,582
BEHAVIORS*		+++	25	0.064	_
Nutrition and	Exercise (% of adults ages 65+)	++	31	21.3%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	30	6.8%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	37	32.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	10	22.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	13	7.7%	8.9%
HEALTH OUT	OMES*	+++	21	0.188	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	4.5	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++	21	7.2%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	14	6.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	15	15.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	31	2,084	2,072
Physical Health	Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+)	++	36	1.9 29.8%	1.6 27.1%
i iiyəlcal Health	Frequent Physical Distress (% of adults ages 65+)	++++	12	29.6% 12.4%	14.5%
	High Health Status (% of adults ages 65+)‡	++++	20	46.7%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries	++++	20	42%	46%
	ages 65-74) Obesity (% of adults ages 65+)	++	35	31.8%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	18	11.9%	13.4%
OVERALL		+++	21	0.193	<u> </u>

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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### Kansas

State Health Department Website: kdheks.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- Low prevalence of insufficient sleep
- · Low percentage of older adults who avoided care due to cost

### **Challenges:**

- · High prevalence of falls
- High percentage of low-care nursing home residents
- Low geriatric provider rate

### **Highlights:**

**FULL-MOUTH TEETH EXTRACTIONS** 

from 18.8% to 12.4% of adults ages 65+ between 2012 and 2020

EARLY DEATHS

from 1,922 to 2,192 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

from 39.7% to 45.0% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECO	DNOMIC FACTORS*	++	34	-0.196	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	32	425	399
Economic	Food Insecurity (% of adults ages 60+)	++	40	15.0%	12.6%
Resources	Poverty (% of adults ages 65+)	+++++	7	7.2%	9.4%
	Poverty Racial Disparity (ratio)‡		_	1.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	45	46.4	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++	28	76.5%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+	47	26.0%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	++++	20	45	_
	Volunteerism (% of adults ages 65+)	++++	14	36.4%	31.6%
PHYSICAL EN	VIRONMENT*	+++	28	0.347	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	30	7.6	8.3
Quality	Drinking Water Violations (% of community water systems)	+	41	1.7%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	16	27.0%	32.7%
CLINICAL CAI	RE*	+++	22	0.180	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	2	2.8%	4.2%
iccess to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++	40	19.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	17	49.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	38	74.4%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++	27	67.4%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	15	73.9%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	29	93.4%	93.59
	Hospice Care (% of Medicare decedents)	++++	12	53.3%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	21	47.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	23	1,448	1,582
BEHAVIORS*		++++	20	0.160	_
Nutrition and	Exercise (% of adults ages 65+)	+++	30	21.5%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	19	8.1%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	23	29.9%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.9%
HEALTH OUT	OMES*	+++	28	0.100	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	5.4	8.4
-lealth	Excessive Drinking (% of adults ages 65+)	++++	11	5.9%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	19	7.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	26	17.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	34	2,192	2,072
	Early Death Racial Disparity (ratio)*		_	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++	33	29.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	23	13.6%	14.5%
	High Health Status (% of adults ages 65+)‡	+++	29	45.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	23	44%	46%
	Obesity (% of adults ages 65+)	++	31	31.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	21	12.4%	13.4%
OVERALL		+++	27	0.052	<u> </u>

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **Kentucky**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- High percentage of older adults with a dedicated health care provider
- Low prevalence of severe housing problems

### **Challenges:**

- · High prevalence of frequent physical distress
- · High prevalence of full-mouth teeth extractions
- · High prevalence of smoking

### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 5.8% to 12.9% of residents between 2019 and 2020

DRUG DEATHS

from 5.3 to 8.7 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

PNEUMONIA VACCINATION

from 65.6% to 72.9% of adults ages 65+ between 2012 and 2020

Community and Family Safety Economic Resources  Social Support and Engagement  L PHYSICAL ENVI Air and Water Quality Housing  CLINICAL CARE Access to Care  Preventive Clinical Services Quality of Care  R Quality of Care	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+ ++++ + + + + + + + + + + + + + + + +	46 11 46 46 43 38 43 19 46 47 13 33 1 10 37 32 42 41 18 21 20	-0.895 259 17.7% 11.6% 1.7 49.4 \$26 71.8% 12.9% 84 25.7%  0.637 7.8 0.0% 25.7%  -0.281 4.3% 18.9 30.7 78.4% 68.7% 72.9%	399 12.69 9.49 2.7 81.0 \$57 78.09 15.29 - 31.69 - 8.3 0.89 32.79 - 4.29 31.1 57.7
Family Safety Economic F Resources F Social Support C and F Engagement L Air and Water A Quality F Housing S  CLINICAL CARE Access to Care A F Preventive C Clinical F Services F Quality of Care F	Food Insecurity (% of adults ages 60+) Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) high-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-) Placedicated Health Care Provider (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + +	46 46  43 38 43 19 46 47 <b>13</b> 33 1 10 <b>37</b> 32 42 41 18 21 20	17.7% 11.6% 1.7 49.4  \$26 71.8% 12.9% 84 25.7%  0.637 7.8 0.0% 25.7%  -0.281 4.3% 18.9 30.7  78.4% 68.7% 72.9%	12.69 9.4% 2.7 81.0 \$57 78.09 15.29 - 31.69 - 8.3 0.8% 32.79 - 4.2% 31.1 57.7
Resources  Foodial Support And Engagement  Arrand Water Quality Housing  CLINICAL CARE Access to Care Access to Care Clinical Services Quality of Care H	Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) -ligh-speed Internet (% of households with adults ages 65+) -low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) -lovolunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) -Drinking Water Violations (% of community water systems) -Severe Housing Problems (% of small households with an adult ages 62+)  -Avoided Care Due to Cost (% of adults ages 65+) -Geriatric Providers (providers per 100,000 adults ages 65+) -Home Health Care Workers (workers per 1,000 adults ages 65+) -Cancer Screenings (% of adults ages 65-) -Pheumonia Vaccination (% of adults ages 65+) -Pheumonia Vaccination (% of adults ages 65+) -Dedicated Health Care Provider (% of adults ages 65+) -Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + +	46 — 43 38 43 19 46 47 <b>13</b> 33 1 10 <b>37</b> 32 42 41 18 21 20	11.6% 1.7 49.4  \$26 71.8% 12.9% 84 25.7%  0.637 7.8 0.0% 25.7%  -0.281 4.3% 18.9 30.7  78.4% 68.7% 72.9%	9.4% 2.7 81.0 \$57 78.09 15.29 - 31.69 - 8.3 0.8% 32.79 - 4.2% 31.1 57.7
CLINICAL CARE Access to Care Colinical Services Quality of Care Clinical Colinical Colore Colinical Colore	Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65+) Pheumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + +		1.7 49.4 \$26 71.8% 12.9% 84 25.7%  0.637 7.8 0.0% 25.7%  -0.281 4.3% 18.9 30.7  78.4% 68.7% 72.9%	2.7 81.00 \$57 78.09 15.29 - 31.69 - 8.3 0.8% 32.79 - 4.2% 31.1 57.7
Social Support of And Heingagement Land Water Access to Care Acces	SNAP Reach (participants per 100 adults ages 60+ in poverty)  Community Support Expenditures (dollars per adult ages 60+)  High-speed Internet (% of households with adults ages 65+)  Low-care Nursing Home Residents (% of residents)  Risk of Social Isolation (index 1-100, adults ages 65+)  Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65+)  Pheumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+)  Hospice Care (% of Medicare decedents)	++ + + + + + ++ ++ ++ ++ + + + + + + +	38 43 19 46 47 <b>13</b> 33 1 10 <b>37</b> 32 42 41 18 21 20	\$26 71.8% 12.9% 84 25.7%  0.637 7.8 0.0% 25.7%  -0.281 4.3% 18.9 30.7  78.4% 68.7% 72.9%	81.C. \$577 78.09 15.29 — 31.69 — 8.3 0.8% 32.79 — 4.2% 31.11 57.77
PHYSICAL ENVI Air and Water Aquality Cultivating Services Pervices Quality of Care Quality of Care	in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  **  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65+) Place Care Screenings (% of adults ages 65+) Place Care (% of Adults ages 65+) Cedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++ + + + + + ++ ++ ++ ++ + + + + + + +	38 43 19 46 47 <b>13</b> 33 1 10 <b>37</b> 32 42 41 18 21 20	\$26 71.8% 12.9% 84 25.7% <b>0.637</b> 7.8 0.0% 25.7% <b>-0.281</b> 4.3% 18.9 30.7 78.4% 68.7% 72.9%	\$57 78.0° 15.2° - 31.6° - 8.3 0.8° 32.7° - 4.2° 31.1 57.7
Preventive Colinical Services Quality of Care	High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-) Pleu Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+ ++++ + + ++ ++ ++++ +++ ++ ++ ++ ++ +	43 19 46 47 <b>13</b> 33 1 10 <b>37</b> 32 42 41 18 21 20	71.8% 12.9% 84 25.7%  0.637 78 0.0% 25.7%  -0.281 4.3% 18.9 30.7  78.4% 68.7% 72.9%	78.0° 15.2° — 31.6° — 8.3 0.8° 32.7° — 4.2° 31.1° 57.7  75.9° 67.3°
PHYSICAL ENVI Air and Water A Quality C Access to Care A Collinical F Services C Quality of Care H	Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  William Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  **  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+)  Peneumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++ + + ++ ++ ++ +++ ++ ++ + + ++ ++ +	19 46 47 13 33 1 10 37 32 42 41 18 21 20	12.9% 84 25.7% <b>0.637</b> 7.8 0.0% 25.7% <b>-0.281</b> 4.3% 18.9 30.7 78.4% 68.7% 72.9%	15.29 - 31.69 - 8.3 0.89 32.79 - 4.29 31.1 57.7 75.99 67.39
PHYSICAL ENVI Air and Water A Quality D CLINICAL CARE Access to Care A Creventive Clinical F Services P Quality of Care H	Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+) Volunteerism (% of adults ages 65+) Volunteerism (% of adults ages 65+)  BIRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Peneumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+)  Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + +	46 47 13 33 1 10 37 32 42 41 18 21 20	84 25.7% <b>0.637</b> 7.8 0.0% 25.7% <b>-0.281</b> 4.3% 18.9 30.7 78.4% 68.7% 72.9%	- 31.69 - 8.3 0.89 32.79 - 4.29 31.1 57.7 75.99 67.39
PHYSICAL ENVI Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A Preventive Clinical F Gervices F Quality of Care H	Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Pneumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+)  Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + +	47  13  33  1  10  37  32  42  41  18  21  20	25.7%  0.637  7.8  0.0%  25.7%  -0.281  4.3%  18.9  30.7  78.4%  68.7%  72.9%	8.3 0.89 32.79 4.29 31.1 57.7 75.99 67.39
PHYSICAL ENVI Air and Water A Quality	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  **  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pheumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++ ++ +++ +++ ++ ++ ++ ++ ++ ++ ++ ++	33 1 10 37 32 42 41 18 21 20	7.8 0.0% 25.7% -0.281 4.3% 18.9 30.7 78.4% 68.7% 72.9%	8.3 0.89 32.79 4.29 31.1 57.7 75.99 67.39
Air and Water A Quality C Housing S  CLINICAL CARE Access to Care A CO Preventive C Clinical F Services F Quality of Care E	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++ +++++ +++ ++ ++ ++ ++ +++++	33 1 10 37 32 42 41 18 21 20	7.8 0.0% 25.7% -0.281 4.3% 18.9 30.7 78.4% 68.7% 72.9%	0.89 32.79 4.29 31.1 57.7 75.99 67.39
CLINICAL CARE Access to Care Preventive Clinical Evervices Quality of Care	Orinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+++++ +++++ ++ ++ ++ ++ ++ +++++	1 10 37 32 42 41 18 21 20	0.0% 25.7% -0.281 4.3% 18.9 30.7 78.4% 68.7% 72.9%	0.89 32.79 4.29 31.1 57.7 75.99 67.39
Quality Discussing S  CLINICAL CARE Access to Care A  Preventive Clinical F Services F Quality of Care H	Orinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+++++ +++++ ++ ++ ++ ++ ++ +++++	1 10 37 32 42 41 18 21 20	0.0% 25.7% -0.281 4.3% 18.9 30.7 78.4% 68.7% 72.9%	0.89 32.79 4.29 31.1 57.7 75.99 67.39
CLINICAL CARE Access to Care  Preventive Clinical Services Quality of Care	Severe Housing Problems (% of small households with an adult ages 62+)  *Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Pheumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+)  Hospice Care (% of Medicare decedents)	+++++ ++ + + ++ ++++ ++++	10 37 32 42 41 18 21 20	25.7%  -0.281  4.3% 18.9 30.7  78.4% 68.7% 72.9%	32.75 - 4.29 31.1 57.7 75.95 67.35
Access to Care  Access to Care  Preventive Clinical Services Quality of Care H	Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++ + + + + + + + + + + + + + + + + + + +	32 42 41 18 21 20	4.3% 18.9 30.7 78.4% 68.7% 72.9%	4.29 31.1 57.7 75.9 67.39
Access to Care  Access to Care  Preventive Clinical Services Quality of Care H	Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++ + + + + + + + + + + + + + + + + + + +	32 42 41 18 21 20	4.3% 18.9 30.7 78.4% 68.7% 72.9%	4.29 31.1 57.7 75.99 67.39
Preventive Clinical Forvices Paulity of Care	Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+ + + + + + + + + + + + + + + + + + + +	42 41 18 21 20	18.9 30.7 78.4% 68.7% 72.9%	31.1 57.7 75.99 67.39
Preventive Colinical Forvices Foundatity of Care H	Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Pneumonia Vaccination (% of adults ages 65+)  Dedicated Health Care Provider (% of adults ages 65+)  Hospice Care (% of Medicare decedents)	+ ++++	18 21 20	30.7 78.4% 68.7% 72.9%	57.7 75.9° 67.3°
Preventive C Clinical F Services F Quality of Care E	ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++	18 21 20	78.4% 68.7% 72.9%	75.9° 67.3°
Clinical F Services F Quality of Care F	Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	+++	21 20	68.7% 72.9%	67.3
Services P Quality of Care D H	Pneumonia Vaccination (% of adults ages 65+) Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++	20	72.9%	
Quality of Care D	Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)				70.3
F	Hospice Care (% of Medicare decedents)	+++++			
H			7	95.6%	93.5
	Hospital Readmissions (risk-standardized readmission rate	+	44	43.5%	50.7
N	per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	43	33.9%	41.29
F	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	49	2,345	1,58
BEHAVIORS*		+	50	-1.856	_
	Exercise (% of adults ages 65+)	+	50	10.5%	23.19
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	50	3.5%	7.3%
,	Physical Inactivity (% of adults ages 65+ in fair or	+	45	37.0%	30.6
	better health)				
	nsufficient Sleep (% of adults ages 65+)	+	49	32.8%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	48	13.0%	8.9%
HEALTH OUTCO	MES*	+	48	-0.907	_
Behavioral [	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	8.7	8.4
Health E	Excessive Drinking (% of adults ages 65+)	+++++	7	5.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	48	10.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	35	19.5	16.9
	Early Death (deaths per 100,000 adults ages 65-74)	+	45	2,611	2,07
,	Early Death Racial Disparity (ratio)‡		_	1.2	1.6
	Falls (% of adults ages 65+)	+	41	30.6%	27.19
•	Frequent Physical Distress (% of adults ages 65+)	+	49	21.4%	14.59
	High Health Status (% of adults ages 65+)‡	+	46	35.0%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries	+	44	53%	46%
	ages 65-74)				
	Objects (9) of adults ages (FT)				
	Obesity (% of adults ages 65+) Teeth Extractions (% of adults ages 65+)	++++	19 50	28.4% 22.4%	29.39

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## Louisiana

State Health Department Website: Idh.la.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low suicide rate
- · High percentage of older adults with a dedicated health care provider
- Low prevalence of severe housing problems

### **Challenges:**

- · High prevalence of obesity
- · High risk of social isolation
- · High prevalence of physical inactivity

### **Highlights:**

FREQUENT PHYSICAL DISTRESS

28%

from 22.6% to 16.2% of adults ages 65+ between 2017 and 2020

HIGH HEALTH STATUS

from 30.6% to 37.8% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

from 2,184 to 2,691 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECO	DNOMIC FACTORS*	+	48	-1.202	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	46	639	399
Economic	Food Insecurity (% of adults ages 60+)	+	48	18.1%	12.6%
Resources	Poverty (% of adults ages 65+)	+	48	13.2%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.5	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	36	55.4	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	16	\$54	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	46	71.1%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	++	31	16.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	49	98	_
	Volunteerism (% of adults ages 65+)	++	40	27.6%	31.6%
PHYSICAL EN	VIRONMENT*	+++	26	0.363	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	31	7.7	8.3
Quality	Drinking Water Violations (% of community water systems)	+	42	1.8%	0.8%
Housing	Severe Housing Problems (% of small households with	++++	12	26.1%	32.7%
	an adult ages 62+)			200	02.770
CLINICAL CAI	RE*	+	47	-0.505	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	45	5.4%	4.2%
ricecco to care	Geriatric Providers (providers per 100,000 adults ages 65+)	+	47	16.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	18	47.2	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	18	78.4%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+	41	64.4%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	++	40	69.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	3	96.1%	93.5%
Quality of Care	Hospice Care (% of Medicare decedents)	+++	25	50.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	50	21.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000	+	46	2,276	1,582
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		+	45	-1.108	_
Nutrition and	Exercise (% of adults ages 65+)	+	43	18.6%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	44	5.3%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	48	38.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	46	29.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	37	10.3%	8.9%
HEALTH OUT	OMES*	+	49	-0.946	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	9.0	8.4
Health	Excessive Drinking (% of adults ages 65+)	+	45	8.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	18	16.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	47	2,691	2,072
• •	Early Death Racial Disparity (ratio)‡		_	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	28	28.5%	27.1%
,	Frequent Physical Distress (% of adults ages 65+)	+	43	16.2%	14.5%
	High Health Status (% of adults ages 65+)*	+	44	37.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries	+	47	54%	46%
	ages 65-74)	•	7/	J-70	
	Obesity (% of adults ages 65+)	+	49	36.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	40	17.2%	13.4%
OVERALL		+	49	-0.902	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



### Maine

State Health Department Website: maine.gov/dhhs

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of multiple chronic conditions
- Low percentage of low-care nursing home residents
- High prevalence of cancer screenings

### **Challenges:**

- · High suicide rate
- High prevalence of full-mouth teeth extractions
- Low level of community support expenditures

### **Highlights:**

SMOKING

from 6.1% to 8.9% of adults ages 65+ between 2014 and 2020

FREQUENT PHYSICAL DISTRESS

from 16.3% to 12.3% of adults ages 65+ between 2018 and 2020

FLU VACCINATION

from 61.6% to 72.3% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	+++++	9	0.538	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	1	109	399
Economic	Food Insecurity (% of adults ages 60+)	++	33	13.7%	12.6%
Resources	Poverty (% of adults ages 65+)	+++	25	8.5%	9.4%
	Poverty Racial Disparity (ratio)‡		_	_	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	17	85.5	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	36	\$28	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++	27	76.6%	78.09
Ingagement	Low-care Nursing Home Residents (% of residents)	+++++	2	4.4%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	16	43	-
	Volunteerism (% of adults ages 65+)	+++++	5	40.9%	31.6%
PHYSICAL EN	VIRONMENT*	+++++	5	0.910	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	6	5.0	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	31	30.6%	32.7%
CLINICAL CAF	RE*	+++++	2	0.818	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	25	27.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	13	56.2	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	3	81.4%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	5	72.3%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	21	72.7%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	22	94.1%	93.59
•	Hospice Care (% of Medicare decedents)	++++	16	51.4%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	3	62.6%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	12	1,199	1,582
BEHAVIORS*		+++	27	-0.010	_
Nutrition and	Exercise (% of adults ages 65+)	++	40	19.5%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	13	8.4%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	26	30.4%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	29	25.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	22	8.9%	8.9%
HEALTH OUTC	OMES*	+++	26	0.126	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	5.3	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	27	8.0%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	41	21.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	13	1,759	2,072
-	Early Death Racial Disparity (ratio) <sup>‡</sup>		_	_	1.6
Physical Health	Falls (% of adults ages 65+)	++	31	29.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	11	12.3%	14.5%
	High Health Status (% of adults ages 65+)*	+++++	8	50.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	11	37%	46%
	Obesity (% of adults ages 65+)	++++	14	27.3%	29.39
	Teeth Extractions (% of adults ages 65+)	++	39	16.8%	13.49

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



Overall Rank:

## **Maryland**

### Summary

### **Strengths:**

- · Low prevalence of frequent physical distress
- Low percentage of low-care nursing home residents
- · Low prevalence of smoking

### **Challenges:**

- · Low volunteerism rate
- · Low home health care worker rate
- High prevalence of severe housing problems

### **Highlights:**

DRUG DEATHS

from 3.5 to 14.8 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 14.5% to 9.0% of adults ages 65+ between 2012 and 2020

HIGH HEALTH STATUS

from 42.7% to 49.2% of adults ages 65+ between 2018 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	++++	13	0.397	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	28	400	399
Economic	Food Insecurity (% of adults ages 60+)	++++	14	10.1%	12.6%
Resources	Poverty (% of adults ages 65+)	++++	18	7.8%	9.4%
	Poverty Racial Disparity (ratio)*		_	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	38	\$26	\$57
and	High-speed Internet (% of households with adults ages 65+)	++++	12	81.3%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	5	8.8%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	- 01.00/
	Volunteerism (% of adults ages 65+)	++	33	29.8%	31.6%
PHYSICAL EN		+++	29	0.340	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	15	6.7	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	38	34.6%	32.7%
CLINICAL CAP	E**	+++++	5	0.605	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	14	3.5%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	5	43.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	39	33.1	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	10	79.5%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	5	72.3%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	6	75.1%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	1	96.3%	93.5%
	Hospice Care (% of Medicare decedents)	++	34	47.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	20	47.7%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	30	1,618	1,582
BEHAVIORS*		++++	12	0.516	_
Nutrition and	Exercise (% of adults ages 65+)	+++	21	24.3%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	17	8.2%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	14	27.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	24	25.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	5	7.0%	8.9%
HEALTH OUTC	OMES*	++++	12	0.428	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	14.8	8.4
Health	Excessive Drinking (% of adults ages 65+)	++++	19	6.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	27	8.0%	8.1%
P.	Suicide (deaths per 100,000 adults ages 65+)	++++	11	13.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	25	2,014	2,072
Physical Health	Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+)	+++++	 5	1.5 24.6%	1.6 27.1%
i ilysicai Medilli	Frequent Physical Distress (% of adults ages 65+)	+++++	6	11.7%	14.5%
	High Health Status (% of adults ages 65+)‡	++++	12	49.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+++	21	28.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	3	9.0%	13.4%
OVERALL		+++++	9	0.467	

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

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## **Massachusetts**

State Health Department Website: mass.gov/orgs/department-of-public-health

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of obesity
- · High prevalence of cancer screenings
- · High flu vaccination rate

### **Challenges:**

- · High prevalence of excessive drinking
- · High prevalence of insufficient sleep
- · High prevalence of severe housing problems

### **Highlights:**

DRUG DEATHS

**155%** 

from 3.3 to 8.4 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

SUICIDE

from 7.4 to 9.8 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

FREQUENT PHYSICAL DISTRESS

from 17.5% to 12.7% of adults ages 65+ between 2017 and 2020

		Rating	Rank	State Value	U.S Valu
Family Safety Economic	DNOMIC FACTORS*	+++++	7	0.582	
	Violent Crime (offenses per 100,000 population)	++++	18	309	399
Resources	Food Insecurity (% of adults ages 60+)	+++++	9	9.3%	12.69
	Poverty (% of adults ages 65+)	++	33	9.1%	9.49
	Poverty Racial Disparity (ratio)‡		_	4.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	1	\$267	\$5
ınd	High-speed Internet (% of households with adults ages 65+)	++++	16	79.9%	78.0
Ingagement	Low-care Nursing Home Residents (% of residents)	++++	13	11.2%	15.2
	Risk of Social Isolation (index 1–100, adults ages 65+)	++	34	61	-
	Volunteerism (% of adults ages 65+)	+++	22	33.2%	31.6
PHYSICAL EN	VIRONMENT*	++	40	-0.007	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.0	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	46	39.4%	32.7
CLINICAL CAR		+++++	3	0.759	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	32	4.3%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	1	57.4	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	4	91.2	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	1	84.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	1	75.6%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	3	75.8%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	3	96.1%	93.5
	Hospice Care (% of Medicare decedents)	++	32	47.8%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	25	45.3%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	34	1,751	1,58
BEHAVIORS*		+++	26	-0.004	_
Nutrition and	Exercise (% of adults ages 65+)	++	38	19.8%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	20	7.8%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	19	28.8%	30.6
	Insufficient Sleep (% of adults ages 65+)	+	41	28.5%	26.0
Sleep Health	Smoking (% of adults ages 65+)	++++	11	7.4%	8.99
obacco Use	OMES*	+++++	7	0.541	_
Tobacco Use	Drug Deaths (deaths per 100,000 adults ages 65+)	+++++	7	<b>0.541</b> 8.4	8.4
Tobacco Use  HEALTH OUTC  Behavioral		+++++			8.4
Tobacco Use  HEALTH OUTC  Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	8.4	
obacco Use  HEALTH OUTC  Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)† Excessive Drinking (% of adults ages 65+)	+	- 47	8.4 9.7%	8.4 7.49 8.19
Tobacco Use  HEALTH OUTC  Behavioral  Health	Drug Deaths (deaths per 100,000 adults ages 65+)‡ Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	+	— 47 17	8.4 9.7% 7.0%	8.4 7.49 8.19 16.9
Tobacco Use  HEALTH OUTC  Behavioral  Health  Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*	+ +++++	- 47 17 3 8 -	8.4 9.7% 7.0% 9.8 1,720 1.3	8.4 7.49 8.19 16.9 2,07
Tobacco Use  HEALTH OUTC  Behavioral  Health  Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)	+ +++++	 47 17 3 8  9	8.4 9.7% 7.0% 9.8 1,720 1.3 25.2%	8.4 7.49 8.19 16.9 2,07 1.6
Tobacco Use  HEALTH OUTC  Behavioral  Health  Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	+ +++++ +++++ +++++	 47 17 3 8  9	8.4 9.7% 7.0% 9.8 1,720 1.3 25.2% 12.7%	8.4 7.49 8.19 16.9 2,07 1.6 27.11 14.5
Tobacco Use  HEALTH OUTC  Behavioral  Health  Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)	+ +++++ +++++ +++++ +++++		8.4 9.7% 7.0% 9.8 1,720 1.3 25.2% 12.7% 49.6%	8.4 7.49 8.19 16.9 2,07 1.6 27.19 14.5 43.5
Gleep Health Fobacco Use  HEALTH OUTC  Behavioral Health  Mortality  Physical Health	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	+ +++++ +++++ +++++	 47 17 3 8  9	8.4 9.7% 7.0% 9.8 1,720 1.3 25.2% 12.7%	8.4 7.49 8.19 16.9 2,07 1.6 27.11 14.5
Tobacco Use  HEALTH OUTC Behavioral Health  Wortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)*  Multiple Chronic Conditions (% of Medicare beneficiaries	+ +++++ +++++ +++++ +++++		8.4 9.7% 7.0% 9.8 1,720 1.3 25.2% 12.7% 49.6%	8.4 7.49 8.19 16.9 2,07 1.6 27.19 14.5 43.5

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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# **Michigan**

Overall Rank:

### **Summary**

### **Strengths:**

- · High percentage of older adults with a dedicated health care provider
- · High flu vaccination rate
- · Low prevalence of physical inactivity

### **Challenges:**

- High prevalence of frequent mental distress
- High prevalence of obesity
- High preventable hospitalization rate

### **Highlights:**

FREQUENT MENTAL DISTRESS

from 6.6% to 10.6% of adults ages 65+ between 2011 and 2020

AVOIDED CARE DUE TO COST

from 7.2% to 3.7% of adults ages 65+ between 2016 and 2020

OBESITY

from 29.5% to 35.6% of adults ages 65+ between 2011 and 2020

Measure	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	DNOMIC FACTORS*	+++	25	0.141	
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	41	478	399
Economic	Food Insecurity (% of adults ages 60+)	++++	16	10.5%	12.6
Resources	Poverty (% of adults ages 65+)	+++	24	8.4%	9.49
	Poverty Racial Disparity (ratio)*		_	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	19	80.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$5
and	High-speed Internet (% of households with adults ages 65+)	+++	24	77.0%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	++++	18	12.3%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	31	57	_
	Volunteerism (% of adults ages 65+)	++++	17	34.7%	31.6
PHYSICAL EN	VIRONMENT*	+++	25	0.390	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	36	7.9	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	24	29.3%	32.7
CLINICAL CAP	RE*	++++	15	0.292	-
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	16	3.7%	4.2
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	13	34.9	31
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	29	37.8	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	17	78.5%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	9	71.7%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	27	71.8%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	1	96.3%	93.5
	Hospice Care (% of Medicare decedents)	+++++	10	53.8%	50.
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	26	45.1%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	45	2,016	1,58
BEHAVIORS*		+++	30	-0.094	_
Nutrition and	Exercise (% of adults ages 65+)	+++	25	23.2%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	36	5.8%	7.3
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	13	26.8%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	31	26.3%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++	31	9.9%	8.9
HEALTH OUTC	OMES*	++	40	-0.457	_
HEALIN OUT	O III Z				
		••	_	9.9	8.4
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)‡	+++	_		1
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+) <sup>‡</sup> Excessive Drinking (% of adults ages 65+)		_ 24	7.3%	7.4
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡ Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	+++	 24 50	7.3% 10.6%	7.4° 8.1°
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)† Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	++++	 24 50 19	7.3% 10.6% 16.2	8.4 7.4 8.1 16.
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)† Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	++++	 24 50	7.3% 10.6% 16.2 2,221	7.4° 8.1° 16.
Behavioral Health Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*	++++	- 24 50 19 35 -	7.3% 10.6% 16.2 2,221 1.9	7.4° 8.1° 16. 2,0°
Behavioral Health Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)	+++	 24 50 19 35  32	7.3% 10.6% 16.2 2,221 1.9 29.3%	7.4° 8.1° 16.° 2,0° 1.6° 27.1
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	++++ ++ ++ ++ ++	- 24 50 19 35 - 32 22	7.3% 10.6% 16.2 2,221 1.9 29.3% 13.5%	7.4 8.1 16. 2,0 1.6 27.1 14.5
Behavioral Health Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)	+++++++++++++++++++++++++++++++++++++++	 24 50 19 35  32 22 22	7.3% 10.6% 16.2 2,221 1.9 29.3% 13.5% 46.6%	7.4' 8.1' 16. 2,0' 1.6 27.1 14.5 43.5
Behavioral Health Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)† Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)† Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)† Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++ + ++++ ++ ++ +++ +++		7.3% 10.6% 16.2 2,221 1.9 29.3% 13.5% 46.6% 48%	7.4' 8.1' 16. 2,0' 1.6 27.1 14.5 43.5 46'
Behavioral Health Mortality	Drug Deaths (deaths per 100,000 adults ages 65+)*  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)*  Multiple Chronic Conditions (% of Medicare beneficiaries	+++++++++++++++++++++++++++++++++++++++	 24 50 19 35  32 22 22	7.3% 10.6% 16.2 2,221 1.9 29.3% 13.5% 46.6%	7.4' 8.1' 16. 2,0' 1.6

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## Minnesota

State Health Department Website: health.state.mn.us

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of multiple chronic conditions
- High home health care worker
- Low prevalence of insufficient sleep

### **Challenges:**

- · High prevalence of excessive drinking
- · Low level of community support expenditures
- · Low percentage of older adults with a dedicated health care provider

### **Highlights:**

DRUG DEATHS

from 1.8 to 5.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

OBESITY

from 23.7% to 30.6% of adults ages 65+ between 2011 and 2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 12.0% to 8.8% of adults ages 65+ between 2012 and 2020

SOCIAL & ECC	S	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	+++++	9	0.538	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	13	278	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	1	5.8%	12.69
Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)‡		_	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	34	57.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	45	\$22	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++	23	77.4%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	++	34	17.1%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	5	30	_
	Volunteerism (% of adults ages 65+)	+++++	4	41.1%	31.69
PHYSICAL EN	VIRONMENT*	+++	22	0.433	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	6.8	8.3
Quality	Drinking Water Violations (% of community water systems)	++	39	1.1%	0.8%
Housing	Severe Housing Problems (% of small households with	+++	27	29.9%	32.79
	an adult ages 62+)				
CLINICAL CAP	RE*	+++++	1	0.936	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	5	2.9%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	3	54.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	2	108.0	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	8	80.0%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	++++	18	69.1%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	25	72.2%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	42	91.7%	93.5
•	Hospice Care (% of Medicare decedents)	++++	11	53.5%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	6	59.5%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	14	1,248	1,582
		+++++	5	0.888	_
REHAVIORS*				0.000	
BEHAVIORS*	Everging (% of adulta agos 65.1)	1111	10	26.7%	22 10
Nutrition and	Exercise (% of adults ages 65+)	++++	13 15	26.7%	
Nutrition and Physical	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or	++++	13 15 3	26.7% 8.3% 24.8%	7.3%
Nutrition and Physical Activity	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	15 3	8.3% 24.8%	7.3%
Nutrition and Physical Activity Sleep Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or	++++	15	8.3%	7.3% 30.6° 26.0°
Nutrition and Physical Activity Sleep Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	++++	15 3	8.3% 24.8% 20.0%	7.3% 30.69
Nutrition and Physical Activity Sleep Health Tobacco Use	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	++++	15 3 2 18	8.3% 24.8% 20.0% 8.5% <b>0.667</b>	7.3% 30.65 26.05 8.9%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES* Drug Deaths (deaths per 100,000 adults ages 65+)  The state of	++++	15 3 2 18 3	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3	7.3% 30.69 26.09 8.9%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES* Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+)	+++++ +++++	15 3 2 18 3 — 37	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1%	7.3% 30.69 26.09 8.9% — 8.4 7.4%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	++++ +++++ ++	15 3 2 18 3 - 37 5	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1% 6.2%	23.19 7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	+++++ +++++ +++++ +++++	15 3 2 18 3 - 37 5 8	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1% 6.2% 13.3	7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	***** ***** ***** *****	15 3 2 18 3 - 37 5	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1% 6.2% 13.3 1,667	7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9 2,072
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)  **Total Consumption (% of adults ages 65-74) Early Death Racial Disparity (ratio)  **Total Consumption (% of adults ages 65-74)  **Total Consumption (% of adults ages 65-74)  **Early Death Racial Disparity (ratio)  **Total Consumption (% of adults ages 65-74)  **Early Death Racial Disparity (ratio)  **Total Consumption (% of adults ages 65-74)	*****  *****  *****  ****  ****  ****  ****	15 3 2 18 3 - 37 5 8 5 -	8.3% 24.8% 20.0% 8.5% 0.667 5.3 8.1% 6.2% 13.3 1,667 2.2	7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9 2,07:
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+)	*****  *****  *****  ****  ****  ****  ****	15 3 2 18 3 - 37 5 8 5 - 30	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1% 6.2% 13.3 1.667 2.2 28.6%	7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9 2,07: 1.6
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	***** ****  ****  ****  ****  ****  ****	15 3 2 18 3  37 5 8 5  30 4	8.3% 24.8% 20.0% 8.5% <b>0.667</b> 5.3 8.1% 6.2% 13.3 1,667 2.2 28.6% 11.6%	7.3% 30.69 26.09 8.9% 
Nutrition and Physical Activity Sleep Health Tobacco Use	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)*	***** ****  ****  ****  ****  ****  ****	15 3 2 18 3 - 37 5 8 5 - 30 4 5	8.3% 24.8% 20.0% 8.5% 0.667 5.3 8.1% 6.2% 13.3 1,667 2.2 28.6% 11.6% 51.7%	7.3% 30.69 26.09 8.9% 
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	***** ***** ***** **** **** **** **** **** **** **** **** **** **** **** **** **** **** **** **** **** **** **  *** *** **  *	15 3 2 18 3 - 37 5 8 5 - 30 4 5 7	8.3% 24.8% 20.0% 8.5% 0.667 5.3 8.1% 6.2% 13.3 1.667 2.2 28.6% 11.6% 51.7% 35%	7.3% 30.69 26.09 8.9% 
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Early Death (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries	***** ****  ****  ****  ****  ****  ****	15 3 2 18 3 - 37 5 8 5 - 30 4 5	8.3% 24.8% 20.0% 8.5% 0.667 5.3 8.1% 6.2% 13.3 1,667 2.2 28.6% 11.6% 51.7%	7.3% 30.69 26.09 8.9% — 8.4 7.4% 8.1% 16.9 2,07: 1.6

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



# Mississippi

## Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- · Low prevalence of falls
- · Low prevalence of severe housing problems

### **Challenges:**

- · High early death rate
- · High risk of social isolation
- · High prevalence of physical inactivity

### **Highlights:**

EARLY DEATHS

from 2,481 to 3,024 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

from 55.1% to 66.1% of adults ages 65+ between 2017 and 2020

from 31.5% to 26.2% of adults ages 65+ between 2016 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	+	50	-1.281	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	14	291	399
Economic	Food Insecurity (% of adults ages 60+)	+	50	19.8%	12.6%
Resources	Poverty (% of adults ages 65+)	+	48	13.2%	9.4%
	Poverty Racial Disparity (ratio)*		_	4.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	41	50.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	38	\$26	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	50	63.8%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	++	34	17.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	50	100	- 01.00/
	Volunteerism (% of adults ages 65+)	+	46	25.9%	31.6%
PHYSICAL EN		+	44	-0.180	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	38	8.1	8.3
Quality Housing	Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with	+++++	48 8	6.3% 25.2%	0.8%
Housing	an adult ages 62+)	TTTTT	0	20.270	32.7/0
CLINICAL CAR	RE*	+	49	-0.747	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	49	5.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	28	26.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	33	37.1	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	36	74.7%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	++	32	66.1%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+	43	66.6%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	27	93.6%	93.5%
	Hospice Care (% of Medicare decedents)  Hospital Readmissions (risk-standardized readmission rate	+	41 20	45.2% 16	50.7% 16
	per 100 admissions)		40	00.00/	44.00/
	Nursing Home Quality (% of beds rated four or five stars) Preventable Hospitalizations (discharges per 100,000	+	49 47	26.8% 2,321	41.2% 1,582
	Medicare beneficiaries ages 65-74)	т	47	2,021	1,302
BEHAVIORS*		+	47	-1.198	_
Nutrition and	Exercise (% of adults ages 65+)	+	49	13.4%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	45	5.0%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	46	38.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	40	10.7%	8.9%
HEALTH OUTC	OMES*	+	43	-0.539	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	4.8	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	3	4.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	39	8.8%	8.1%
8.4 I'a.	Suicide (deaths per 100,000 adults ages 65+)	+++	27	17.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡	+	50 —	3,024 1.4	2,072 1.6
Physical Health	Falls (% of adults ages 65+)	++++	14	26.2%	27.1%
yorour realth	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.5%
	High Health Status (% of adults ages 65+)‡	+	49	32.6%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	44	53%	46%
	Obesity (% of adults ages 65+)	+	44	33.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	47	20.0%	13.4%
OVERALL		+	50	-0.917	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## Missouri

State Health Department Website: health.mo.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of excessive drinking
- · High home health care worker
- · Low prevalence of severe housing problems

### **Challenges:**

- High prevalence of frequent physical distress
- High percentage of low-care nursing home residents
- · High prevalence of smoking

### **Highlights:**

DRUG DEATHS

from 2.9 to 8.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 24.9% to 17.7% of adults ages 65+ between 2012 and 2020

GERIATRIC PROVIDERS

from 24.4 to 30.8 per 100,000 adults ages 65+ between September 2018 and September 2021

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECC	ONOMIC FACTORS*	+	41	-0.446	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	45	543	399
Economic	Food Insecurity (% of adults ages 60+)	+++	27	12.9%	12.69
Resources	Poverty (% of adults ages 65+)	+++	30	8.9%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	32	58.2	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	22	\$44	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	38	74.7%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	+	49	31.3%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	32	58	_
	Volunteerism (% of adults ages 65+)	+++	22	33.2%	31.6
PHYSICAL EN	VIRONMENT*	++++	17	0.560	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.5	8.3
Air and water Quality	Drinking Water Violations (% of community water systems)	+++	20 24	0.2%	0.8
Quality Housing	Severe Housing Problems (% of small households with	++++	20	27.6%	32.7
nousing	an adult ages 62+)	****	20	27.0%	32.7
CLINICAL CAI	RE*	+++	29	0.005	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	25	4.1%	4.2
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	20	30.8	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	10	67.5	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	29	76.8%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++	29	67.0%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	19	73.1%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5
quant, o. caro	Hospice Care (% of Medicare decedents)	+++	24	50.2%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	41	35.6%	41.2
	Preventable Hospitalizations (discharges per 100,000	++	36	1,814	1,58
	Medicare beneficiaries ages 65-74)		30	1,014	1,50
BEHAVIORS*		+	44	-0.930	_
Nutrition and	Exercise (% of adults ages 65+)	+	45	15.9%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	49	3.8%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	34	32.6%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	23	25.2%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	42	11.1%	8.9
HEALTH OUT	COMES*	+	42	-0.524	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	8.3	8.4
Health	Excessive Drinking (% of adults ages 65+)	++++	18	6.7%	7.49
	Frequent Mental Distress (% of adults ages 65+)	++	34	8.5%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	++	33	19.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	41	2,378	2,07
or tuney	Early Death (death's per 100,000 addits ages 00-74)	•	<del>-</del>	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+	41	30.6%	27.19
, sioui i leaitii	Frequent Physical Distress (% of adults ages 65+)	+	44	16.7%	14.5
	High Health Status (% of adults ages 65+)*	++	35	41.8%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries				469
	ages 65-74)	+++	28	47%	
	Obesity (% of adults ages 65+)	++	31	31.1%	29.3
	Teeth Extractions (% of adults ages 65+)	+	43	17.7%	13.4
OVERALL	recur Extraodictic (% c. dudite ages so )	+	42	-0.422	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **Montana**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of multiple chronic conditions
- · Low preventable hospitalization rate
- · Low prevalence of physical inactivity

### **Challenges:**

- · High suicide rate
- · High percentage of low-care nursing home residents
- · Low percentage of older adults with a dedicated health care provider

### **Highlights:**

SUICIDE

from 22.3 to 30.7 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 18.1% to 12.9% of adults ages 65+ between 2012 and 2020

HOME HEALTH CARE WORKERS

from 32.5 to 36.8 aides per 1,000 adults ages 65+ between 2019 and 2020

	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	DNOMIC FACTORS*	+++	27	0.098	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	40	470	399
conomic	Food Insecurity (% of adults ages 60+)	++++	11	9.4%	12.69
Resources	Poverty (% of adults ages 65+)	+++	26	8.6%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	33	57.9	81.0
ocial Support	Community Support Expenditures (dollars per adult ages 60+)	++++	12	\$74	\$57
nd	High-speed Internet (% of households with adults ages 65+)	+++	24	77.0%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	+	45	24.8%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	10	37	
	Volunteerism (% of adults ages 65+)	++++	11	37.9%	31.6
PHYSICAL EN	VIRONMENT*	+++++	4	0.987	_
ir and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	8	5.5	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.89
lousing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	18	27.4%	32.7
CLINICAL CAF	₹ <b>E</b> *	++	32	-0.127	_
ccess to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	13	3.4%	4.2
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	45	17.8	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	34	36.8	57.
reventive	Cancer Screenings (% of adults ages 65-75)	++	38	74.4%	75.9
linical	Flu Vaccination (% of adults ages 65+)	+	42	64.2%	67.3
ervices	Pneumonia Vaccination (% of adults ages 65+)	++	39	70.4%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	47	89.6%	93.5
	Hospice Care (% of Medicare decedents)	++	38	45.6%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	13	50.4%	41.2
	Preventable Hospitalizations (discharges per 100,000	+++++	5	940	1,58
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*	Medicare beneficiaries ages 65-74)	+++++	10	0.578	_
BEHAVIORS*		+++++			
lutrition and	Exercise (% of adults ages 65+)		<b>10</b> 5 28	<b>0.578</b> 28.3% 7.1%	23.1
lutrition and hysical	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or	+++++	5	28.3%	23.1 7.39
lutrition and hysical activity	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	5 28	28.3% 7.1%	23.1° 7.39° 30.6
lutrition and hysical ctivity leep Health	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++ +++ +++++	5 28 7	28.3% 7.1% 25.4%	23.1 7.39 30.6
lutrition and Physical Activity Sleep Health Tobacco Use	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+++++	5 28 7 5	28.3% 7.1% 25.4% 21.2%	23.1 7.39 30.6
	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+++++ ++++ +++++ ++++	5 28 7 5 35	28.3% 7.1% 25.4% 21.2% 10.2%	23.1 7.39 30.6 26.0 8.9
lutrition and hysical activity leep Health obacco Use HEALTH OUTC	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+++++ ++++ +++++ ++++	5 28 7 5 35	28.3% 7.1% 25.4% 21.2% 10.2%	23.1 7.39 30.6 26.0 8.9
Jutrition and Physical Activity Eleep Health Tobacco Use HEALTH OUTC	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  EOMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	+++++ ++++	5 28 7 5 35 <b>25</b>	28.3% 7.1% 25.4% 21.2% 10.2% <b>0.135</b> 6.6	23.1° 7.39° 30.6° 26.0° 8.9° 8.4° 7.4° 8.19°
lutrition and hysical activity leep Health obacco Use HEALTH OUTC	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+)	+++++ ++++ +	5 28 7 5 35 25 - 44	28.3% 7.1% 25.4% 21.2% 10.2% <b>0.135</b> 6.6 8.7%	23.1° 7.3° 30.6  26.0  8.9°   8.4  7.4°  8.1°
lutrition and hysical activity leep Health obacco Use HEALTH OUTC lehavioral lealth	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	+++++ ++++ ++++ ++++ + ++++	5 28 7 5 35 25 - 44 17	28.3% 71% 25.4% 21.2% 10.2% <b>0.135</b> 6.6 8.7% 7.0% 30.7 1,907	23.1 7.39 30.6 26.0 8.9 - 8.4 7.49 8.19 16.9
lutrition and hysical activity leep Health obacco Use HEALTH OUTC lehavioral lealth fortality	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)  Early Death Racial Disparity (ratio)	+++++ +++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++	5 28 7 5 35 25 - 44 17 49	28.3% 7.1% 25.4% 21.2% 10.2% <b>0.135</b> 6.6 8.7% 7.0% 30.7 1,907 2.7	23.1 7.39 30.6 26.0 8.9 8.4 7.49 8.19 16.9 2,07
lutrition and hysical ctivity leep Health obacco Use HEALTH OUTC ehavioral lealth	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+)	+++++ ++++ ++++ ++++ +++++ +++++	5 28 7 5 35 <b>25</b> - 44 17 49 17 - 39	28.3% 7.1% 25.4% 21.2% 10.2% 0.135 6.6 8.7% 7.0% 30.7 1,907 2.7 29.9%	23.1. 7.35 30.6 26.0 8.9 8.4 7.45 8.15 16.9 2,00 1.6
lutrition and hysical activity leep Health obacco Use HEALTH OUTC lehavioral lealth fortality	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Toug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+++++ +++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++	5 28 7 5 35 <b>25</b> - 44 17 49 17 - 39 26	28.3% 7.1% 25.4% 21.2% 10.2% 0.135 6.6 8.7% 7.0% 30.7 1.907 2.7 29.9% 14.1%	23.1. 7.39 30.6 26.0 8.9  8.4 7.49 8.19 16.9 2,07 1.6 27.1 14.5
lutrition and Physical Activity Bleep Health Bobacco Use	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Fomus Deaths (deaths per 100,000 adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)	+++++ ++++ ++++ +++++ +++++ ++++++ +++++	5 28 7 5 35 <b>25</b> — 44 17 49 17 — 39 26 7	28.3% 7.1% 25.4% 21.2% 10.2% 0.135 6.6 8.7% 7.0% 30.7 1,907 2.7 29.9% 14.1% 51.2%	23.1.7.33 30.6 8.9 8.4.7.44 8.19 16.6 2,07 1.6 2,11.1 14.5 43.5
lutrition and hysical activity leep Health obacco Use HEALTH OUTC lehavioral lealth fortality	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Foug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death (deaths per 100,000 adults ages 65-74) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++ ++++ ++++ +++++ +++++ ++++++++++	5 28 7 5 35 25 — 44 17 49 17 — 39 26 7 3	28.3% 71% 25.4% 21.2% 10.2% 0.135 6.6 8.7% 7.0% 30.7 1,907 2.7 29.9% 14.1% 51.2% 30%	23.1:7.39 30.6 26.0 8.99 8.44 7.49 8.19 16.5 2.07 1.6 27.1:14.5 43.5 46.9
lutrition and hysical activity leep Health obacco Use HEALTH OUTC lehavioral lealth fortality	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Toug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries	+++++ ++++ ++++ +++++ +++++ ++++++ +++++	5 28 7 5 35 <b>25</b> — 44 17 49 17 — 39 26 7	28.3% 7.1% 25.4% 21.2% 10.2% 0.135 6.6 8.7% 7.0% 30.7 1,907 2.7 29.9% 14.1% 51.2%	23.1.7.33 30.6 8.9 8.4.7.44 8.19 16.6 2,07 1.6 2,11.1 14.5 43.5

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## Nebraska

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of frequent mental distress
- · High pneumonia vaccination
- Low prevalence of insufficient sleep

### **Challenges:**

- · High prevalence of obesity
- · Low SNAP participation among older adults in poverty
- Low prevalence of cancer screenings

### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 12.6% to 16.9% of residents between 2019 and 2020

HIGH HEALTH STATUS

from 40.2% to 48.9% of adults ages 65+ between 2011 and 2020

**EARLY DEATHS** 

from 1,686 to 1,993 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECO	DNOMIC FACTORS*	++++	18	0.338	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	22	334	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	7	9.0%	12.6%
Resources	Poverty (% of adults ages 65+)	++++	20	8.1%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	39	52.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	13	\$66	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	36	74.9%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	++	33	16.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	_
	Volunteerism (% of adults ages 65+)	+++++	3	41.3%	31.6%
PHYSICAL EN	VIRONMENT*	+++++	6	0.890	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	11	6.2	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	15	26.9%	32.7%
CLINICAL CAI	RE*	++++	11	0.452	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++	35	23.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	32	37.2	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+	42	73.7%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	9	71.7%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	4	75.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	10	95.1%	93.5%
,	Hospice Care (% of Medicare decedents)	++++	19	50.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	16	49.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	11	1,193	1,582
BEHAVIORS*		++++	13	0.504	_
Nutrition and	Exercise (% of adults ages 65+)	+++	26	22.7%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	20	7.7%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	22	29.5%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	5	21.2%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	8	7.2%	8.9%
HEALTH OUT	OMES*	++++	15	0.377	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	3.3	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++	21	7.2%	7.4%
- =	Frequent Mental Distress (% of adults ages 65+)	+++++	5	6.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	13	15.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	24	1,993	2,072
	Early Death Racial Disparity (ratio)‡		_	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++++	19	27.6%	27.1%
,	Frequent Physical Distress (% of adults ages 65+)	+++++	8	11.9%	14.5%
	High Health Status (% of adults ages 65+)‡	++++	14	48.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries	++++	16	40%	46%
	ages 65-74)				
	ages 65-74) Obesity (% of adults ages 65+)	+	43	33.5%	29.3%
	ages 65-74) Obesity (% of adults ages 65+) Teeth Extractions (% of adults ages 65+)	+	43 9	33.5% 10.6%	29.3% 13.4%

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## Nevada

State Health Department Website: dhhs.nv.gov

Overall Rank:

### **Summary**

### **Strengths:**

- Low prevalence of multiple chronic conditions
- High SNAP participation among older adults in poverty
- High prevalence of cancer screenings

### **Challenges:**

- · High suicide rate
- · High prevalence of frequent mental distress
- High prevalence of smoking

### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 8.2% to 15.7% of residents between 2018 and 2020

OBESITY

from 18.1% to 28.9% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

from 50.0% to 61.8% of adults ages 65+ between 2012 and 2020

Community and Family Safety Economic Resources  Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing  CLINICAL CAR Access to Care	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++	35 39 44 36 - 15 49 14 28 28 35 46	-0.231 460 16.9% 9.5% 2.0 91.0 \$19 80.8% 15.7% 52 28.7%	399 12.6% 9.4% 2.7 81.0 \$57 78.0% 15.2% — 31.6%
Family Safety Economic Resources  Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing  CLINICAL CAR Access to Care	Food Insecurity (% of adults ages 60+) Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+ ++ +++ ++++ ++++ ++++ +++++	44 36  15 49 14 28 28 35 <b>46</b> 48	16.9% 9.5% 2.0 91.0 \$19 80.8% 15.7% 52 28.7%	12.6% 9.4% 2.7 81.0 \$57 78.0% 15.2%
Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing  CLINICAL CAR Access to Care	Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++	36 — 15 49 14 28 28 35 46 48	9.5% 2.0 91.0 \$19 80.8% 15.7% 52 28.7%	9.4% 2.7 81.0 \$57 78.0% 15.2%
Social Support and Engagement  PHYSICAL ENVAIR And Water Quality Housing  CLINICAL CAR	Poverty Racial Disparity (ratio)* SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+++++ ++++ +++ +++ +++++++++++++++++++	15 49 14 28 28 35 <b>46</b> 48	2.0 91.0 \$19 80.8% 15.7% 52 28.7%	2.7 81.0 \$57 78.09 15.29
Social Support and Engagement  PHYSICAL ENV Air and Water Quality Housing  CLINICAL CAR Access to Care	SNAP Reach (participants per 100 adults ages 60+ in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)	+ ++++ +++ ++ + + ++++	15 49 14 28 28 35 <b>46</b> 48	\$19 80.8% 15.7% 52 28.7%	\$57 78.09 15.29
PHYSICAL ENV Air and Water Quality Housing  CLINICAL CAR Access to Care	in poverty)  Community Support Expenditures (dollars per adult ages 60+) High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+ ++++ +++ ++ + + ++++	49 14 28 28 35 <b>46</b> 48	\$19 80.8% 15.7% 52 28.7%	\$57 78.0° 15.2°
PHYSICAL ENV Air and Water Quality Housing CLINICAL CAR Access to Care	High-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++++ +++ ++ + + +	14 28 28 35 <b>46</b> 48	80.8% 15.7% 52 28.7%	78.09 15.29
PHYSICAL ENV Air and Water Quality Housing CLINICAL CAR Access to Care	Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+++ +++ ++ + + ++++	28 28 35 <b>46</b> 48	15.7% 52 28.7% -0.293	15.29
PHYSICAL ENV Air and Water Quality Housing CLINICAL CAR Access to Care	Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)	+++ ++ + + +	28 35 <b>46</b> 48	52 28.7% - <b>0.293</b>	_
PHYSICAL ENV Air and Water Quality Housing CLINICAL CAR Access to Care	Volunteerism (% of adults ages 65+)  IRONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)	++ + + + + + + + + + + + + + + + + + + +	35 <b>46</b> 48	28.7% - <b>0.293</b>	31.69
Air and Water Quality Housing  CLINICAL CAR Access to Care	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+	<b>46</b> 48	-0.293	31.69
Air and Water Quality Housing  CLINICAL CAR Access to Care	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	+	48		
Quality Housing  CLINICAL CAR Access to Care	Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++++		0.5	
Quality Housing  CLINICAL CAR Access to Care	Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++++		9.3	8.3
CLINICAL CAR Access to Care	Severe Housing Problems (% of small households with an adult ages 62+)		14	0.1%	0.8%
CLINICAL CAR Access to Care	an adult ages 62+)		40	35.9%	32.79
Access to Care	E*		40	33.376	02.7
		+	45	-0.435	_
	Avoided Care Due to Cost (% of adults ages 65+)	++	37	4.6%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	24	27.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	43	28.9	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	24	77.7%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+	47	61.8%	67.39
	Pneumonia Vaccination (% of adults ages 65+)	++	38	70.7%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	38	92.6%	93.5
•	Hospice Care (% of Medicare decedents)	++	31	48.5%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++	38	37.5%	41.29
	Preventable Hospitalizations (discharges per 100,000	+++	28	1,566	1,58
	Medicare beneficiaries ages 65-74)	1111	20	1,500	1,50.
BEHAVIORS*		+	43	-0.864	_
lutrition and	Exercise (% of adults ages 65+)	++	33	20.9%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	29	30.7%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	43	29.4%	26.0
obacco Use	Smoking (% of adults ages 65+)	+	49	13.4%	8.99
HEALTH OUTC	DMES*	+	44	-0.580	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	15.5	8.4
lealth	Excessive Drinking (% of adults ages 65+)	+	42	8.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	48	10.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	48	30.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	36	2,234	2,07
	Early Death Racial Disparity (ratio)*		_	1.4	1.6
,	Falls (% of adults ages 65+)	+++	25	28.3%	27.19
		+	47	18.0%	14.59
Physical Health				36.9%	43.59
Physical Health	Frequent Physical Distress (% of adults ages 65+)	+	45	00.070	1
Physical Health	Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)‡	+	45 20	42%	
Physical Health	Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	20	42%	46%
Physical Health	Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)‡ Multiple Chronic Conditions (% of Medicare beneficiaries			42% 28.9% 13.0%	

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **New Hampshire**

#### Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of multiple chronic conditions
- Low risk of social isolation
- · Low prevalence of physical inactivity

### **Challenges:**

- · High prevalence of excessive drinking
- Low SNAP participation among older adults in poverty
- · High prevalence of severe housing problems

### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 11.4% to 18.4% of residents between 2018 and 2020

HOME HEALTH CARE WORKERS

from 38.3 to 28.3 aides per 1,000 adults ages 65+ between 2016 and 2020

HIGH HEALTH STATUS

from 47.8% to 55.8% of adults ages 65+ between 2011 and 2020

SOCIAL & ECO Community and Family Safety Economic Resources	WALLA TA ATA DA C	Rating	State Rank	State Value	U.S. Value
Family Safety Economic	NOMIC FACTORS*	+++++	3	0.802	_
	Violent Crime (offenses per 100,000 population)	+++++	2	146	399
Resources	Food Insecurity (% of adults ages 60+)	+++++	2	6.4%	12.6%
	Poverty (% of adults ages 65+)	+++++	2	6.2%	9.4%
	Poverty Racial Disparity (ratio)‡		_	_	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	47	42.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	10	\$81	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	5	82.9%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	++	40	18.4%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	+++++	2	17	-
	Volunteerism (% of adults ages 65+)	++++	19	34.2%	31.6%
PHYSICAL EN	VIRONMENT*	++++	18	0.537	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	2	4.3	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with	+	43	36.4%	32.7%
	an adult ages 62+)				
CLINICAL CAP	tE*	++++	20	0.232	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	38	4.7%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	11	36.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	45	28.3	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	4	81.3%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	++++	12	70.9%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	9	74.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	18	94.4%	93.5%
	Hospice Care (% of Medicare decedents)	++	33	47.7%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	35	41.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	22	1,378	1,582
BEHAVIORS*		+++++	7	0.726	_
Nutrition and	Exercise (% of adults ages 65+)	++++	11	27.2%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	11	8.5%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	2	24.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	19	23.9%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	19	8.6%	8.9%
	OMES*	++++	11	0.431	_
HEALTH OUTC	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	6.0	8.4
HEALTH OUTC Behavioral	Excessive Drinking (% of adults ages 65+)	+	48	10.2%	7.4%
Behavioral	- · · · · · · · · · · · · · · · · · · ·	++++	14	6.6%	8.1%
Behavioral	Frequent Mental Distress (% of adults ages 65+)			10.0	100
Behavioral	Suicide (deaths per 100,000 adults ages 65+)	++	31	18.9	16.9
Behavioral Health	Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	++	31	1,637	2,072
Behavioral Health Mortality	Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡		3 —	1,637 1.0	2,072 1.6
Behavioral Health	Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡ Falls (% of adults ages 65+)	++++	3  28	1,637 1.0 28.5%	2,072 1.6 27.1%
Behavioral Health Mortality	Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio) <sup>‡</sup> Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	+++++	3 — 28 9	1,637 1.0 28.5% 12.1%	2,072 1.6 27.1% 14.5%
Behavioral Health Mortality	Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio) <sup>‡</sup> Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+) <sup>‡</sup>	+++++	3 - 28 9 1	1,637 1.0 28.5% 12.1% 55.8%	2,072 1.6 27.1% 14.5% 43.5%
Behavioral Health Mortality	Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)*  Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	3 — 28 9	1,637 1.0 28.5% 12.1%	2,072 1.6 27.1% 14.5% 43.5% 46%
Behavioral Health Mortality	Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio) <sup>‡</sup> Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+) <sup>‡</sup> Multiple Chronic Conditions (% of Medicare beneficiaries	+++++	3 - 28 9 1	1,637 1.0 28.5% 12.1% 55.8%	2,072 1.6 27.1% 14.5% 43.5%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **New Jersey**

State Health Department Website: nj.gov/health

Overall Rank:

### **Summary**

### **Strengths:**

- · Low suicide rate
- · Low prevalence of frequent physical distress
- · Low prevalence of smoking

### **Challenges:**

- Low pneumonia vaccination
- · Low prevalence of exercise
- High prevalence of severe housing problems

### **Highlights:**

EARLY DEATHS

from 1,562 to 2,036 deaths per 100,000 adults ages 65-74 between 2019 and 2020

GERIATRIC PROVIDERS

from 35.3 to 43.2 per 100,000 adults ages 65+ between September 2018 and September 2021

HIGH HEALTH STATUS

from 41.0% to 47.8% of adults ages 65+ between 2017 and 2020

	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & EC	ONOMIC FACTORS*	+++	23	0.193	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	5	195	399
Economic	Food Insecurity (% of adults ages 60+)	++++	17	10.6%	12.69
Resources	Poverty (% of adults ages 65+)	+++	29	8.8%	9.4%
	Poverty Racial Disparity (ratio)‡		_	4.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	14	94.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	22	\$44	\$57
and	High-speed Internet (% of households with adults ages 65+)	++++	15	80.4%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	+++	27	15.6%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	_
	Volunteerism (% of adults ages 65+)	+	41	27.2%	31.69
PHYSICAL EN	VIRONMENT*	+	50	-1.207	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	31	7.7	8.3
Quality	Drinking Water Violations (% of community water systems)	+	49	8.9%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	50	44.7%	32.7
CLINICAL CA	RE*	+	44	-0.399	<u> </u>
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	41	4.9%	4.29
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	6	43.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	31	37.5	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	40	74.0%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++	39	64.5%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+	49	62.5%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	33	93.1%	93.5
quality of our o	Hospice Care (% of Medicare decedents)	++	38	45.6%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	11	52.4%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	24	1,470	1,58
BEHAVIORS*		+++	28	-0.036	_
BEHAVIORS*	Eversica (% of adults ages 654)	+++	<b>28</b>	- <b>0.036</b>	22.19
Nutrition and	Exercise (% of adults ages 65+)	+	44	17.6%	
Nutrition and Physical	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or				7.39
Nutrition and Physical Activity	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health)	+ ++++ +++	44 11 26	17.6% 8.5% 30.4%	7.3% 30.6
Nutrition and Physical Activity Sleep Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or	+	44 11	17.6% 8.5%	7.3% 30.6 26.0
Nutrition and Physical Activity Gleep Health Tobacco Use	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+ ++++ +++	44 11 26 42 3	17.6% 8.5% 30.4% 28.6% 6.7%	7.3% 30.6 26.0
Nutrition and Physical Activity Sleep Health Tobacco Use	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	+ ++++ +++	44 11 26	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b>	7.3% 30.6 26.0 8.9%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTG	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES* Drug Deaths (deaths per 100,000 adults ages 65+)  Trug Deaths (deaths per 100,000 adults ages 65+)	+ ++++ ++++ ++++	44 11 26 42 3 <b>13</b>	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7	7.3% 30.6 26.0 8.9% —
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTG	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES* Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+)	+ ++++ + ++++ +	44 11 26 42 3 <b>13</b> - 41	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3%	7.3% 30.6 26.0 8.9% — 8.4 7.4%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTG	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+)	+ +++++ + +++++ + ++++	44 11 26 42 3 <b>13</b> - 41 25	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9%	7.3% 30.6 26.0 8.9% — 8.4 7.4% 8.1%
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	+ ++++ +++ + ++++ ++++ ++++ +++++ ++++++	44 11 26 42 3 <b>13</b> - 41 25 1	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4	7.3% 30.6 26.0 8.9% — 8.4 7.4% 8.1% 16.9
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	+ +++++ + +++++ + ++++	44 11 26 42 3 <b>13</b> - 41 25	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2,036	7.3% 30.6 26.0 8.9% — 8.4 7.4% 8.1% 16.9 2,07
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)  Physical Insurance (% of adults ages 65-74) Early Death Racial Disparity (ratio)	+ ++++ +++ ++++ ++++ +++++ +++++++++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 -	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2.036 1.9	7.3% 30.6 26.0 8.9% — 8.4 7.4% 8.1% 16.9 2,07 1.6
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+)	+ +++++ ++++ +++++ +++++++++++++++++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 - 6	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2,036 1.9 25.0%	7.3% 30.6 26.0 8.99 — 8.4 7.49 8.1% 16.9 2,07 1.6
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+ +++++ +++++ ++++++++++++++++++++++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 - 6 4	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2,036 1.9 25.0% 11.6%	7.3% 30.6 26.0 8.99 — 8.4 7.4% 8.1% 16.9 2,07 1.6 27.1% 14.5°
Nutrition and Physical Activity Sleep Health Tobacco Use	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)*	+ ++++ ++ ++++ ++++ +++++ +++++ +++++ ++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 - 6 4 18	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2,036 1.9 25.0% 11.6% 47.8%	7.39 30.6 26.0 8.99 - 8.4 7.49 8.19 16.9 2,07 1.6 27.19 14.5 43.5
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+ ++++ ++ ++++ ++++ ++++ +++++ +++++ ++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 - 6 4 18 35	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2.036 1.9 25.0% 11.6% 47.8% 49%	7.39 30.6 26.0 8.99 - 8.4 7.49 8.19 16.9 2,07 1.6 27.19 14.5 43.5 469
Nutrition and Physical Activity Sleep Health Tobacco Use HEALTH OUTO Behavioral Health Mortality	Fruit and Vegetable Consumption (% of adults ages 65+) Physical Inactivity (% of adults ages 65+ in fair or better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries	+ ++++ ++ ++++ ++++ +++++ +++++ +++++ ++++	44 11 26 42 3 <b>13</b> - 41 25 1 28 - 6 4 18	17.6% 8.5% 30.4% 28.6% 6.7% <b>0.412</b> 8.7 8.3% 7.9% 9.4 2,036 1.9 25.0% 11.6% 47.8%	23.1% 7.3% 30.6 8.99 - 8.44 7.49 8.1% 16.5 2.07 1.6 27.19 14.5; 43.5 46%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **New Mexico**

State Health Department Website: nmhealth.org

### Overall Rank:

### **Summary**

### **Strengths:**

- Low prevalence of multiple chronic conditions
- · Low prevalence of obesity
- · Low percentage of older adults who avoided care due to cost

### **Challenges:**

- · High suicide rate
- · High prevalence of falls
- · High percentage of low-care nursing home residents

### **Highlights:**

FREQUENT PHYSICAL DISTRESS

from 21.1% to 14.9% of adults ages 65+ between 2018 and 2020

**EARLY DEATHS** 

from 1,694 to 2,073 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

16%

from 58.8% to 68.1% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECO	ONOMIC FACTORS*	+	49	-1.263	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	49	778	399
Economic	Food Insecurity (% of adults ages 60+)	+	49	19.7%	12.69
Resources	Poverty (% of adults ages 65+)	+	50	13.5%	9.4%
	Poverty Racial Disparity (ratio)‡		_	3.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	31	60.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	14	\$62	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	47	70.8%	78.09
ngagement	Low-care Nursing Home Residents (% of residents)	+	44	22.2%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	48	89	_
	Volunteerism (% of adults ages 65+)	+++	29	30.7%	31.69
PHYSICAL EN	VIRONMENT*	+++	21	0.447	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	9	6.1	8.3
Quality	Drinking Water Violations (% of community water systems)	+	45	2.9%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	19	27.5%	32.79
CLINICAL CAI	RE*	+++	23	0.152	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
100033 to Ourc	Geriatric Providers (providers per 100,000 adults ages 65+)	++	37	22.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	7	79.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+	45	71.7%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	+++	23	68.1%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	24	72.4%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	46	89.9%	93.5
	Hospice Care (% of Medicare decedents)	+++	26	49.6%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++	32	42.3%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	10	1,101	1,58
BEHAVIORS*		++	35	-0.214	_
Nutrition and	Exercise (% of adults ages 65+)	++++	16	25.2%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	18	28.7%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	34	26.7%	26.0
obacco Use	Smoking (% of adults ages 65+)	++	40	10.7%	8.9%
HEALTH OUT	COMES*	+++	29	0.038	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	11.6	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	10	5.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	30	8.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	47	27.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	29	2,073	2,07
	Early Death Racial Disparity (ratio)‡		_	2.0	1.6
Physical Health	Falls (% of adults ages 65+)	+	48	33.2%	27.19
, oloui i louidi	Frequent Physical Distress (% of adults ages 65+)	++	32	14.9%	14.59
	High Health Status (% of adults ages 65+)*	+++	26	45.8%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries	+++++	10	36%	46%
					1
	ages 65-74) Obesity (% of adults ages 65+)	+++++	4	241%	29.3
	Obesity (% of adults ages 65+) Teeth Extractions (% of adults ages 65+)	+++++	4 23	24.1% 12.9%	29.39

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **New York**

State Health Department Website: health.ny.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of obesity
- · High home health care worker rate
- · Low prevalence of smoking

### **Challenges:**

- · High risk of social isolation
- Low pneumonia vaccination rate
- · High prevalence of insufficient sleep

### **Highlights:**

EARLY DEATHS

from 1,528 to 2,026 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

from 35.0% to 45.5% of adults ages 65+ between 2011 and 2020

**HOME HEALTH CARE WORKERS** 

from 107.6 to 139.3 aides per 1,000 adults ages 65+ between 2016 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	++	37	-0.290	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	25	364	399
conomic	Food Insecurity (% of adults ages 60+)	++	35	13.8%	12.6%
Resources	Poverty (% of adults ages 65+)	+	47	12.0%	9.4%
	Poverty Racial Disparity (ratio)‡		_	3.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	6	\$107	\$57
ınd	High-speed Internet (% of households with adults ages 65+)	+++	30	76.2%	78.09
ingagement	Low-care Nursing Home Residents (% of residents)	+++++	6	9.5%	15.29
	Risk of Social Isolation (index 1–100, adults ages 65+)	+	46	84	_
	Volunteerism (% of adults ages 65+)	+	48	25.3%	31.69
PHYSICAL EN	VIRONMENT*	++	39	-0.003	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	12	6.3	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	48	41.6%	32.7%
CLINICAL CAR	RE*	++	39	-0.311	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	47	5.6%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	12	36.0	31.1
	Home Health Care Workers (workers per 1,000 adults	+++++	1	139.3	57.7
	ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	14	79.0%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	++	34	65.6%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	+	48	63.9%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	40	92.3%	93.59
	Hospice Care (% of Medicare decedents)	+	49	30.0%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	23	46.6%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	25	1,473	1,582
BEHAVIORS*		++++	17	0.280	_
Nutrition and	Exercise (% of adults ages 65+)	++++	20	24.5%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	4	10.0%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	31	32.3%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	43	29.4%	26.09
obacco Use	Smoking (% of adults ages 65+)	+++++	4	6.8%	8.9%
HEALTH OUTC	OMES*	++++	16	0.303	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	8.2	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	32	7.9%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	42	9.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	2	9.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	26	2,026	2,072
	Early Death Racial Disparity (ratio)*		_	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	8	25.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	25	13.8%	14.5%
	High Health Status (% of adults ages 65+)‡	+++	27	45.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+++++	2	23.6%	29.39
					13.49
	Teeth Extractions (% of adults ages 65+)	++++	19	12.0%	10.47

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

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## **North Carolina**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low percentage of low-care nursing home residents
- High prevalence of cancer screenings
- · High flu vaccination rate

### **Challenges:**

- High prevalence of frequent physical distress
- Low percentage of four- or five-star nursing home beds
- · High prevalence of smoking

### **Highlights:**

DRUG DEATHS

from 3.4 to 6.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 21.0% to 15.8% of adults ages 65+ between 2012 and 2020

FLU VACCINATION

from 65.6% to 74.6% of adults ages 65+ between 2018 and 2020

	s	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECO	DNOMIC FACTORS*	+++	29	-0.007	
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	30	419	399
Conomic	Food Insecurity (% of adults ages 60+)	+	41	15.1%	12.69
Resources	Poverty (% of adults ages 65+)	++	33	9.1%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	24	75.9	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	32	\$32	\$5
ınd	High-speed Internet (% of households with adults ages 65+)	+++	29	76.3%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++++	11	10.7%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	30	55	-
	Volunteerism (% of adults ages 65+)	++++	13	36.6%	31.6
PHYSICAL EN	VIRONMENT*	+++++	10	0.663	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	14	6.6	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	11	0.0%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	25	29.5%	32.7
CLINICAL CAI	RE*	+++	24	0.087	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	35	4.4%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	23	28.5	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	38	34.6	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	2	74.6%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	17	73.4%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	19	94.3%	93.5
	Hospice Care (% of Medicare decedents)	+++	28	49.2%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	45	30.4%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	41	1,850	1,58
BEHAVIORS*		++	38	-0.346	_
Nutrition and	Exercise (% of adults ages 65+)	+	42	19.1%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	32	6.5%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	24	30.0%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	24	25.3%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++	38	10.5%	8.99
HEALTH OUT	OMES*	++	35	-0.207	_
	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	6.3	8.4
Behavioral		++++	15	6.4%	7.49
Behavioral Health	Excessive Drinking (% of adults ages 65+)	TTTT	10		
	Frequent Mental Distress (% of adults ages 65+)	+++	30	8.2%	8.19
Health	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	+++	30 14	15.7	16.9
Health	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	+++	30	15.7 2,093	16.9
Health Mortality	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡	+++	30 14 32 —	15.7 2,093 1.5	16.9 2,07 1.6
Health Mortality	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡ Falls (% of adults ages 65+)	+++	30 14 32 — 27	15.7 2,093 1.5 28.4%	16.9 2,07 1.6 27.19
Health Mortality	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡ Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+++	30 14 32 — 27 42	15.7 2,093 1.5 28.4% 16.1%	16.9 2,07 1.6 27.19 14.5
	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)*	+++ +++ ++ ++ ++	30 14 32 - 27 42 32	15.7 2,093 1.5 28.4% 16.1% 43.5%	16.9 2,07 1.6 27.19 14.5 43.5
Health Mortality	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)‡ Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)‡ Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	30 14 32 - 27 42 32 29	15.7 2,093 1.5 28.4% 16.1% 43.5% 48%	8.19 16.9 2,07 1.6 27.19 14.5 43.5 469
Health Mortality	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)* Multiple Chronic Conditions (% of Medicare beneficiaries	+++ +++ ++ ++ ++	30 14 32 - 27 42 32	15.7 2,093 1.5 28.4% 16.1% 43.5%	16.9 2,07 1.6 27.19 14.5 43.5

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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### **North Dakota**

Overall Rank:

### **Summary**

### **Strengths:**

- · Low prevalence of frequent mental distress
- Low percentage of older adults who avoided care due to cost
- Low prevalence of insufficient sleep

### **Challenges:**

- · Low SNAP participation among older adults in poverty
- Low percentage of older adults with a dedicated health care provider
- Low geriatric provider rate

### **Highlights:**

**EXCESSIVE DRINKING** 

from 5.0% to 7.5% of adults ages 65+ between 2011 and 2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 17.1% to 11.7% of adults ages 65+ between 2012 and 2020

**FLU VACCINATION** 

from 57.5% to 69.2% of adults ages 65+ between 2018 and 2020

Measure	S	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECO	ONOMIC FACTORS*	+++	26	0.126	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	21	329	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	4	8.1%	12.69
Resources	Poverty (% of adults ages 65+)	++++	19	8.0%	9.49
	Poverty Racial Disparity (ratio)*		_	_	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	46	44.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	9	\$84	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	45	71.6%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	+++	25	15.4%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	18	44	-
	Volunteerism (% of adults ages 65+)	+++	26	32.4%	31.6
PHYSICAL EN	VIPONMENT*	+++++	1	1.353	_
					1
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	4 1	4.8 0.0%	0.89
Quality	Drinking Water Violations (% of community water systems)	+++++	3		32.7
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	3	23.1%	32.7
CLINICAL CAI	RE*	++	31	-0.113	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	2	2.8%	4.29
Access to ourc	Geriatric Providers (providers per 100,000 adults ages 65+)	+	49	13.0	31.
	Home Health Care Workers (workers per 1,000 adults	++++	15	50.4	57.
	ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65-75)	++	32	76.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++++	16	69.2%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++	35	71.0%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	48	89.3%	93.5
	Hospice Care (% of Medicare decedents)	+	48	31.0%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	19	47.9%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	17	1,298	1,58
BEHAVIORS*		++	36	-0.274	_
Nutrition and	Eversion (0) of adults agen (E)	++			23.1
	Exercise (% of adults ages 65+) Fruit and Vegetable Consumption (% of adults ages 65+)	++	37 37	20.3% 5.7%	7.39
Physical Activity	Physical Inactivity (% of adults ages 65+ in fair or	++	34	32.6%	30.6
Cl 11 lal-	better health)			00.00/	00.0
Sleep Health Tobacco Use	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	++++	9 29	22.6% 9.8%	26.C
			25		0.5
HEALTH OUT		+++++	6	0.555	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	_	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++	27	7.5%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+++++	1	4.8%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	+++++	6	12.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	21	1,945	2,07
	Early Death Racial Disparity (ratio)‡		_	3.5	1.6
Physical Health	Falls (% of adults ages 65+)	++++	12	26.0%	27.19
	Frequent Physical Distress (% of adults ages 65+)	+++++	10	12.2%	14.5
	High Health Status (% of adults ages 65+)‡	++	33	43.0%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	16	40%	469
	Obesity (% of adults ages 65+)	++	37	32.1%	29.3
	Teeth Extractions (% of adults ages 65+)	++++	17	11.7%	13.4
	100011 Extraorio (70 01 dadrio degos 00 )			11.7 70	

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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State Health Department Website: odh.ohio.gov

Overall Rank:

### **Summary**

### **Strengths:**

- · High volunteerism rate
- · High percentage of older adults with a dedicated health care provider
- · High hospice care use

### **Challenges:**

- · High prevalence of obesity
- High preventable hospitalization rate
- · High prevalence of smoking

### **Highlights:**

DRUG DEATHS

from 3.5 to 9.0 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 20.3% to 15.6% of adults ages 65+ between 2012 and 2020

**HOME HEALTH CARE WORKERS** 

from 49.3 to 43.8 aides per 1,000 adults ages 65+ between 2018 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	+++	28	0.066	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	18	309	399
Economic	Food Insecurity (% of adults ages 60+)	+++	25	12.5%	12.6%
Resources	Poverty (% of adults ages 65+)	+++	22	8.3%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	21	78.6	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++	33	\$30	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	32	75.7%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++	29	15.9%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	++	37	62	_
	Volunteerism (% of adults ages 65+)	++++	12	37.5%	31.6%
PHYSICAL EN	VIRONMENT*	++	31	0.283	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	23	29.0%	32.7%
CLINICAL CAR	RE*	+++	27	0.020	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	13	34.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	20	43.8	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	28	77.0%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	++	37	64.8%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	25	72.2%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	14	94.7%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	6	56.7%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	40	36.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	42	1,885	1,582
	Medicare perienciaries ages 05-74)				
BEHAVIORS*		+	42	-0.744	_
Nutrition and	Exercise (% of adults ages 65+)	++	35	20.5%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	43	5.4%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	42	35.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	30	26.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	43	11.2%	8.9%
HEALTH OUTC	OMES*	++	38	-0.404	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	9.0	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++	30	7.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	38	8.7%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	21	16.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	39	2,325	2,072
•	Early Death Racial Disparity (ratio)*		_	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	22	28.0%	27.1%
-	Frequent Physical Distress (% of adults ages 65+)	++	34	15.1%	14.5%
	High Health Status (% of adults ages 65+)*	++	34	42.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	++	39	32.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	34	15.6%	13.4%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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# **Oklahoma**

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of excessive drinking
- · High pneumonia vaccination
- Low prevalence of insufficient sleep

#### **Challenges:**

- · High early death rate
- · High percentage of low-care nursing home residents
- High prevalence of smoking

#### **Highlights:**

GERIATRIC PROVIDERS

from 11.8 to 16.2 per 100,000 adults ages 65+ between September 2018 and September 2021

LOW-CARE NURSING HOME RESIDENTS

from 20.8% to 28.3% of residents between 2019 and 2020

from 16.3 to 21.8 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

Measure	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	NOMIC FACTORS*	+	45	-0.816	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	38	459	399
Economic	Food Insecurity (% of adults ages 60+)	+	43	15.6%	12.69
Resources	Poverty (% of adults ages 65+)	++	37	9.7%	9.49
	Poverty Racial Disparity (ratio)‡		_	4.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	28	63.6	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	41	\$25	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	40	74.1%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	+	48	28.3%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	42	73	-
	Volunteerism (% of adults ages 65+)	+	41	27.2%	31.6
PHYSICAL EN	VIRONMENT*	++	33	0.197	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	40	8.4	8.3
Quality	Drinking Water Violations (% of community water systems)	+	44	2.4%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	7	24.9%	32.7
CLINICAL CAR	RE*	+	43	-0.398	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	39	4.8%	4.2
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	46	16.2	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	44	28.4	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+	46	71.5%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++++	14	69.4%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	6	75.1%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	33	93.1%	93.5
	Hospice Care (% of Medicare decedents)	+++	22	50.4%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	44	31.8%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	44	1,996	1,58
DELIAN/IODO#			40	4404	
BEHAVIORS*		+	46	-1.124	_
Nutrition and	Exercise (% of adults ages 65+)	+	47	14.9%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	47	4.4%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	44	36.7%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	46	12.6%	8.99
HEALTH OUTC	OMES*	+	45	-0.754	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	8.1	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	6	4.9%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	++	40	21.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	49	2,781	2,07
	Early Death Racial Disparity (ratio)‡			1.3	1.6
Physical Health	Falls (% of adults ages 65+)	++	33	29.4%	27.19
	Frequent Physical Distress (% of adults ages 65+)	+	46	17.6%	14.5
	High Health Status (% of adults ages 65+)‡	+	41	39.1%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	43	51%	469
	Obesity (% of adults ages 65+)	+++	26	29.9%	29.3
	Teeth Extractions (% of adults ages 65+)	+	45	19.2%	13.4
OVERALL	<u> </u>	+	46	-0.728	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



# regon

State Health Department Website: oregon.gov/oha/ph

Overall Rank:

#### Summary

#### **Strengths:**

- Low prevalence of multiple chronic conditions
- Low percentage of low-care nursing home residents
- · Low prevalence of physical inactivity

#### **Challenges:**

- · High suicide rate
- · High prevalence of frequent mental distress
- · Low flu vaccination rate

#### **Highlights:**

DRUG DEATHS

**^102%** 

from 4.5 to 9.1 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

GERIATRIC PROVIDERS

from 20.0 to 24.7 per 100,000 adults ages 65+ between September 2018 and September 2021

PNEUMONIA VACCINATION

from 80.9% to 70.9% of adults ages 65+ between 2017 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & EC	DNOMIC FACTORS*	+++++	5	0.668	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	15	292	399
Economic	Food Insecurity (% of adults ages 60+)	++++	19	10.8%	12.69
Resources	Poverty (% of adults ages 65+)	++++	20	8.1%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	25	\$38	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	7	82.7%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	7	9.7%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	20	45	_
	Volunteerism (% of adults ages 65+)	+++++	8	39.3%	31.69
PHYSICAL EN	VIRONMENT*	+	48	-0.317	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	47	9.2	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
Housing	Severe Housing Problems (% of small households with	+	41	36.2%	32.79
lousing	an adult ages 62+)		71	00.270	02.77
CLINICAL CAI	RE*	++++	17	0.275	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	23	4.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	32	24.7	31.1
	Home Health Care Workers (workers per 1,000 adults	+++	24	40.7	57.7
	ages 65+)		0.5	77.50/	
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	25	77.5%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	++	37	64.8%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	++	36	70.9%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	39	92.5%	93.59
	Hospice Care (% of Medicare decedents)	++++	13	53.2%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	10	54.0%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	8	1,047	1,582
BEHAVIORS*		+++++	8	0.672	_
Nutrition and	Exercise (% of adults ages 65+)	++++	14	26.3%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	7	8.8%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	7	25.4%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	17	23.4%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	+++	22	8.9%	8.9%
HEALTH OUT	COMES*	+++	23	0.151	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	9.1	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	41	8.9%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	45	26.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	9	1,742	2,072
TIOI CAILLY	Early Death (death's per 100,000 addits ages 65-74)  Early Death Racial Disparity (ratio)‡		_	2.2	1.6
Physical Health	Falls (% of adults ages 65+)	+++	24	28.2%	27.1%
nysicai ricaitii	Frequent Physical Distress (% of adults ages 65+)	++	32	26.2 <i>%</i> 14.9%	14.59
	High Health Status (% of adults ages 65+)‡		32 19		43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries	++++		47.2%	46%
	ages 65-74)	TTT##	7	35%	
	Obesity (% of adults ages 65+)	+++++	6	25.5%	29.39
	Teeth Extractions (% of adults ages 65+)	++++	14	11.3%	13.49
OVERALL		++++	12	0.412	T -

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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# Pennsylvania

Overall Rank:

#### Summary

#### **Strengths:**

- · Low prevalence of excessive drinking
- High SNAP participation among older adults in poverty
- · High home health care worker rate

#### **Challenges:**

- High prevalence of frequent physical distress
- · High prevalence of physical inactivity
- · High level of air pollution

#### **Highlights:**

DRUG DEATHS

from 3.5 to 8.7 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

LOW-CARE NURSING HOME RESIDENTS

from 5.8% to 13.2% of residents between 2018 and 2020

**HOME HEALTH CARE WORKERS** 

from 60.6 to 80.7 aides per 1,000 adults ages 65+ between 2016 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS*	+++	22	0.251	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	27	390	399
Economic	Food Insecurity (% of adults ages 60+)	+++	22	11.5%	12.6%
Resources	Poverty (% of adults ages 65+)	+++	22	8.3%	9.4%
	Poverty Racial Disparity (ratio)‡		_	5.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	7	\$94	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	39	74.3%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++	21	13.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	33	59	
	Volunteerism (% of adults ages 65+)	+++	21	33.5%	31.6%
PHYSICAL EN	VIRONMENT*	++	36	0.043	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
Quality	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	33	32.0%	32.7%
CLINICAL CAI	RE*	++++	18	0.255	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	9	40.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	5	80.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	23	78.0%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++	30	66.7%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	++	33	71.4%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	10	95.1%	93.59
•	Hospice Care (% of Medicare decedents)	+++	27	49.3%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	34	42.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	31	1,677	1,582
BEHAVIORS*		++	40	-0.554	_
Nutrition and	Exercise (% of adults ages 65+)	+++	29	21.7%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	41	34.5%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	31	26.3%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	++	35	10.2%	8.9%
HEALTH OUT	OMES*	++	34	-0.100	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	8.7	8.4
Health	Excessive Drinking (% of adults ages 65+)	++++	12	6.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	25	7.9%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	19	16.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	30	2,074	2,072
	Early Death Racial Disparity (ratio)*		_	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	++++	19	27.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	44	16.7%	14.5%
	High Health Status (% of adults ages 65+)‡	++	36	41.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	+++	24	29.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	32	14.6%	13.4%
	reeti Extractions (% or addits ages 001)		02	17.070	10

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **Rhode Island**

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low suicide rate
- · High flu vaccination rate
- · High geriatric provider rate

#### **Challenges:**

- · Low volunteerism rate
- · High prevalence of insufficient sleep
- · High prevalence of severe housing problems

#### **Highlights:**

DRUG DEATHS

from 5.4 to 11.7 deaths per 100,000 adults ages 65+ between 2010-2012 and 2018-2020

HIGH HEALTH STATUS

from 36.9% to 48.8% of adults ages 65+ between 2011 and 2020

FREQUENT PHYSICAL DISTRESS

28%

from 17.4% to 12.5% of adults ages 65+ between 2018 and 2020

Measure	S	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECC	NOMIC FACTORS*	++	33	-0.181	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	7	231	399
conomic	Food Insecurity (% of adults ages 60+)	+++	24	12.4%	12.69
Resources	Poverty (% of adults ages 65+)	+++	30	8.9%	9.4%
	Poverty Racial Disparity (ratio)‡		_	6.5	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
ocial Support	Community Support Expenditures (dollars per adult ages 60+)	+	42	\$24	\$57
nd	High-speed Internet (% of households with adults ages 65+)	++++	20	78.0%	78.0
ingagement	Low-care Nursing Home Residents (% of residents)	+++	30	16.2%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	41	69	_
	Volunteerism (% of adults ages 65+)	+	50	22.5%	31.69
PHYSICAL EN	VIRONMENT*	++	37	0.040	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.0	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	45	38.6%	32.79
CLINICAL CAP	RE*	+++++	4	0.700	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	2	56.6	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	35	36.2	57.7
reventive	Cancer Screenings (% of adults ages 65-75)	+++++	2	82.8%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	4	72.7%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	14	74.2%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	7	95.6%	93.59
	Hospice Care (% of Medicare decedents)	+++++	5	57.5%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	27	44.8%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	26	1,474	1,58
BEHAVIORS*		++++	18	0.264	_
lutrition and	Exercise (% of adults ages 65+)	++++	19	24.7%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	3	10.4%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	24	30.0%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	45	29.6%	26.09
obacco Use	Smoking (% of adults ages 65+)	++++	17	8.4%	8.9%
HEALTH OUTC	OMES*	+++++	10	0.460	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	11.7	8.4
lealth	Excessive Drinking (% of adults ages 65+)	+++	29	7.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	22	7.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	5	10.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	15	1,815	2,07
	Early Death Racial Disparity (ratio)*		_	1.2	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	6	25.0%	27.19
	Frequent Physical Distress (% of adults ages 65+)	++++	14	12.5%	14.59
	High Health Status (% of adults ages 65+)‡	++++	15	48.8%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	++++	12	26.4%	29.39
	Teeth Extractions (% of adults ages 65+)	++++	15	11.5%	13.49
OVERALL		++++	18	0.255	

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **South Carolina**

Overall Rank:

#### Summary

#### **Strengths:**

- · Low prevalence of frequent mental distress
- Low percentage of low-care nursing home residents
- High prevalence of cancer screenings

#### **Challenges:**

- · High prevalence of multiple chronic conditions
- Low level of community support expenditures
- · Low home health care worker rate

#### **Highlights:**

GERIATRIC PROVIDERS

24%

from 21.1 to 26.1 per 100,000 adults ages 65+ between September 2018 and September 2021

EARLY DEATHS

from 1,916 to 2,241 deaths per 100,000 adults ages 65-74 between 2019 and 2020

from 34.7% to 40.7% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & EC	DNOMIC FACTORS*	++	38	-0.292	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	44	531	399
Economic	Food Insecurity (% of adults ages 60+)	++	31	13.4%	12.69
Resources	Poverty (% of adults ages 65+)	++	39	10.1%	9.4%
	Poverty Racial Disparity (ratio)‡		_	3.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	40	50.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	47	\$21	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++	26	76.8%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	3	7.9%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	28	52	_
	Volunteerism (% of adults ages 65+)	++	35	28.7%	31.69
PHYSICAL EN	VIRONMENT*	++++	11	0.647	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	21	7.1	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.89
Housing	Severe Housing Problems (% of small households with	+++	21	28.0%	32.7
Housing	an adult ages 62+)	111	۷1	20.076	32.7
CLINICAL CAI	RE*	++	33	-0.148	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	42	5.0%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	29	26.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	42	29.0	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	20	78.3%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++	34	65.6%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	23	72.5%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	30	93.3%	93.5
	Hospice Care (% of Medicare decedents)	+++	21	50.8%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	31	42.6%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	27	1,524	1,58
BEHAVIORS*		++	34	-0.164	_
Nutrition and	Exercise (% of adults ages 65+)	+++	23	23.4%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	27	7.3%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	37	32.9%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	26	25.4%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++	33	10.0%	8.99
HEALTH OUT	OMES*	++	36	-0.287	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	7.7	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.49
	Frequent Mental Distress (% of adults ages 65+)	++++	19	7.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	24	16.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	37	2,241	2,07
•	Early Death Racial Disparity (ratio)*		_	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	21	27.7%	27.19
	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.59
	High Health Status (% of adults ages 65+)*	++	37	40.7%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	40	50%	469
	Obesity (% of adults ages 65+)	++	35	31.8%	29.3
	Teeth Extractions (% of adults ages 65+)	++	36	15.9%	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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## **South Dakota**

## Overall Rank:

#### **Summary**

#### **Strengths:**

- Low prevalence of frequent mental distress
- · High pneumonia vaccination
- Low prevalence of insufficient sleep

#### **Challenges:**

- · High prevalence of falls
- · Low geriatric provider rate
- · Low home health care worker rate

#### **Highlights:**

HIGH HEALTH STATUS

from 38.0% to 46.7% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

from 25.6 to 19.7 aides per 1,000 adults ages 65+ between 2017 and 2020

EARLY DEATHS

from 1.619 to 1.953 deaths per 100,000 adults ages 65-74 between 2019 and 2020

	S	Rating	Rank	Value	Valu
SOCIAL & ECC	DNOMIC FACTORS*	++++	19	0.327	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	43	501	399
Economic	Food Insecurity (% of adults ages 60+)	+++++	7	9.0%	12.69
Resources	Poverty (% of adults ages 65+)	++++	16	7.7%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	35	56.9	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	11	\$77	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	36	74.9%	78.0
Engagement	Low-care Nursing Home Residents (% of residents)	+	41	18.7%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	_
	Volunteerism (% of adults ages 65+)	+++++	2	42.2%	31.69
PHYSICAL EN	VIRONMENT*	+++++	3	1.260	-
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	7	5.1	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.89
Housing	Severe Housing Problems (% of small households with	+++++	5	24.5%	32.7
	an adult ages 62+)				
CLINICAL CAI	RE*	++++	16	0.284	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	7	3.0%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	50	12.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	49	19.7	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++++	9	79.7%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++++	8	72.0%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	1	76.4%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	16	94.5%	93.5
	Hospice Care (% of Medicare decedents)  Hospital Readmissions (risk-standardized readmission rate	+	45 8	43.2%	50.7
	per 100 admissions)	+++++	0	15	
	Nursing Home Quality (% of beds rated four or five stars)	+++	29	44.1%	41.29
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	18	1,308	1,58
BEHAVIORS*		+++	21	0.156	_
Nutrition and	Exercise (% of adults ages 65+)	++	35	20.5%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	34	6.0%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	20	29.2%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	1	18.2%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+++	27	9.5%	8.9%
HEALTH OUT	OMES*	+++	23	0.151	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	_	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	2	5.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	23	16.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	22	1,953	2,07
	Early Death Racial Disparity (ratio)‡		_	3.6	1.6
Physical Health	Falls (% of adults ages 65+)	+	48	33.2%	27.19
	Frequent Physical Distress (% of adults ages 65+)	++++	12	12.4%	14.59
	High Health Status (% of adults ages 65+)‡	++++	20	46.7%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries	++++	13	38%	46%
	ages 65-74)				
	ages 65-74)  Obesity (% of adults ages 65+)  Teeth Extractions (% of adults ages 65+)	++	38 30	32.4% 13.8%	29.3

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



### Tennessee

Overall Rank:

#### **Summary**

#### **Strengths:**

- Low percentage of low-care nursing home residents
- · Low prevalence of excessive drinking
- Low prevalence of insufficient sleep

#### **Challenges:**

- · High early death rate
- High prevalence of full-mouth teeth extractions
- High prevalence of smoking

#### **Highlights:**

GERIATRIC PROVIDERS

from 19.4 to 24.7 per 100,000 adults ages 65+ between September 2018 and September 2021

SUICIDE

from 16.8 to 21.1 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

HIGH HEALTH STATUS

from 32.6% to 39.4% of adults ages 65+ between 2017 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECO	DNOMIC FACTORS*	++	40	-0.407	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	48	673	399
Economic	Food Insecurity (% of adults ages 60+)	++	33	13.7%	12.69
Resources	Poverty (% of adults ages 65+)	++	37	9.7%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	27	64.6	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	44	\$23	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	41	73.7%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	4	8.6%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	40	67	_
	Volunteerism (% of adults ages 65+)	++	32	30.2%	31.69
PHYSICAL EN	VIRONMENT*	+++++	9	0.680	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
Quality	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.89
Housing	Severe Housing Problems (% of small households with	++++	11	25.9%	32.7
lousing	an adult ages 62+)			20.070	02.7
CLINICAL CAI	RE*	++	40	-0.349	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	39	4.8%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	32	24.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	48	22.5	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	+++	21	78.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+	46	62.1%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	15	73.9%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	24	93.9%	93.5
,	Hospice Care (% of Medicare decedents)	+	42	44.9%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	39	37.4%	41.29
	Preventable Hospitalizations (discharges per 100,000	++	35	1,762	1,58
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		++	36	-0.274	_
Nutrition and	Exercise (% of adults ages 65+)	++	33	20.9%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	9	8.7%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	31	32.3%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	15	23.3%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	50	14.0%	8.99
HEALTH OUT	OMES*	++	39	-0.446	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	9.3	8.4
Health	Excessive Drinking (% of adults ages 65+)	+++++	3	4.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	29	8.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	39	21.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	43	2,563	2,07
	Early Death Racial Disparity (ratio)*		_	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	++	35	29.5%	27.19
	Frequent Physical Distress (% of adults ages 65+)	++	40	15.8%	14.59
	High Health Status (% of adults ages 65+)‡	++	39	39.4%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)	++	40	50%	46%
	Obesity (% of adults ages 65+)	+++	27	30.3%	29.3
			**		
	Teeth Extractions (% of adults ages 65+)	+	45	19.2%	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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### exas

State Health Department Website: dshs.state.tx.us

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of frequent mental distress
- · Low prevalence of frequent physical distress
- High home health care worker rate

#### **Challenges:**

- · High prevalence of obesity
- · High prevalence of food insecurity
- · High percentage of older adults who avoided care due to cost

#### **Highlights:**

OBESITY

24%

from 26.3% to 32.6% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

from 1,857 to 2,268 deaths per 100,000 adults ages 65-74 between 2019 and 2020

**GERIATRIC PROVIDERS** 

from 29.1 to 33.4 per 100,000 adults ages 65+ between September 2018 and September 2021

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & EC	DNOMIC FACTORS*	+	44	-0.587	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	36	447	399
Economic	Food Insecurity (% of adults ages 60+)	+	47	17.8%	12.69
Resources	Poverty (% of adults ages 65+)	+	44	10.6%	9.4%
	Poverty Racial Disparity (ratio)‡		_	5.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	25	68.7	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	45	\$22	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++	21	77.8%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	++	36	17.2%	15.29
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	34	61	_
	Volunteerism (% of adults ages 65+)	++	37	28.4%	31.69
PHYSICAL EN	VIRONMENT*	++	34	0.093	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
Quality	Drinking Water Violations (% of community water systems)	++	38	0.8%	0.8%
Housing	Severe Housing Problems (% of small households with	+++	30	30.4%	32.79
lousing	an adult ages 62+)		00	00.470	02.77
CLINICAL CA	RE*	++	35	-0.210	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	43	5.2%	4.2%
to cook to care	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	15	33.4	31.1
	Home Health Care Workers (workers per 1,000 adults	+++++	6	79.9	57.7
	ages 65+)				
Preventive	Cancer Screenings (% of adults ages 65–75)	+++	27	77.3%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	++	39	64.5%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	++	37	70.8%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	44	91.0%	93.59
	Hospice Care (% of Medicare decedents)	++++	15	52.8%	50.79
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	46	29.1%	41.29
	Preventable Hospitalizations (discharges per 100,000	++	33	1,713	1,582
	Medicare beneficiaries ages 65-74)				
BEHAVIORS*		+++	24	0.080	_
Nutrition and	Exercise (% of adults ages 65+)	+++	22	23.6%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	13	8.4%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	33	32.4%	30.69
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.09
Tobacco Use	Smoking (% of adults ages 65+)	++++	16	8.2%	8.9%
HEALTH OUT	COMES*	++	32	-0.074	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	6.5	8.4
Health	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	22	16.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	38	2,268	2,072
··· · · · · ·	Early Death Racial Disparity (ratio)‡		_	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	+++	25	28.3%	27.1%
,	Frequent Physical Distress (% of adults ages 65+)	++++	18	13.0%	14.59
	High Health Status (% of adults ages 65+)*	++	38	39.9%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries	+++	29	48%	46%
	ages 65-74)				
	Obesity (% of adults ages 65+)	++	39	32.6%	29.39
	Teeth Extractions (% of adults ages 65+)	+++	28	13.3%	13.49

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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Overall Rank:

## Utah

State Health Department Website: health.utah.gov

#### **Summary**

#### **Strengths:**

- · Low prevalence of excessive drinking
- Low risk of social isolation
- · Low prevalence of smoking

#### **Challenges:**

- · High prevalence of falls
- · Low SNAP participation among older adults in poverty
- Low geriatric provider rate

#### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 3.6% to 10.1% of residents between 2019 and 2020

DRUG DEATHS

100%

from 5.6 to 11.2 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

HIGH HEALTH STATUS

14%

from 42.3% to 48.2% of adults ages 65+ between 2011 and 2020

	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & EC	DNOMIC FACTORS*	+++++	1	0.959	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	12	261	399
Economic	Food Insecurity (% of adults ages 60+)	++++	19	10.8%	12.6%
Resources	Poverty (% of adults ages 65+)	+++++	2	6.2%	9.4%
	Poverty Racial Disparity (ratio)*		_	4.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	48	39.7	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	19	\$50	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	1	86.0%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	8	10.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	1	1	01.00/
	Volunteerism (% of adults ages 65+)	+++++	1	44.6%	31.6%
PHYSICAL EN		++++	16	0.563	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	++	36	7.9	8.3
Quality	Drinking Water Violations (% of community water systems)	+++++	1 14	0.0% 26.6%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	14	26.6%	32.7%
CLINICAL CAI	RE*	+++++	8	0.575	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	23	4.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	39	20.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	27	38.6	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	34	75.4%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	+++	22	68.5%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	13	74.5%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	22	94.1%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	1	60.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	7	58.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	4	894	1,582
BEHAVIORS*		+++++	4	0.928	_
Nutrition and	Exercise (% of adults ages 65+)	++++	12	27.0%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	++	31	6.7%	7.3%
A main sian s	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	4	24.9%	30.6%
ACTIVITY	Detter rieditiry				
•	Insufficient Sleep (% of adults ages 65+)	++++	11	23.0%	26.0%
Sleep Health	· · · · · · · · · · · · · · · · · · ·	++++	11 1	23.0%	26.0% 8.9%
Sleep Health	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)				_
Sleep Health Tobacco Use HEALTH OUTC	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Trug Deaths (deaths per 100,000 adults ages 65+)	+++++	1	3.4%	_
Activity Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)	+++++	1 4 - 1	3.4% <b>0.587</b> 11.2 2.7%	8.9% — 8.4 7.4%
Sleep Health Tobacco Use  HEALTH OUTC Behavioral	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)	+++++ +++++ ++++	1 <b>4</b> - 1 23	3.4% <b>0.587</b> 11.2  2.7%  7.5%	8.9% — 8.4 7.4% 8.1%
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)	+++++ +++++ +++	1 4 - 1 23 31	3.4% <b>0.587</b> 11.2  2.7%  7.5%  18.9	8.9% 
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)	+++++ +++++ ++++	1 4 — 1 23 31 6	3.4% <b>0.587</b> 11.2  2.7%  7.5%  18.9  1,681	8.9% 
Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health  Mortality	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)‡	+++++ +++++ +++ +++	1 4 - 1 23 31 6 -	3.4% <b>0.587</b> 11.2  2.7%  7.5%  18.9  1,681  2.9	8.9%  8.4  7.4%  8.1%  16.9  2,072  1.6
Sleep Health Tobacco Use  HEALTH OUTO Behavioral Health	Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)‡  Falls (% of adults ages 65+)	+++++ +++++ +++ +++ ++	1 4 - 1 23 31 6 - 36	3.4% <b>0.587</b> 11.2  2.7%  7.5%  18.9  1,681  2.9  29.8%	8.9%
Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health  Mortality	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+)	+++++ +++++ ++++++++++++++++++++++++++	1  1 23 31 6  36 15	3.4% <b>0.587</b> 11.2 2.7% 7.5% 18.9 1,681 2.9 29.8% 12.7%	8.9%
Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health  Mortality	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+)	+++++ +++++ +++++ +++++++ +++++++++	1 4 — 1 23 31 6 — 36 15 16	3.4%  0.587  11.2 2.7% 7.5% 18.9 1,681 2.9 29.8% 12.7% 48.2%	8.9%
Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health  Mortality	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio) Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	******  *****  *****  ****  ****  ****  ****	1 4 — 1 23 31 6 — 36 15 16 14	3.4% <b>0.587</b> 11.2 2.7% 7.5% 18.9 1.681 2.9 29.8% 12.7% 48.2% 39%	8.9%
Sleep Health Tobacco Use  HEALTH OUTC Behavioral Health  Mortality	Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74) Early Death Racial Disparity (ratio)* Falls (% of adults ages 65+) Frequent Physical Distress (% of adults ages 65+) High Health Status (% of adults ages 65+) Multiple Chronic Conditions (% of Medicare beneficiaries	+++++ +++++ +++++ +++++++ +++++++++	1 4 — 1 23 31 6 — 36 15 16	3.4%  0.587  11.2 2.7% 7.5% 18.9 1,681 2.9 29.8% 12.7% 48.2%	8.9%

 $<sup>\</sup>ensuremath{^{\star}}\xspace$  Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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### Vermont

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low early death rate
- Low prevalence of multiple chronic conditions
- · High level of community support expenditures

#### **Challenges:**

- · High suicide rate
- · High prevalence of falls
- High prevalence of severe housing problems

#### **Highlights:**

FREQUENT PHYSICAL DISTRESS

from 16.4% to 11.5% of adults ages 65+ between 2019 and 2020

**GERIATRIC PROVIDERS** 

from 25.7 to 31.1 per 100,000 adults ages 65+ between September 2018 and September 2021

PNEUMONIA VACCINATION

from 80.6% to 72.7% of adults ages 65+ between 2017 and 2020

	S	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	NOMIC FACTORS*	+++++	2	0.931	
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	3	173	399
conomic	Food Insecurity (% of adults ages 60+)	+++++	6	8.9%	12.69
Resources	Poverty (% of adults ages 65+)	+++++	1	6.1%	9.49
	Poverty Racial Disparity (ratio)‡		_	_	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++++	5	\$110	\$5
and	High-speed Internet (% of households with adults ages 65+)	++++	19	78.7%	78.0
ingagement	Low-care Nursing Home Residents (% of residents)	++++	15	11.7%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	-
	Volunteerism (% of adults ages 65+)	++++	16	34.8%	31.6
PHYSICAL EN	VIRONMENT*	++++	18	0.537	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++++	5	4.9	8.3
Quality	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.89
lousing	Severe Housing Problems (% of small households with	+	41	36.2%	32.7
	an adult ages 62+)				
CLINICAL CAP	RE*	++++	13	0.381	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	18	31.1	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	12	56.5	57.
Preventive	Cancer Screenings (% of adults ages 65–75)	++++	12	79.2%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++++	14	69.4%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++	21	72.7%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+) Hospice Care (% of Medicare decedents)	++++	14 46	94.7% 42.9%	93.5
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	15	50.1%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	16	1,271	1,58
BEHAVIORS*		+++++	2	1.202	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	3	29.3%	23.1
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	1	12.3%	7.39
Physical	DI : II ::: (0/ ( I I I: OF:: (:		11	26.1%	30.6
Physical Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	11	200	
Activity Gleep Health	better health) Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.0
Activity Gleep Health	better health)				
Activity Gleep Health Tobacco Use	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)	++++	12	23.1%	26.0
•	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES* Drug Deaths (deaths per 100,000 adults ages 65+)	++++	12 7 <b>9</b>	23.1%	26.0
Activity Sleep Health Tobacco Use HEALTH OUTC	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES* Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+)	++++ +++++ ++++	12 7 <b>9</b> — 21	23.1% 7.1% <b>0.516</b> 5.9 7.2%	26.0 8.99 
Activity Sleep Health Tobacco Use HEALTH OUTC	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)	+++++ +++++ +++++	12 7 <b>9</b> - 21 8	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4%	26.0 8.99 - 8.4 7.49 8.19
Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	++++ +++++ +++++ ++	12 7 <b>9</b>  21 8 38	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5	26.0 8.99  8.4 7.49 8.19 16.9
Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health	better health) Insufficient Sleep (% of adults ages 65+) Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+) Excessive Drinking (% of adults ages 65+) Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+) Early Death (deaths per 100,000 adults ages 65-74)	+++++ +++++ +++++	12 7 <b>9</b> - 21 8	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4%	26.0 8.99 8.4 7.49 8.19 16.9 2,07
Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	better health)  Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)‡	++++ +++++ +++ +++ +++	12 7 9 - 21 8 38 2 -	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5 1,611	26.0 8.99 8.4 7.49 8.19 16.9 2,07
Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	better health)  Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)	++++ +++++ +++++ ++	12 7 9 - 21 8 38 2 - 45	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5 1,611	26.0 8.99 8.4 7.49 8.19 16.9 2,07 1.6
Activity Sleep Health Tobacco Use HEALTH OUTC Behavioral Health Mortality	better health)  Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)‡	*****  *****  ****  ****  ***  ***  **	12 7 9 - 21 8 38 2 -	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5 1,611	26.0 8.99 8.4 7.49 8.19 16.9 2,07 1.6 27.11 14.5
Activity  Sleep Health  Tobacco Use	better health)  Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Early Death (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	*****  *****  ****  ****  ****  ****  ****	12 7 9  21 8 38 2  45 3	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5 1.611 — 31.1% 11.5%	26.0 8.99
Activity Sleep Health Fobacco Use HEALTH OUTC Behavioral Health Mortality	better health)  Insufficient Sleep (% of adults ages 65+)  Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-4)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)  Multiple Chronic Conditions (% of Medicare beneficiaries	++++ ++++ +++ +++ +++ ++++ +++++	12 7 9 21 8 38 2 45 3 3	23.1% 7.1% <b>0.516</b> 5.9 7.2% 6.4% 20.5 1.611 — 31.1% 11.5% 53.1%	26.0 8.99 - 8.4 7.49 8.19 16.9 2,07 1.6 27.19 14.5 43.5

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

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# Virginia

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of frequent mental distress
- · Low prevalence of food insecurity
- Low prevalence of insufficient sleep

#### **Challenges:**

- · Low level of community support expenditures
- High preventable hospitalization rate
- Low percentage of four- or five-star nursing home beds

#### **Highlights:**

DRUG DEATHS

from 2.6 to 5.9 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

**FULL-MOUTH TEETH EXTRACTIONS** 

from 16.1% to 10.9% of adults ages 65+ between 2012 and 2020

**GERIATRIC PROVIDERS** 

from 21.9 to 27.0 per 100,000 adults ages 65+ between September 2018 and September 2021

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & ECC	DNOMIC FACTORS*	++++	15	0.392	_
Community and Camily Safety	Violent Crime (offenses per 100,000 population)	+++++	6	209	399
Conomic	Food Insecurity (% of adults ages 60+)	++++	11	9.4%	12.69
Resources	Poverty (% of adults ages 65+)	+++++	6	7.1%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	26	67.4	81.0
ocial Support	Community Support Expenditures (dollars per adult ages 60+)	++	37	\$27	\$57
nd	High-speed Internet (% of households with adults ages 65+)	+++	21	77.8%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++++	19	12.9%	15.29
	Risk of Social Isolation (index 1–100, adults ages 65+)	++++	18	44	-
	Volunteerism (% of adults ages 65+)	++++	20	33.6%	31.6
PHYSICAL EN	VIRONMENT*	++++	12	0.643	-
ir and Water	Air Pollution (micrograms of fine particles per cubic meter)	++++	13	6.5	8.3
Quality	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.89
lousing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	28	30.0%	32.7
CLINICAL CAF	RE*	+++	26	0.073	_
ccess to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	17	3.8%	4.29
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	26	27.0	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	28	38.0	57.
reventive	Cancer Screenings (% of adults ages 65-75)	++++	11	79.3%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++++	16	69.2%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	11	74.6%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	30	93.3%	93.5
	Hospice Care (% of Medicare decedents)	++	35	46.7%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	37	38.3%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	29	1,593	1,58
BEHAVIORS*		++++	19	0.174	_
lutrition and	Exercise (% of adults ages 65+)	+++	27	21.8%	23.1
hysical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	26	7.5%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	16	28.2%	30.6
leep Health	Insufficient Sleep (% of adults ages 65+)	++++	15	23.3%	26.0
obacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.99
HEALTH OUTC	OMES*	++++	14	0.409	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	5.9	8.4
lealth	Excessive Drinking (% of adults ages 65+)	++++	15	6.4%	7.49
	Frequent Mental Distress (% of adults ages 65+)	++++	14	6.6%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	+++	25	17.0	16.9
<b>Nortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	++++	20	1,938	2,07
	Early Death Racial Disparity (ratio)‡			1.5	1.6
hysical Health	Falls (% of adults ages 65+)	++++	11	25.9%	27.19
	Frequent Physical Distress (% of adults ages 65+)	+++	24	13.7%	14.5
	High Health Status (% of adults ages 65+)‡	+++	23	46.5%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	26	45%	469
	Obesity (% of adults ages 65+)	++++	18	28.2%	29.3
	Teeth Extractions (% of adults ages 65+)	++++	11	10.9%	13.4
OVERALL		++++	16	0.301	_

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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Overall Rank:

# Washington

#### **Summary**

#### **Strengths:**

- · Low early death rate
- Low prevalence of multiple chronic conditions
- High SNAP participation among older adults in poverty

#### **Challenges:**

- · High suicide rate
- · High prevalence of falls
- Low level of community support expenditures

#### **Highlights:**

DRUG DEATHS

from 5.8 to 9.5 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

PHYSICAL INACTIVITY

from 20.0% to 24.9% of adults ages 65+ in fair or better health between 2015 and 2020

FLU VACCINATION

from 60.7% to 71.6% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Value
SOCIAL & EC	DNOMIC FACTORS*	+++++	6	0.647	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	16	294	399
Economic	Food Insecurity (% of adults ages 60+)	+++	21	11.1%	12.6%
Resources	Poverty (% of adults ages 65+)	++++	15	7.5%	9.4%
	Poverty Racial Disparity (ratio)‡		_	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+	50	\$18	\$57
and	High-speed Internet (% of households with adults ages 65+)	+++++	2	84.5%	78.0%
Engagement	Low-care Nursing Home Residents (% of residents)	+++++	9	10.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	15	41	_
	Volunteerism (% of adults ages 65+)	++++	15	36.2%	31.6%
PHYSICAL EN	VIRONMENT*	+	41	-0.067	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
Quality	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	36	33.9%	32.7%
CLINICAL CA	RE*	+++++	9	0.518	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	25	4.1%	4.2%
Access to ourc	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	21	29.6	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	19	46.5	57.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++++	14	79.0%	75.9%
Clinical	Flu Vaccination (% of adults ages 65+)	++++	11	71.6%	67.3%
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	9	74.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	41	91.8%	93.5%
•	Hospice Care (% of Medicare decedents)	++	37	46.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	9	57.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	7	1,032	1,582
BEHAVIORS*		+++++	6	0.868	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	7	27.9%	23.1%
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	5	9.8%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	4	24.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	22	25.1%	26.0%
					20.07
	Smoking (% of adults ages 65+)	++++	14	7.9%	8.9%
	Smoking (% of adults ages 65+)	++++	14 <b>17</b>	7.9% <b>0.288</b>	8.9%
Tobacco Use	Smoking (% of adults ages 65+)	++++			_
Tobacco Use  HEALTH OUTO Behavioral	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)	++++	<b>17</b>	<b>0.288</b> 9.5	— 8.4
Tobacco Use  HEALTH OUTO Behavioral	Smoking (% of adults ages 65+)  OMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)	++++	<b>17</b> - 28	<b>0.288</b> 9.5 7.6%	8.4 7.4%
Tobacco Use  HEALTH OUTO Behavioral	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)	++++	<b>17</b> 28 32	9.5 7.6% 8.3%	8.4 7.4% 8.1%
Tobacco Use  HEALTH OUTO Behavioral Health	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)	++++ +++ ++	17 - 28 32 36	9.5 7.6% 8.3% 20.2	8.4 7.4% 8.1% 16.9
Tobacco Use  HEALTH OUTO Behavioral Health	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)	++++ ++ ++	<b>17</b> 28 32	9.5 7.6% 8.3% 20.2 1,692	8.4 7.4% 8.1%
Tobacco Use  HEALTH OUTO Behavioral Health  Mortality	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)  Early Death Racial Disparity (ratio)	++++ ++ ++	17 28 32 36 7 	9.5 7.6% 8.3% 20.2 1,692 1.7	8.4 7.4% 8.1% 16.9 2,072 1.6
Tobacco Use  HEALTH OUTO Behavioral Health  Mortality	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)	++++ ++ ++ ++ +	17 - 28 32 36 7 - 41	9.5 7.6% 8.3% 20.2 1,692 1.7 30.6%	8.4 7.4% 8.1% 16.9 2,072 1.6 27.1%
Tobacco Use  HEALTH OUTO Behavioral Health  Mortality	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)	++++ ++ ++ ++ ++ +++	17 - 28 32 36 7 - 41 28	9.5 7.6% 8.3% 20.2 1,692 1.7 30.6% 14.3%	8.4 7.4% 8.1% 16.9 2,072 1.6 27.1% 14.5%
Tobacco Use  HEALTH OUTO Behavioral Health  Mortality	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)  Multiple Chronic Conditions (% of Medicare beneficiaries	++++ ++ ++ ++ +	17 - 28 32 36 7 - 41	9.5 7.6% 8.3% 20.2 1,692 1.7 30.6%	8.4 7.4% 8.1% 16.9 2,072 1.6 27.1%
Tobacco Use  HEALTH OUTO Behavioral Health  Mortality	Smoking (% of adults ages 65+)  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)  Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ ++ +	17 	9.5 7.6% 8.3% 20.2 1,692 1.7 30.6% 14.3% 49.3% 34%	8.4 7.4% 8.1% 16.9 2,072 1.6 27.1% 14.5% 43.5% 46%
Tobacco Use	Smoking (% of adults ages 65+)  COMES*  Drug Deaths (deaths per 100,000 adults ages 65+)  Excessive Drinking (% of adults ages 65+)  Frequent Mental Distress (% of adults ages 65+)  Suicide (deaths per 100,000 adults ages 65+)  Early Death (deaths per 100,000 adults ages 65-74)  Early Death Racial Disparity (ratio)*  Falls (% of adults ages 65+)  Frequent Physical Distress (% of adults ages 65+)  High Health Status (% of adults ages 65+)  Multiple Chronic Conditions (% of Medicare beneficiaries	++++ ++ ++ ++ +++ ++++	17 	9.5 7.6% 8.3% 20.2 1,692 1.7 30.6% 14.3% 49.3%	8.4 7.4% 8.1% 16.9 2,072 1.6 27.1% 14.5% 43.5%

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

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# **West Virginia**

# Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of excessive drinking
- High SNAP participation among older adults in poverty
- Low prevalence of severe housing problems

#### **Challenges:**

- · High prevalence of falls
- · High prevalence of frequent physical distress
- High prevalence of smoking

#### **Highlights:**

DRUG DEATHS

**157%** 

from 4.4 to 11.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

PHYSICAL INACTIVITY

from 30.5% to 39.4% of adults ages 65+ in fair or better health between 2016 and 2020

PNEUMONIA VACCINATION

**16%** 

from 64.4% to 74.6% of adults ages 65+ between 2011 and 2020

Measure	s	Rating	State Rank	State Value	U.S. Valu
SOCIAL & EC	DNOMIC FACTORS*	+	42	-0.458	_
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	23	356	399
Economic	Food Insecurity (% of adults ages 60+)	+	45	17.0%	12.69
Resources	Poverty (% of adults ages 65+)	++	35	9.3%	9.4%
Resources	Poverty Racial Disparity (ratio)‡		_	1.6	2.7
	SNAP Reach (participants per 100 adults ages 60+	+++++	1	100.0	81.0
	in poverty)				
Social Support	Community Support Expenditures (dollars per adult ages 60+)	++++	15	\$59	\$57
and	High-speed Internet (% of households with adults ages 65+)	+	49	69.3%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++	38	17.5%	15.29
	Risk of Social Isolation (index 1–100, adults ages 65+)	+	44	78	_
	Volunteerism (% of adults ages 65+)	+++	30	30.5%	31.69
PHYSICAL EN	VIRONMENT*	++	32	0.250	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	21	7.1	8.3
Quality	Drinking Water Violations (% of community water systems)	+	50	10.2%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	1	18.7%	32.79
CLINICAL CAI	RE*	+	46	-0.482	_
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	36	4.5%	4.29
access to care	Geriatric Providers (providers per 100,000 adults ages 65+)	+	41	19.5	31.1
	Home Health Care Workers (workers per 1,000 adults	+++	23	41.2	57.7
	ages 65+)		20	11.2	07.7
Preventive	Cancer Screenings (% of adults ages 65-75)	++	35	75.0%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	+++	28	67.3%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	++++	11	74.6%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	16	94.5%	93.5
	Hospice Care (% of Medicare decedents)	+	43	43.6%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+	42	34.2%	41.29
	Preventable Hospitalizations (discharges per 100,000	+	50	2,752	1,58
	Medicare beneficiaries ages 65-74)	,	30	2,102	1,50
BEHAVIORS*		+	49	-1.710	_
	F : (0) (				00.10
Nutrition and	Exercise (% of adults ages 65+)	+	48	13.5%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	48	4.2%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	50	39.4%	30.6
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	47	30.1%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	+	47	12.7%	8.99
HEALTH OUTC	COMES*	+	50	-1.087	_
			_		0.4
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)* Excessive Drinking (% of adults ages 65+)			11.3	8.4
Health	9 (	+++++	3	4.3%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+	47	10.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	34	19.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	44	2,589	2,07
	Early Death Racial Disparity (ratio)‡		-	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	+	46	32.4%	27.19
	Frequent Physical Distress (% of adults ages 65+)	+	50	21.8%	14.59
	High Health Status (% of adults ages 65+)‡	+	48	33.2%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries	+	49	55%	469
	ages 65-74)				
	ages 65-74) Obesity (% of adults ages 65+)	+	45	33.9%	29.3
	ages 65-74) Obesity (% of adults ages 65+) Teeth Extractions (% of adults ages 65+)	+	45 49	33.9% 22.2%	29.3 13.4

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



### Wisconsin

Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of frequent mental distress
- · High pneumonia vaccination
- Low prevalence of insufficient sleep

#### **Challenges:**

- · High prevalence of excessive drinking
- Low prevalence of cancer screenings
- · High percentage of drinking water systems with serious violations

#### **Highlights:**

LOW-CARE NURSING HOME RESIDENTS

from 7.7% to 11.0% of residents between 2019 and 2020

SUICIDE

from 12.2 to 15.1 deaths per 100,000 adults ages 65+ between 2010-2012 and 2018-2020

HIGH HEALTH STATUS

from 43.2% to 52.0% of adults ages 65+ between 2017 and 2020

Measure	s	Rating	State Rank	State Value	U.S Valu
SOCIAL & ECC	DNOMIC FACTORS*	+++++	8	0.559	_
Community and	Violent Crime (offenses per 100,000 population)	++++	20	323	399
amily Safety					
conomic	Food Insecurity (% of adults ages 60+)	+++++	5	8.3%	12.69
Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.49
	Poverty Racial Disparity (ratio)‡		_	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	18	84.3	81.0
Social Support	Community Support Expenditures (dollars per adult ages 60+)	+++	21	\$47	\$57
and	High-speed Internet (% of households with adults ages 65+)	++	33	75.1%	78.0
ngagement	Low-care Nursing Home Residents (% of residents)	++++	12	11.0%	15.2
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	-
	Volunteerism (% of adults ages 65+)	+++++	9	38.1%	31.6
PHYSICAL EN	VIRONMENT*	+	47	-0.300	_
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
Quality	Drinking Water Violations (% of community water systems)	+	46	4.4%	0.89
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	35	32.4%	32.7
CLINICAL CAP	3E*	++++	12	0.396	_
Access to Care		++++	12	3.3%	4.29
access to Care	Avoided Care Due to Cost (% of adults ages 65+)				
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	30	25.5	31.
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	8	69.5	57.
Preventive	Cancer Screenings (% of adults ages 65-75)	+	47	68.3%	75.9
Clinical	Flu Vaccination (% of adults ages 65+)	++	31	66.6%	67.3
Services	Pneumonia Vaccination (% of adults ages 65+)	+++++	4	75.3%	70.3
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	5	96.0%	93.5
	Hospice Care (% of Medicare decedents)	+++++	8	55.1%	50.7
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	17	49.3%	41.2
	Preventable Hospitalizations (discharges per 100,000	++++	20	1,330	1,58
	Medicare beneficiaries ages 65-74)		20	,,000	,,00
BEHAVIORS*		++++	16	0.416	_
Nutrition and	Exercise (% of adults ages 65+)	+++++	1	30.3%	23.1
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	+	42	5.5%	7.39
Activity	Physical Inactivity (% of adults ages 65+ in fair or	++++	12	26.6%	30.6
	better health)				
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	7	22.0%	26.0
Tobacco Use	Smoking (% of adults ages 65+)	++	33	10.0%	8.99
HEALTH OUTC	OMES*	++++	18	0.275	_
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*		_	6.9	8.4
Health	Excessive Drinking (% of adults ages 65+)	+	50	11.8%	7.49
	Frequent Mental Distress (% of adults ages 65+)	+++++	3	5.8%	8.19
	Suicide (deaths per 100,000 adults ages 65+)	++++	12	15.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	18	1,913	2,07
Mortality	Early Death Racial Disparity (ratio)‡	1117	10	2.1	1.6
Physical Health	, , , ,	1111	16		27.19
	Falls (% of adults ages 65+)	++++	16	26.9%	
	Frequent Physical Distress (% of adults ages 65+)	++++	18	13.0%	14.5
	High Health Status (% of adults ages 65+)*	+++++	4	52.0%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	14	39%	469
	Obesity (% of adults ages 65+)	+++	29	30.6%	29.3
			40	44.00/	1 10 4
	Teeth Extractions (% of adults ages 65+)	++++	13	11.2%	13.4

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.





Overall Rank:

#### **Summary**

#### **Strengths:**

- · Low prevalence of multiple chronic conditions
- High level of community support expenditures
- Low prevalence of insufficient sleep

#### **Challenges:**

- · High suicide rate
- · Low SNAP participation among older adults in poverty
- · Low prevalence of cancer screenings

#### **Highlights:**

OBESITY

from 20.4% to 29.5% of adults ages 65+ between 2011 and 2020

GERIATRIC PROVIDERS

from 13.6 to 18.3 per 100,000 adults ages 65+ between September 2019 and September 2021

EARLY DEATHS

from 1,720 to 2,028 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Community and V Family Safety Economic F. Resources P Social Support and H Engagement L Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A Preventive C Clinical F Services P Quality of Care H	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)	++++	16 8 18 11 50 4 18 43 5 18 2 1 24 2 2 48 43 37	0.368 234 10.7% 7.4% — 17.7 \$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4 62.4% 59.4%	399 12.69 9.49 2.7 81.0 \$57 78.0 15.29 - 31.69 32.7 4.29 31.1 57.7
Family Safety Economic For Resources Possible Seconomic For Resources Possible Seconomic For Resources Possible Seconomic For Resources Possible Seconomic For Resources For Resources For Resources Possible Seconomic For Resources Possible For Resources Possibl	Food Insecurity (% of adults ages 60+) Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) igh-speed Internet (% of households with adults ages 65+) ow-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) //olunteerism (% of adults ages 65+)  RONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-) Poleumonia Vaccination (% of adults ages 65+)	+++++ +++++ +++++ +++++ +++++ +++++ ++++	18 11 	10.7% 7.4% 17.7 \$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4	12.63 9.49 2.7 81.C \$57 78.0 15.22 - 31.63 - 8.3 0.89 32.7' - 4.29 31.1 57.7
Resources P P S Social Support C and Engagement L Air and Water A Quality D Housing S CLINICAL CARE A Ccess to Care G H Preventive Clinical F Services P Quality of Care H	Poverty (% of adults ages 65+) Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) digh-speed Internet (% of households with adults ages 65+) cow-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) //olunteerism (% of adults ages 65+)  RONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-) Poleumonia Vaccination (% of adults ages 65+)	+++++ + + + + + + + + + + + + + + + +	11 — 50 4 18 43 5 18 2 1 24 2 48 28 43 37 50 49	7.4% — 17.7 \$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4	9.49 2.7. 81.C \$57. 78.0° 15.2° - 31.6° - 8.3 0.8° 32.7° - 4.2° 31.1 57.7
Social Support Cand Hand Hand Hand Hand Hand Hand Hand H	Poverty Racial Disparity (ratio)‡ SNAP Reach (participants per 100 adults ages 60+ in poverty) Community Support Expenditures (dollars per adult ages 60+) digh-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) //olunteerism (% of adults ages 65+)  RONMENT* Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65+) Pheumonia Vaccination (% of adults ages 65+)	+		-17.7 \$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4  62.4% 59.4%	2.7. 81.C. \$57. 78.00 15.29 — 31.69 — 8.3 0.89 32.7° — 4.29 31.1. 57.7
Social Support of And Hengagement Lengagement Lengagement Air and Water Aquality Delousing S  CLINICAL CAREA Access to Care Ac	SNAP Reach (participants per 100 adults ages 60+ in poverty)  Community Support Expenditures (dollars per adult ages 60+)  High-speed Internet (% of households with adults ages 65+)  Low-care Nursing Home Residents (% of residents)  Risk of Social Isolation (index 1-100, adults ages 65+)  Volunteerism (% of adults ages 65+)  RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Evere Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	+++++ ++++ +++++ ++++ ++++ ++++ +++ ++	50  4 18 43 5 18  2 1 24 2  48 28 43 37 50 49	17.7 \$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4  62.4% 59.4%	81.C.C.S.S.S.S.S.S.S.S.S.S.S.S.S.S.S.S.S.
PHYSICAL ENVII Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A Creventive C Clinical F Gervices P Quality of Care D H	in poverty)  Community Support Expenditures (dollars per adult ages 60+)  High-speed Internet (% of households with adults ages 65+)  Low-care Nursing Home Residents (% of residents)  Risk of Social Isolation (index 1-100, adults ages 65+)  //olunteerism (% of adults ages 65+)  RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	+++++ ++++ +++++ ++++ ++++ ++++ +++ ++	4 18 43 5 18 2 1 24 2 2 48 28 43 37 50 49	\$138 79.2% 21.4% 30 34.5%  1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4	\$57,78.0° 15.2° - 31.6° - 8.3 0.89 32.7° - 4.2° 31.1 57.7°
Preventive Colinical For Squality of Care A Quality of Care A Qual	digh-speed Internet (% of households with adults ages 65+) Low-care Nursing Home Residents (% of residents) Risk of Social Isolation (index 1-100, adults ages 65+) Volunteerism (% of adults ages 65+)  RONMENT*  Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65+) Preumonia Vaccination (% of adults ages 65+)	+++++ ++++ ++++ ++++ +++ +++ +++ +++ +	18 43 5 18 2 1 24 2 48 28 43 37 50 49	79.2% 21.4% 30 34.5% <b>1.337</b> 4.2 0.2% 22.9% <b>-0.669</b> 4.2% 18.3 35.4 62.4% 59.4%	78.0° 15.2° - 31.6° - 8.3° 0.8° 32.7° - 4.2° 31.1 57.7
Preventive Colinical For Evices Quality of Care Revented Provinces Population of Care Revented Provinces Provinc	Avoided Care Due to Cost (% of adults ages 65+)  Avoided Care Workers (providers per 100,000 adults ages 65+)  Avoided Care Due to Cost (% of adults ages 65+)  Cancer Screenings (% of adults ages 65+)  Avoided Care Due to Cost (% of adults ages 65+)  Care Foliution (micrograms of fine particles per cubic meter)  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Prenumonia Vaccination (% of adults ages 65+)	+ +++++ +++++ +++++ +++++ +++++ ++++ +	43 5 18 2 1 24 2 48 28 43 37 50 49	21.4% 30 34.5% <b>1.337</b> 4.2 0.2% 22.9% <b>-0.669</b> 4.2% 18.3 35.4 62.4% 59.4%	15.29 - 31.69 - 8.3 0.89 32.79 - 4.29 31.1 57.7
PHYSICAL ENVII Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A G H  Preventive C Clinical F Services P Quality of Care B	Risk of Social Isolation (index 1-100, adults ages 65+)  //olunteerism (% of adults ages 65+)  RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	******  *****  *****  ****  ****  ***  ***  **	5 18 2 1 24 2 48 28 43 37 50 49	30 34.5% <b>1.337</b> 4.2 0.2% 22.9% <b>-0.669</b> 4.2% 18.3 35.4 62.4% 59.4%	- 31.6° - 8.3 0.89 32.7° - 4.29 31.1 57.7
Preventive Colinical For Evices Quality of Care Augustity of Care	RONMENT*  Air Pollution (micrograms of fine particles per cubic meter)  Drinking Water Violations (% of community water systems)  Evere Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	*****  *****  *****  ****  ***  ***  *	18 2 1 24 2 48 28 43 37 50 49	34.5%  1.337  4.2  0.2%  22.9%  -0.669  4.2%  18.3  35.4  62.4%  59.4%	8.3 0.89 32.7 4.29 31.1 57.7
PHYSICAL ENVII Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A Preventive Clinical F Gervices P Quality of Care B H	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Gevere Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Preumonia Vaccination (% of adults ages 65+)	+++++ ++++ ++++ +++ +++ +++ ++ ++ ++	2 1 24 2 2 48 28 43 37 50 49	1.337 4.2 0.2% 22.9%  -0.669 4.2% 18.3 35.4  62.4% 59.4%	8.3 0.89 32.7 4.29 31.1 57.7
Air and Water A Quality D Housing S  CLINICAL CARE Access to Care A CH Preventive Clinical F Gervices P Quality of Care D	Air Pollution (micrograms of fine particles per cubic meter) Drinking Water Violations (% of community water systems) Severe Housing Problems (% of small households with an adult ages 62+)  * Avoided Care Due to Cost (% of adults ages 65+) Seriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Preumonia Vaccination (% of adults ages 65+)	+++++ ++++ +++++ ++++ +++ +++ +++	1 24 2 48 28 43 37 50 49	4.2 0.2% 22.9% -0.669 4.2% 18.3 35.4 62.4% 59.4%	0.89 32.7' - 4.29 31.1 57.7
Quality Date of Care Preventive Clinical Fervices Parallel Duality of Care Date of Care Parallel Duality of Care Parallel Duality of Care Date of Care Parallel Duality of Care Date of Car	Prinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with an adult ages 62+)  *  Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	+++ ++++ + + + +	24 2 48 28 43 37 50 49	0.2% 22.9% -0.669 4.2% 18.3 35.4 62.4% 59.4%	0.89 32.7' - 4.29 31.1 57.7
CLINICAL CAREACCESS to Care A Preventive Clinical F Services P Quality of Care H	Severe Housing Problems (% of small households with an adult ages 62+)  *Avoided Care Due to Cost (% of adults ages 65+)  Geriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	+++++ + +++ + +	2 48 28 43 37 50 49	22.9%  -0.669  4.2%  18.3  35.4  62.4%  59.4%	32.7' 4.29 31.1 57.7
CLINICAL CARES Access to Care A G H Preventive C Clinical F Gervices P Quality of Care H	an adult ages 62+)  Avoided Care Due to Cost (% of adults ages 65+)  Seriatric Providers (providers per 100,000 adults ages 65+)  Home Health Care Workers (workers per 1,000 adults ages 65+)  Cancer Screenings (% of adults ages 65-75)  Flu Vaccination (% of adults ages 65+)  Preumonia Vaccination (% of adults ages 65+)	+++++++++++++++++++++++++++++++++++++++	48 28 43 37 50 49	-0.669 4.2% 18.3 35.4 62.4% 59.4%	4.29 31.1 57.7
Access to Care ACCES	* Avoided Care Due to Cost (% of adults ages 65+) Seriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Preumonia Vaccination (% of adults ages 65+)	++++ ++ ++	28 43 37 50 49	4.2% 18.3 35.4 62.4% 59.4%	4.29 31.1 57.7
Access to Care ACCES	Avoided Care Due to Cost (% of adults ages 65+) Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)	++++ ++ ++	28 43 37 50 49	4.2% 18.3 35.4 62.4% 59.4%	4.29 31.1 57.7
Preventive Colinical For Services Populatity of Care Description o	Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)	+ ++ ++	43 37 50 49	18.3 35.4 62.4% 59.4%	31.1 57.7 75.9
Preventive Colinical For Services Populatity of Care Description o	Geriatric Providers (providers per 100,000 adults ages 65+) Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)	++ + +	37 50 49	35.4 62.4% 59.4%	57.7 75.9
Preventive Clinical Forvices PQuality of Care H	Home Health Care Workers (workers per 1,000 adults ages 65+) Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)	+ +	50 49	35.4 62.4% 59.4%	75.9
Clinical F Services P Quality of Care D	Cancer Screenings (% of adults ages 65-75) Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)	+	49	59.4%	
Clinical F Services P Quality of Care D	Flu Vaccination (% of adults ages 65+) Pneumonia Vaccination (% of adults ages 65+)				
Services P Quality of Care D	Pneumonia Vaccination (% of adults ages 65+)				
Quality of Care D	<u> </u>			69.0%	70.3
Н		+	49	86.7%	93.5
	Hospice Care (% of Medicare decedents)	+	47	33.4%	50.7
	Jospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
N	Nursing Home Quality (% of beds rated four or five stars)	+++++	8	57.9%	41.2
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	19	1,310	1,58
	,		01	0400	
BEHAVIORS*	. (2) (3)	++	31	-0.102	_
	Exercise (% of adults ages 65+)	++++	17	25.0%	23.19
•	Fruit and Vegetable Consumption (% of adults ages 65+)	++	37	5.7%	7.39
Activity P	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	30	31.9%	30.6
Sleep Health In	nsufficient Sleep (% of adults ages 65+)	+++++	8	22.5%	26.0
Tobacco Use S	Smoking (% of adults ages 65+)	++	38	10.5%	8.99
HEALTH OUTCO	MES*	+++	22	0.185	_
	Drug Deaths (deaths per 100,000 adults ages 65+)‡		_	10.4	8.4
	Excessive Drinking (% of adults ages 65+)	++++	17	6.5%	7.49
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	50	35.5	16.9
	Early Death (deaths per 100,000 adults ages 65-74)	+++	27	2,028	2,07
•	Early Death Racial Disparity (ratio)‡			2.2	1.6
	Falls (% of adults ages 65+)	+	44	30.7%	27.19
•	Frequent Physical Distress (% of adults ages 65+)	++++	7	11.8%	14.59
	High Health Status (% of adults ages 65+)*	++++	13	49.0%	43.5
	Multiple Chronic Conditions (% of Medicare beneficiaries	+++++	1	28%	469
_	ages 65-74)  Sheeity (% of adults ages 65+)	444	25	20 5%	29.3
	Obesity (% of adults ages 65+)	+++	25	29.5%	
OVERALL	eeth Extractions (% of adults ages 65+)	++	37	16.0% <b>0.069</b>	13.49

<sup>\*</sup> Value is a summation score. Higher scores are healthier.

Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.



## **District of Columbia**

Health Department Website: <u>dchealth.dc.gov</u>

#### **Summary**

#### Strengths:

- High level of community support expenditures
- High prevalence of cancer screenings
- · High geriatric provider rate

#### **Challenges:**

- High drug death rate
- High prevalence of frequent mental distress
- High prevalence of food insecurity

#### **Highlights:**

FREQUENT MENTAL DISTRESS

**.72%** 

from 6.0% to 10.3% of adults ages 65+ between 2017 and 2020

EARLY DEATHS

**34%** 

from 1,932 to 2,593 deaths per 100,000 adults ages 65-74 between 2019 and 2020

PNEUMONIA VACCINATION

**12%** 

from 63.3% to 70.8% of adults ages 65+ between 2011 and 2020

Measure	S	D.C. Value	U.S. Value
SOCIAL & ECC	DNOMIC FACTORS		
Community and Family Safety	Violent Crime (offenses per 100,000 population)	1,000	399
Economic	Food Insecurity (% of adults ages 60+)	19.1%	12.69
Resources	Poverty (% of adults ages 65+)	13.3%	9.4%
	Poverty Racial Disparity (ratio)*	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+	93.4	81.0
Social Support	in poverty)  Community Support Expenditures (dollars per adult ages 60+)	Ф <b>Э</b> 11	\$57
and	High-speed Internet (% of households with adults ages 65+)	\$311 76.9%	78.09
Engagement	Low-care Nursing Home Residents (% of residents)	70.9%	15.29
ingagement	Risk of Social Isolation (index 1–100, adults ages 65+)	_	10.2
	Volunteerism (% of adults ages 65+)	30.6%	31.69
PHYSICAL EN		00.070	01.07
		0.7	0.0
Air and Water	Air Pollution (micrograms of fine particles per cubic meter)	8.7	8.3
Quality	Drinking Water Violations (% of community water systems)  Severe Housing Problems (% of small households with	- 20.70/	0.89
Housing	an adult ages 62+)	39.7%	32.7
CLINICAL CAI	RE		
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	4.8%	4.29
Access to Care	Geriatric Providers (providers per 100,000 adults ages 65+)	4.6% 73.5	31.1
	Home Health Care Workers (workers per 1,000 adults	73.5 126.1	57.7
	ages 65+)	120.1	37.7
Preventive	Cancer Screenings (% of adults ages 65-75)	83.2%	75.99
Clinical	Flu Vaccination (% of adults ages 65+)	68.9%	67.39
Services	Pneumonia Vaccination (% of adults ages 65+)	70.8%	70.39
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	92.6%	93.59
	Hospice Care (% of Medicare decedents)	33.2%	50.79
	Hospital Readmissions (risk-standardized readmission rate	16	16
	per 100 admissions)		
	Nursing Home Quality (% of beds rated four or five stars)	63.9%	41.29
	Preventable Hospitalizations (discharges per 100,000	2,273	1,582
	Medicare beneficiaries ages 65-74)		
BEHAVIORS			
Nutrition and	Exercise (% of adults ages 65+)	29.8%	23.19
Physical	Fruit and Vegetable Consumption (% of adults ages 65+)	11.7%	7.3%
Activity	Physical Inactivity (% of adults ages 65+ in fair or	27.1%	30.69
Class Hash	better health) Insufficient Sleep (% of adults ages 65+)	00.00/	00.00
Sleep Health Tobacco Use	Smoking (% of adults ages 65+)	26.9%	26.09
		8.8%	8.9%
HEALTH OUT			
Behavioral	Drug Deaths (deaths per 100,000 adults ages 65+)*	49.5	8.4
Health	Excessive Drinking (% of adults ages 65+)	7.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+) Suicide (deaths per 100,000 adults ages 65+)	10.3%	8.1%
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	8.8 2,593	16.9
viol tality	Early Death Racial Disparity (ratio)‡	2,593	2,07
Physical Health	Falls (% of adults ages 65+)		27.19
, sioui i leaitii	Frequent Physical Distress (% of adults ages 65+)	11.5%	14.59
	High Health Status (% of adults ages 65+)*	47.3%	43.59
	Multiple Chronic Conditions (% of Medicare beneficiaries	47.3% 38%	46%
	ages 65-74)	30%	40%
	Obesity (% of adults ages 65+)	24.2%	29.39

<sup>\*</sup> Non-ranking measure.

Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.